

Scripture Reading: I Samuel 30:1-8

INTRODUCTION:

We all get discouraged!

Proverbs 12:25 (KJV)

²⁵Heaviness in the heart of man maketh it stoop: but a good word maketh it glad.

Proverbs 15:23 (KJV)

²³A man hath joy by the answer of his mouth: and a word *spoken* in due season, how good *is it!*

Proverbs 25:11 (KJV)

¹¹A word fitly spoken *is like* apples of gold in pictures of silver.

What causes “discouragement?”

1. **Perilous Times—II Tim. 3:1**
2. **Personal Tragedies**
3. **Powerful Temptations**
4. **Purging Trials**

David was very discouraged!

I want to preach on this subject today:

“Encouraging Yourself in the Lord”

Why was David discouraged?

I. The Loss of Possessions—Vv. 1-3

II. The Loss of Power—V. 4

III. THE Loss of Peers—V. 6

Psalm 55:12-15 (KJV)

¹² For *it was* not an enemy *that* reproached me; then I could have borne *it*: neither *was it* he that hated me *that* did magnify *himself* against me; then I would have hid myself from him:

¹³ But *it was* thou, a man mine equal, my guide, and mine acquaintance.

¹⁴ We took sweet counsel together, *and* walked unto the house of God in company.

¹⁵ Let death seize upon them, *and* let them go down quick into hell: for wickedness *is* in their dwellings, *and* among them.

Note: --But—David “encouraged himself...” (V. 6)

Psalm 18:6 (KJV)

⁶ In my distress I called upon the LORD, and cried unto my God: he heard my voice out of his temple, and my cry came before him, *even* into his ears.

Psalm 25:1-2 (KJV)

¹ Unto thee, O LORD, do I lift up my soul.

² my God, I trust in thee: let me not be ashamed, let not mine enemies triumph over me.

Psalm 34:1-9 (KJV)

¹ I will bless the LORD at all times: his praise *shall* continually *be* in my mouth.

² My soul shall make her boast in the LORD: the humble shall hear *thereof*, and be glad.

³ O magnify the LORD with me, and let us exalt his name together.

⁴ I sought the LORD, and he heard me, and delivered me from all my fears.

⁵ They looked unto him, and were lightened: and their faces were not ashamed.

⁶ This poor man cried, and the LORD heard *him*, and saved him out of all his troubles.

⁷ The angel of the LORD encampeth round about them that fear him, and delivereth them.

⁸ O taste and see that the LORD *is* good: blessed *is* the man *that* trusteth in him.

⁹ O fear the LORD, ye his saints: for *there is* no want to them that fear him.

Psalm 56:1 (KJV)

¹ Be merciful unto me, O God: for man would swallow me up; he fighting daily oppresseth me.

Psalm 56:4 (KJV)

⁴ In God I will praise his word, in God I have put my trust; I will not fear what flesh can do unto me.

Matthew 10:28 (KJV)

²⁸ And fear not them which kill the body, but are not able to kill the soul: but rather fear him which is able to destroy both soul and body in hell.

Isaiah 25:4 (KJV)

⁴ For thou hast been a strength to the poor, a strength to the needy in his distress, a refuge from the storm, a shadow from the heat, when the blast of the terrible ones *is* as a storm *against* the wall.

Conclusion:

Let's go back to our text for a closing thought: "How was David helped?"

1. **David's Strengthening – V. 6**
2. **David's Supplication – V. 8a**
3. **David's Surety – V. 8b**

Some of you may be here and very "discouraged."

Why don't you come to this altar and talk to the Lord and get some "encouragement" from Him right now?

Don't give up; don't quit!

Closing:

Let us stand and sing this beloved old song...

Invitation Hymn: (Big) #430 "I Must Tell Jesus"

Bruce Beach—1997 @ TBC, Dalton, Ga.

Bruce Beach—4/30/99—Rev. @ CSBC, Murray, Co.

Bruce Beach—6/28/15—p.m. @ OBC, Dalton, Ga.

Bruce Beach—2/7/24—p.m. @ WHBC, Dalton, Ga.