

YOUR FAITH MATTERS

SESSION 1 – WHAT IS FAITH & WHY IT MATTERS

Scripture: Hebrews 11:1–3

Summary: Everyone has faith in something—Christian faith invites us to put trust in a foundation that truly holds.

Icebreaker: Share one thing you’ve trusted recently without thinking (a chair, a car, a bank, etc.).

Discussion Questions:

- How would you define faith in your own words?
- Hebrews 11:1 calls faith “confidence” and “assurance.” How is that different from wishful thinking?
- Where do people in our culture often put their faith (career, money, relationships)?
- What’s the danger of putting faith in something unstable?
- How does Jesus provide a more secure foundation for faith?

Personal Application: What’s one area of your life where you need to lean more fully on Jesus this week?

Closing Prayer Prompt: Thank God for being trustworthy, and ask Him to help you place your confidence in Him.