

Family Matters, Pt. 2
“We’re Too Busy to Be a Family”
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1. Distracted from Purpose

Luke 10:38-42 NLT *“As Jesus and the disciples continued on their way to Jerusalem, they came to a certain village where a woman named Martha welcomed him into her home. Her sister, Mary, sat at the Lord’s feet, listening to what he taught. But Martha was distracted by the big dinner she was preparing. She came to Jesus and said, “Lord, doesn’t it seem unfair to you that my sister just sits here while I do all the work? Tell her to come and help me.” But the Lord said to her, “My dear Martha, you are worried and upset over all these details! There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her.”*

Danger: Most families don’t intentionally walk away from what matters most. They get distracted from it.

If we don’t intentionally choose what matters most, what matters least will consume our lives.

Luke 10:40 NIV *“Martha was distracted by all the preparations that had to be made.”*

Luke 10:41-42 NLT *“My dear Martha, you are worried and upset over all these details! There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her.”*

If we don’t intentionally choose what matters most, what matters least will consume our lives.

2. The Danger of Being Too Busy to Be a Godly Family

A. Busyness Steals Connection

B. Busyness Steals Spiritual Formation

The problem with busyness: It cultivates distraction and fights against healthy spiritual rhythms in our homes.

C. Busyness Causes Us to Sacrifice the Greatest Things for Good Things

A good thing becomes a dangerous thing when it constantly replaces a God thing.

3. Overcoming Busyness

Joshua 24:15b NIV *“But as for me and my house, we will serve the Lord.”*

Not everything that is available deserves access to your family.

Busyness is often a distraction from the things that really matter.

Not every opportunity deserves a yes.

Not everything that feels urgent is actually important.

Family Matters Reset: Choose What Matters Most

- Put God first, not where He fits.
- Protect what busyness is trying to steal.
- Give your family your presence, not just your provision.
- Say NO to things that seem good.
- Make following Jesus normal in your home.

You don't need a less busy life to build a godly family, but you need to decide what your busyness will never be allowed to take from you.