



Week 1: Who Is the Shepherd?

The past couple of months have held a great deal of uncertainty. Things seem to be changing by the day, if not by the hour. In the midst of such uncertainty, it can be hard to find an anchor in life, something consistent to rely on. Enter Jesus. He is our anchor. He is the Good Shepherd who wants to guide us through times like these if we will learn how to trust in him.

Discussion Questions

1. What part of your daily life has changed the most since COVID-19 started? Where have you faced the most uncertainty?
2. How has uncertainty affected you emotionally, physically, and spiritually?
3. **Read Psalm 23.**
 - What part of this chapter most resonates with you? Why?
 - Based on these verses, what are some of the defining characteristics of a shepherd?
 - What do these verses tell us specifically about Jesus as the Good Shepherd?
 - Which of these characteristics do you need to lean in to the most right now?
4. In John 10:27, Jesus said, “My sheep listen to my voice; I know them, and they follow me.” What voices are you listening to these days? Are they guiding you toward God’s truth or toward more uncertainty?
5. “I lack nothing because Jesus is everything.” Can you proclaim that truth with confidence today?
6. What are some steps you could take this week to tune out the other voices in your life and lean in to Jesus as the Good Shepherd and your anchor in times of uncertainty?

Changing Your Mind

Jesus is unchanging in the midst of chaos and uncertainty. He wants you to trust him and listen to his voice in the midst of life’s storms.