

YOUR FAITH MATTERS

SESSION 2 – FAITH WHEN LIFE FALLS APART

Scripture: Hebrews 4:14–16

Summary: Jesus understands our struggles and invites us to come to God boldly, even in weakness.

Icebreaker: Share a time you felt misunderstood—but someone finally “got it.”

Discussion Questions:

- What kinds of struggles make people feel far from God?
- How does it change your perspective to know that Jesus experienced human pain, temptation, and betrayal?
- Hebrews says we can approach God “with confidence.” What might keep people from believing that?
- How do you usually respond when life falls apart—pull away from God, or lean in?
- What difference does it make to know you don’t have to “clean up first” before coming to God?

Personal Application: This week, where do you need to be real with God about your struggles?

Closing Prayer Prompt: Ask God for courage to approach Him with honesty and to receive His grace.