

REACTIONS SPEAK LOUDER THAN WORDS

Cause and Defect

Our actions rarely tell the whole story, but our reactions most certainly do. And Jesus instructs us to leverage them for good.

To Discuss

1. What typically causes you to overreact? Why do you think this is?
2. Share something you've witnessed, read, or heard about that was inspiring because it was so opposite of what was expected.
3. Read **Matthew 5:38–48**. What part of that passage stands out to you most? Why?
4. If a reaction is an opportunity, can you think of an opportunity you missed recently? Or one that might have required an apology?
5. What reaction pattern can you leverage this week as an opportunity to reflect God's unexpected reaction to your shortcomings? What makes it so difficult and/or risky for you to do this?