

Family Matters, Pt. 1
“You’ve Lost That Loving Feeling”
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Whatever you stop investing in will eventually begin eroding.

HEALTHY FAMILIES BEGIN WITH HEALTHY MARRIAGES. If you are not investing in your marriage, you are not investing in the legacy of your family.

Your children will replicate what you model in your marriage.

1. God’s Model for Marriage

Ephesians 5:21-25 NLT “And further, submit to one another out of reverence for Christ. For wives, this means submit to your husbands as to the Lord. For a husband is the head of his wife as Christ is the head of the church. He is the Savior of his body, the church. As the church submits to Christ, so you wives should submit to your husbands in everything. For husbands, this means love your wives, just as Christ loved the church. He gave up his life for her.”

Marriage should be two people asking: “How can I honor Christ by serving you?”

2. Practice Strengthening Your Marriage

A. Stop Keeping Score

When you withhold what your spouse needs because you don’t feel like they have met yours, that is not covenant; that’s commerce.

B. Love Is More Than a Feeling; It Is a Decision

You cannot continually withdraw from a relationship without eventually bankrupting it.

C. Give Your Marriage Your Best, Not Your Leftovers

D. Learn to Out-Serve Each Other

v. 21 NLT *“Submit to one another out of reverence for Christ.”*

Break the Cycle...

- You apologize first
- You initiate affection first
- You plan something
- You start the conversation

E. Pursue Your Spouse Again

3. Neglect Creates Distance

Distance Happens Because:

- You stopped serving each other.
- You stopped dating, praying, laughing, noticing one another
- You stopped touching; you made intimacy into a chore
- You quit putting their needs ahead of yours

7 Day Marriage Reset

- Have One Uninterrupted Conversation Every Day
- Do One Thing Your Spouse Loves
- Give one specific Affirmation Every Day
- Plan One Date: (break the cycle/someone do it)
- Pray Together Every Day

FAMILY MATTERS COMMITMENT

- 1) I WILL MAKE CHURCH A PRIORITY FOR MY FAMILY
- 2) I WILL PRAY FOR MY FAMILY
- 3) I WILL PRAY WITH MY FAMILY
- 4) I WILL INTENTIONALLY INVEST IN MY FAMILY