

FROM FOMO

TO NEFMO

We all have regrets related to missed opportunities. In this series, we will explore three things in life that you can't afford to miss out on.

SESSION 1 – FUTURE PROOF

Scripture: Jeremiah 17:9; Galatians 6:7; Proverbs 27:12; John 8:11

Summary: We don't miss out in life because opportunities aren't there—we miss out because we let deception, distraction, or disobedience rob us of them.

Discussion Questions:

1. What are you looking forward to in this season of life? What has the potential to rob you of that opportunity?
2. To which of these would you attribute your biggest misses in life: deception, distraction, sin, or a combination of the three?
3. Read John 8:1-11. The mercy and grace extended to the woman is the same mercy and grace extended to you. But that grace and mercy doesn't become a reality in our lives unless we "go now and leave our life of sin." What excuses do I tell myself to stop from turning away and fully embracing a life of mercy and grace?

Personal Application: Make an agreement with yourself not to entertain any excuses you make.

Closing Prayer Prompt: Thank God for freedom from the guilt of regrets and pray for the courage to apply faith towards what is most important in life.