

COMMISSIONED

LEADER GUIDE: WEEK 3

Before Group Time:

Make sure you've listened or read:

- Meditating/ Memorizing Podcast
 - Guided Activity Podcast
 - Reading Plan for Week 3
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During Group Time:

Discussion questions:

1. What has your experience been with memorizing Scripture? If applicable, what Scriptures have you already memorized?
2. What does meditation as a guided practice look like for you? Is it a regular part of your rhythms or is it new for you? Comfortable or uncomfortable?
3. What does slowing down long enough to digest Scripture look like in your everyday rhythm?
4. If you have one, share a testimony where you've seen God's hand at work over time— it could be from a story, a journal, etc. How does seeing an answered prayer over time help you see more of God's faithfulness?
5. Process the guided activity of Lectio Divina as a group. What was hard about it? What did you enjoy?