



Lessons That Last PT. III | Five Reasons to Worship (Even When You Don't Feel Like It)

Mark Allen | 07.05.26

Opening Prayer

Begin your group time by inviting the Holy Spirit to guide your discussion and open hearts to worship God more fully.

Icebreaker

Share a time when you did something you didn't feel like doing, but you're glad you did it anyway. What motivated you to push through your feelings?

Key Takeaways

1. **Worship is more than music** - It includes obedience, gratitude, and our response to God's Word
 2. **We worship by faith, not by feeling** - Our feelings should not dictate our obedience to God
 3. **Worship is a command** - God has given us imperative statements throughout Scripture
 4. **We were designed to worship** - It's being true to who we really are as God's creation
 5. **God is worthy** - This is the ultimate reason we worship, regardless of our circumstances
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Discussion Questions

Section 1: Living by Faith, Not by Feeling

Scripture Focus: Joshua 1:1-9

1. The Israelites had been comfortable in the wilderness for 40 years. What "wilderness" might we be comfortable in that God is calling us to leave?
2. God told Joshua three times to "be strong and courageous." Why do you think repetition was necessary? What does this teach us about worship?
3. How does obedience connect to worship? Can you think of an example from your own life?

Section 2: Principles Over Feelings

4. The battle plan for Jericho didn't make logical sense. When has God asked you to do something that didn't "feel" right but was biblically sound?
5. Are you more of a "feeler" or a "thinker"? How does your personality type affect your approach to worship?
6. What's the danger of letting our feelings dictate our worship rather than biblical principles?

Section 3: Worship as a Command

Scripture Focus: Psalm 98:4, Psalm 30:4, Psalm 47:1

7. Discuss the concept of "imperative sentences" in Scripture. How does understanding that worship is commanded (not suggested) change your perspective?
8. Which form of worship mentioned (shouting, singing, clapping) feels most uncomfortable to you? Why do you think that is?
9. What's the difference between being concerned about what others think versus what pleases the Lord?

Section 4: Being True to Who You Are

Scripture Focus: Psalm 107:1-2

10. The sermon shared that we were literally created from dust to be worshipers. How does understanding your design and purpose affect your approach to worship?
11. "Let the redeemed of the Lord say so" - Why is verbal expression of our faith important? When might we be hesitant to "say so"?
12. How can we worship God throughout our week, not just on Sunday mornings?

Section 5: Because He Is Worthy

Scripture Focus: Revelation 5:1-14

13. Read Revelation 5:1-14 together. What stands out to you about this heavenly worship scene?
14. John wept because no one was worthy to open the scroll. How does Jesus' worthiness impact your daily life?
15. How can meditating on Christ's worthiness help us worship even in difficult circumstances?

Practical Applications

This Week's Challenge

Choose ONE of the following to practice this week:

- **Option 1: Daily Declaration** Each morning, before you check your phone or start your day, spend 2-3 minutes declaring God's worthiness aloud. Use Scripture (like Revelation 5:12) to guide you.
- **Option 2: Worship Through Obedience** Identify one area where you know God is asking you to obey, but you haven't felt like it. Take one step of obedience this week as an act of worship.

- **Option 3: Expand Your Worship** Try a form of worship that's uncomfortable for you (raising hands, clapping, kneeling, etc.). Journal about the experience - what made it difficult? What did you learn about yourself and God?
 - **Option 4: "Say So"** Share your testimony with someone this week - tell them what God has done in your life. Practice being a worshiper who declares God's goodness
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Reflection Questions for Personal Time

- In what area of my life am I letting feelings dictate my actions rather than biblical principles?
 - What would change if I truly believed worship was about pleasing God rather than being comfortable?
 - How can I cultivate a lifestyle of worship beyond Sunday morning?
 - What is one thing keeping me from being an "extravagant worshiper"?
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Prayer Focus

Pray together for:

- Hearts that desire to please God above all else
 - Courage to worship even when it feels uncomfortable
 - Freedom from caring too much about what others think
 - A deeper revelation of Christ's worthiness
 - Anyone in your group who needs to surrender their life to Jesus
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For Next Week

Come prepared to share:

- How your worship challenge went
 - One way you experienced God's presence through worship
 - Any breakthroughs or struggles you encountered
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Closing Prayer

Close by reading Revelation 5:12-13 together as a declaration of worship, then have someone pray for the group to become bold, consistent worshipers who live by faith and not by feeling.

"Let the redeemed of the Lord say so!" - Psalm 107:2