

Ephesians 4:29-32 (NKJV)

Vs. 32 - Forgiving one another, even as God in Christ forgave you.

Vs.31 –The different forms of **un-forgiveness**

2 Corinthians 2:6-11 (NKJV)

Satan gains an advantage in un-forgiveness

John 10:10 (ref)

**[Why do we not forgive?]**

The #1 Reason....

We don't know **how!**

[What Forgiveness is Not...]

1. It is not the compromise of **morals.**

“If I forgive them they will think what they did was ok!” NEVER

2. It is not a violation of **justice.**

“If I forgive them then they are getting away with injustice.”  
Forgiveness actually releases them to God.

3. It is not conflict **avoidance.**

**“I just don't want to face it!”**

4. It is not **trust.**

“I can forgive and start the process of building trust.” (Example – an affair)

5. It is not **forgetting.**

**“What! So you're saying I must forgive and forget?”**

6. It is not the absence of **pain or hurt.**

“Do you know what they did to me?”

MEDIA

[What is it Then?]

### THE RELEASING OF DEBT

“You owe me nothing!”

In forgiveness, I turn your account over to God.  
In forgiveness, I release you to God.

Matthew 18:21-35 (NKJV)

Releasing debt releases me from tormentors.

“It is not what someone did to you that is tormenting you... it is unforgiveness.”

Lord’s Prayer Matthew 6:9-13 (NKJV)

“Forgive us our debts as we forgive our debtors.”

Stoning of Steven - Acts 7:59-60 (NKJV)

“Lord... lay not this sin to their charge!” (Debt)

Take Away

Forgiveness releases:

- people of debt.
- people to God.
- me from tormentors.
- the process of healing from hurt and pain (Next Week).