

# Habits

## Part 1

*~If you want to set habits, "who" is more important than "what".*

### 1. You must understand who God says you are.

- How well does God know me?

#### Psalm 139:1 (NASB95)

1 O LORD, You have **searched** me and known me.

- How near is God to me?

#### Psalm 139:7–8 (NASB95)

7 Where can I go from Your Spirit? Or where can I flee from Your presence?

8 If I ascend to heaven, You are there; If I make my bed in Sheol, behold, You are there.

- How do you know that all this is true?

#### Psalm 139:13–18 (NASB95)

13 For You formed my inward parts; You wove me in my mother's womb.

14 I will give thanks to You, for I am fearfully and wonderfully made; Wonderful are Your works, and my soul knows it very well.

15 My frame was not hidden from You, when I was made in secret, and **skillfully wrought** in the depths of the earth;

16 Your eyes have seen my unformed substance; And in Your book were all written the days that were ordained for me, when as yet there was not one of them.

17 How precious also are Your thoughts to me, O God! How vast is the sum of them!

18 If I should count them, they would outnumber the sand. When I awake, I am still with You.

- If this is all true, how can you allow evil to continue?

#### Psalm 139:19–24 (NASB95)

19 O that You would slay the wicked, O God; Depart from me, therefore, men of bloodshed.

20 For they speak against You wickedly, And Your enemies take Your name in vain.

21 Do I not hate those who hate You, O LORD? And do I not loathe those who rise up against You?

22 I hate them with the utmost hatred; They have become my enemies.

23 **Search me**, O God, and know my heart; **Try me** and know my anxious thoughts;

24 And see if there be any hurtful way in me, and **lead me** in the everlasting way.

## 2. You need a vision of the character traits that are God's plan for your life.

### Romans 5:3–5 (NASB95)

3 And not only this, but we also exult in our tribulations, knowing that tribulation brings about perseverance;

4 and perseverance, proven character; and proven character, hope;

5 and hope does not disappoint, because the love of God has been poured out within our hearts **through the Holy Spirit** who was given to us.

### Romans 5:3–5 (The Message)

3 There's more to come: We continue to shout our praise even when we're hemmed in with troubles, because we know how troubles can develop passionate patience in us,

4 and how that patience in turn forges the tempered steel of virtue, keeping us alert for whatever God will do next.

5 In alert expectancy such as this, we're never left feeling shortchanged. Quite the contrary—we can't round up enough containers to hold everything God generously pours into our lives **through the Holy Spirit!**

### Galatians 5:22–26 (NASB95)

22 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness,

23 gentleness, self-control; against such things there is no law.

24 Now those who belong to Christ Jesus have crucified the flesh with its passions and desires.

25 If we **live by** the Spirit, let us also **walk by** the Spirit.

26 Let us not become boastful, challenging one another, envying one another.

## 3. You must understand what it will take.

### 2 Corinthians 3:18 (NIV)

18 And we all, who with unveiled faces **contemplate** the Lord's glory, are being **transformed** into his image with **ever-increasing** glory, which comes from the Lord, who is the Spirit.

### John 14:16–21 (NASB95)

16 "I will ask the Father, and He will give you another Helper, that He may be with you forever;

17 that is the Spirit of truth, whom the world cannot receive, because it does not see Him or know Him, but you know Him because **He abides with you** and **will be in you**.

18 "I will not leave you as orphans; **I will come to you**.

19 "After a little while the world will no longer see Me, but you will see Me; because **I live, you will live also**.

20 "In that day you will know that I am in My Father, and you in Me, and I in you.

21 "He who has My commandments and keeps them is the one who loves Me; and he who loves Me will be loved by My Father, and I will love him and will **disclose Myself to him**."

