



LESSON 1

1. Read

Ephesians 1:1-14

2. Verse to Memorize

“Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ.” - Ephesians 1:3

3. Answer Questions

1. Read verses 3-6. How has God blessed us? What does this mean to you? When did God give these blessings? Why did He give them?
2. What does it mean to have redemption? What does the blood of Jesus have to do with it? What have you personally been redeemed from?
3. What does predestined mean? (Verses 5 & 11) Does God choose the people who will believe in Him or do we have our own free will to choose? How does this change your view of God?
4. What does it mean that we have been adopted through Jesus Christ? How did Jesus make this possible?
5. The Holy Spirit is referred to as a seal and a guarantee. What does that mean? How do you know you have the Holy Spirit?

4. What Questions Do You Have?