Mind Renewal 3 The Essentials of Mind Renewal

[5 Essentials]

Mind renewal is Spiritual vs. Natural It's not about information <u>about</u> God but rather <u>of</u> God

Revelation & Transformation vs. Information How we perceive God, ourselves & one another Biblical world view vs. Secular Don't be overwhelmed (over-view) Unnatural discipline of flesh Spiritual disciplines & rhythms of Grace

1. God's Word

- A. Hearing Romans 10:17
- B. Sowing Mark 4:13-20
- C. Speaking Mark 11:23-24

2 Timothy 2:15 (KJV)

D. Reading / Accepting / Acting on it

Revelation 1:3 (KJV)

Thy word is a lamp unto my feet and a light unto my path – Psalms 119:105-106 Thy word have I hid in my heart that I might not sin... Psalms 119:11

It is the final authority

Matthew 7:24 - Two houses

2. Holy Spirit

John 16:13 (NKJV)

All Truth - John 17:17 / Ephesians 4:21 / John 8:31-32

2 Corinthians 3:6 - The letter kills but the Spirit gives life.

3. Prayer

Lord teach us to pray - Luke 11:1

Different forms or kinds of prayer

Praying in the Spirit – 1 Corinthians 14 / Jude 20

Meditation (form of prayer)

Beholding the glory (focus and prayer)

4. Being Thankful

1 Thessalonians 5:16-18 (NKJV)

Optimism vs. pessimism

Overcoming vs. overcome

Victory vs. victim

Romans 8:28 – "All things work together for good..."

Philippians 4:6-8 "...any praise...think on these..."

5. Repentance

A change of **mind** and direction

Correction / Instructions (Proverbs 3:11-12 / Proverbs 15:10)

Proverbs 6:23 (KJV) Proverbs 10:17 (KJV)

Proverbs 14:12 and Proverbs 16:25

"There is a way which seemeth right unto a man, but the end thereof are the ways of death."

Humility – it takes humility to repent / yield in thought

Teachable – open to correction or instruction

[Book of Revelation]

There are ten calls to repentance

Seven times Jesus himself said it

Repent (Greek) - To think differently, to reconsider

[Take Away]

- 1. Mind Renewal is a **journey** so get started.
- 2. What we think about comes about (Sow the **Word**).
- 3. To **renew** your mind, you need to **change** your mind (repent).