

## The Art of Waiting

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But those who wait on the LORD Shall renew their strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint

Isaiah 40:31

Two of my favorite songs of all time

- 1- Fred Hammond They that wait
- 2- Maverick City Wait On You

It's kind of ironic that these two songs speak to me so strongly because I'm not the guy who likes to wait. For example, Waiting for someone else to get ready to leave the house \*no names\* cough lol or waiting for the server to bring my food out to the table. Especially if someone who came in after me gets their food before me. Jesus! Help me! Waiting hours in line at an amusement park for a roller coaster that will only last 60 seconds works my nerves. I am not the best when it comes to waiting. And that point in my life, I found myself frustrated in the fact that the dreams I had were not happening at the pace that I wanted.

Have you all ever seen the marshmallow test on youtube? If not check it out its good for a laugh or two. But what happens is that kids are placed in a room and they are faced with the task of waiting to eat a marshmallow in hopes of gaining a better prize. Man some kids don't wait 5 seconds to eat that marshmallow. With others, you can visibly see the inner turmoil on their face as they try and resist that marshmallow until they finally give in. And then there are a few that actually can hold out and when they do they are rewarded with an even greater reward than just a marshmallow.

In a lot of ways, I can relate to those kids resisting that marshmallow. I honestly can say that I have fallen prey to the microwave super fast. "Give it to me now" way of thinking. And when

things have not happened according to my timeline I found myself frustrated. The Lord really had to work on me in this area. But when I learned the art of waiting on God, He began to exceed my expectations on every level.

## Isaiah 40:31

But those who wait on the LORD Shall renew *their* strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint.

I realized a couple things....one being impatient is exhausting ....and pointless. And 2 Every dream Every Vision Every Promise has a process we need to go through. In the waiting is where you are tested. In the waiting is where you build endurance and where you really have to lean into your FAITH. THEY THAT WAIT ON THE LORD SHALL RENEW THEIR STRENGTH!!! Waiting will definitely work those faith muscles.

I think of it like this... with both of my beautiful children who God has blessed me with...when my wife and I got the news that we were going to have a baby...it did not happen instantly at that moment ....but in due time...around the 9 month mark...boom we had our babies. This waiting period gave us time to prepare. To research. To make room for what was to come. I think the same is true for the dreaming process.

Look at Abraham and Sarah.. .they waited 25 years for their promise to come to pass (Genesis 18). Joseph waited 13 years for his dream to come true (Genesis 37)

Two things I would encourage you to do if you find yourself in a season of waiting.

- 1. Stay the Course
  - a. Know your why
  - b. Don't Give up
  - c. Call on the Holy Spirit
  - d. Remember when & where God gave you that dream/goal/aspiration
- 2. Speak Life over Yourself
  - a. Our words have power.
  - b. Encourage Yourself
  - c. Speak words of Faith
  - d. If you know it's a dream from God..why doubt?

Listen to the Word of the Lord and speak it out loud until those doubts are buried and those dreams come to pass. Listen! Dreams don't happen overnight. Embrace the wait! The best is yet to come.

Do you have a difficult time waiting? What's the last thing that came later than you wanted that ended up working for your good?