



## Break Free

### WEEK 2: BREAK FREE FROM BITTERNESS

**Hebrews 12:15** “See to it that no one falls short of the grace of God and that no bitter root grows up to cause trouble and defile many.”

#### 1. The Root Of Bitterness - Pain.

**Ruth 1:13** “Would you wait until they grew up? Would you remain unmarried for them? No, my daughters. It is more bitter for me than for you, because the Lord’s hand has turned against me!”

#### 2. The Result Of Bitterness - Defiles.

**Hebrews 12:16** “See that no one is sexually immoral, or is godless like Esau, who for a single meal sold his inheritance rights as the oldest son.”

#### 3. The Response To Bitterness - Forgiveness.

**Colossians 3:13** “Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.”

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