

**Psalms in the Summer**  
**Psalm Overview and Psalm 1 & 2**  
Study questions for the week of June 7 to 13

**Getting Started**

What is your favorite Christian song? Why is it your favorite? Do you have a favorite psalm? If so, what is it and why?

**Digging Deep**

**Read through Psalm 1 & 2 together as a group.**

1. Share your experiences meditating on the Bible.
  
2. A meditation method called Lectio Divina (divine reading) was mentioned in the sermon. It had four parts:
  - a. Slowly Read the passage and its context.
  - b. Look for key words, phrases or patterns. Ask questions.
  - c. Verbalize (or write) what you see. Pray about what you understand. Seek God's insight.
  - d. Reflect on what it means.

Which of these do you find easy to do? Which do you find challenging? How can you improve your skill of meditating on scripture?

Psalm 1:1 mentions three activities to avoid: not to...

- walk in the counsel of the wicked,
  - stand in the way of sinners, or
  - sit in the seat of scoffers.
3. What do you think each activity represents? How might you apply this in your daily walk with God?
  
  4. What is the main message of Psalm 1 and how could you apply it?
  
  5. In Psalm 2:1 we read, "Why do the nations rage and the peoples plot in vain?" What is the answer to this question?
  
  6. How would you describe the "anointed son of God (LORD) mentioned in Psalm 2?
  
  7. What is the main message of Psalm 2 and how is it relevant today?