

No Offense

Dealing With “Those” People

TALK IT OVER

Key Scriptures

“In your anger do not sin”: Do not let the sun go down while you are still angry, and do not give the devil a foothold. Ephesians 4:26-27 NIV

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. Ephesians 4:29 NIV

Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. Ephesians 4:31-32 NIV

Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting. Psalm 139:23-24 NIV

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Start talking. Find a conversation starter for your group.

- What is your biggest pet peeve?

Start thinking. Ask a question to get your group thinking.

- Which part of this message was most impactful for you and why?
- How do you typically respond when you get angry or offended? How could you respond with love instead?
- Read **Ephesians 4:29**. What are some ways you can protect your mind, heart, and mouth from unwholesome talk? How can you begin building others up with your words instead?

Start sharing. Choose a question to create openness.

- Share about a time when an offense caused you to experience one of the three D’s of Destruction—division, distraction, or discredit to your witness. What could you do differently next time an offense occurs?
- The day of your hurt should also be the day of your healing. How will you begin healing on the same day of an offense?

Start praying. Be bold and pray with power.

Father, we know that being offended is inevitable, but living offended is a choice. Please help us overcome the destruction offenses can cause. Heal us where we’re still hurting so that our lives look more like Yours. In Jesus’ name, amen.

Start doing. Commit to a step and live it out this week.

- [Ask God to search your heart this week. He might reveal an area where you might be arrogant, judgmental, or self-deceived. If so, surrender that to Him and share what you learn with your LifeGroup.](#)
- Start the *No Offense* Bible Plan using Plans With Friends: www.go2.lc/nooffense
- Consider how you could love others by serving on the weekend or with a Local Mission Partner.