



COMMISSIONED

PARTICIPANT GUIDE: WEEK 4

Before Group Time:

Make sure you've watched:

- Submitting to Lordship, Pursuing Wholeness, Engaging Spiritual Disciplines Podcasts
 - Reading Plan for Week 4
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Additional Resources:

1. Seeking more information about the care resources mentioned such as Celebrate Recovery or Sozo? Go to ncc.re/care.
2. For more on spiritual disciplines, consider watching our series on a [Rule of Life](#).