

Psalms in the Summer
Psalm 13: *An Honest Conversation with God*
Study questions for the week of July 5-July 11, 2026

Getting Started

What did your earliest prayers sound like?

Digging Deep

Read through Psalm 13 together as a group.

1. David asks "How long" four times, expressing feelings of abandonment. How does it change your view of prayer to see a "man after God's own heart" express raw frustration and feeling forgotten by God? (verses 1-2)
2. When was the last time you "wrestled with your thoughts"? What was it about? (verse 2)
3. David confesses what he feels is true, 'God is not with me'. What are you afraid of?
4. Are there times you don't go to God because of fear, guilt, or shame?
5. Have you ever experienced a response from God? Even if it is not the one you wanted, did it fill you with hope, joy, or peace?
6. What steps can we take so our "hearts rejoice" in the midst of trials?