

Better Together - 2 Communication

Seven anchor lines to a healthy marriage - Spider web

[4 IMAGES]

1. Security
2. Communication

Four elements in effective communication

Talking
Listening
Feedback
Honesty

[Talking]

Verbal sharing of one's thoughts or heart in a known tongue.

Ephesians 4:29-32 (NKJV)

- Venting and shouting in anger
- Verbal abuse
- Verbal counter-punching

NOTE: Non-verbal communication (body language)

So much verbal communication is misunderstood, how much more with non-verbal.

[Listening]

A lost art!

Two Components

a. "Choice"

Mark 4:9 – "He that hath ears to hear, **let** him hear."

Revelation 2:7;11;17;29 (Same)

Example – Restaurant

b. Understanding

Mark 4:9 – "He that hath **ears to hear**, let him hear."

Revelation 2:7;11;17;29 (Same)

Note: You can't hear if you're angry; hurt or defensive
Mark 4:23-25 (NLT)

What was said?
What was meant?
What was heard?

Example: "Didn't you hear me?"

Matthew 13:19 (NLT)
"Satan hinders fruitfulness with lack of understanding."

Example: Sue's story

Job 42:5-6 (AMP)

[Feedback]

Accountability for speaker and listener.

[Honesty]

There are two kinds of lies

[Take Away]

1. God (love) is at the center of our marriage (1 John 4:8).
2. Choose to hear, choose to understand (fruitfulness).
3. You can't hear if you're angry; hurt or defensive.