



LESSON 8

1. Read

Ephesians 4:17-32

2. Verse to Memorize

“And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.” - Ephesians 4:32

3. Answer Questions

1. Paul writes of putting off the old self and putting on the new self. How does this happen? Why do you think he uses these phrases? What are some of the contrasts between the two?
2. What can cause you to lose sensitivity (*being past feeling*) to things that aren't of God? How can you regain that sensitivity?
3. What are some areas/things in your life that you've had to become sensitive to and stop doing? What about grace. Can't we do anything we want because we are covered by grace and God always forgives?
4. How do you grieve the Holy Spirit of God? And how do you renew the spirit of your mind?
5. Why does Paul end this section on things you should not do with things that you should do? What does Paul say is your motivation for forgiving others? Does this mean anyone and for any reason? Why or why not?

4. What Questions Do You Have?