

## Reset

# WEEK 3: RESET YOUR REST

**Matthew 11:28-29** "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls."

**Joshua 1:5** "No one will be able to stand against you all the days of your life. As I was with Moses, so I will be with you; I will never leave you nor forsake you."

#### 1. Rest In His Faithfulness.

**2 Timothy 2:13** "If we are faithless, he remains faithful, for he cannot disown himself."

### 2. Rest In His Presence.

**Exodus 33:14-15** "The LORD replied, 'My Presence will go with you, and I will give you rest.' Then Moses said to him, 'If your Presence does not go with us, do not send us up from here.'"

## 3. Rest In His Approval.

**Hebrews 4:8** "For if Joshua had given them rest, God would not have spoken later about another day."

