



## Week 1: The Games We Play

In a way, life is a series of games, and we all prefer to win. We certainly don't want to lose the dating game, marriage game, career game, or car game. So how do we win these games? The apostle Paul has an interesting suggestion that helps us win the most important game within all the games.

### Discussion Questions

1. What is your favorite game to play? What do you enjoy about that game? Do you play for fun or to win?
2. What game(s) of life are you currently playing (e.g., dating, marriage, parenting, career, vacation)? How do you keep score in the game?
3. Give an example of a game of life you were playing and then realized you weren't winning or that you were playing the wrong game altogether. How did you come to this realization?
4. **Read Ephesians 3:14–21.**
  - What stands out to you in Paul's prayer?
  - Where does "winning" come from according to Paul?
  - What does Paul say is the result of being rooted in God's love for you?
5. Do you agree with the statement, "We all have an inner void that needs a trophy?" Why or why not? How do you think your day-to-day life would look different if you lived with the fullness of God?
6. What is one practical thing you can do this week to be reminded that as a follower of Jesus, you're already winning?

### Changing Your Mind

Recite this prayer:

*Heavenly Father,*

*Please help me to know you love me.*

*Please help me to be filled by your love for me.*

*Amen.*

*Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen. - Ephesians 3:20–21*