

FROM ~~FOMO~~

TO NEFMO

We all have regrets related to missed opportunities. In this series, we will explore three things in life that you can't afford to miss out on.

SESSION 3 – DON'T MISS FAMILY

Scripture: John 8:10–11, Ephesians 5:21, Romans 12:18

Summary: Peace in family relationships rarely begins with the other person changing. It often begins with us choosing humility, grace, and the next right step.

Discussion Questions:

1. Did this message leave you feeling hopeful, helpless, or some of both? Why?
2. Did your parents “miss family”? Or did they leave you a good example?
3. When you consider where you currently are in relationship to family (immediate or extended), what might be the next right step?

Personal Application: Reflect: “Where am I trying to force the ideal instead of faithfully responding to what's real?”

Closing Prayer Prompt: “Jesus, help me accept what's real in my family without lowering Your ideal. Show me what depends on me—and give me the courage to do it.”