

Making Changes

Romans 12:1–2 (NASB95)

- 1 Therefore I urge you, brethren, by the mercies of God, to present your bodies a living and holy sacrifice, acceptable to God, which is your spiritual service of worship.
- 2 And do not be conformed to this world, but be **transformed** by the **renewing of your mind**, so that you may prove what the will of God is, that which is good and acceptable and perfect.

Attitude - a settled way of thinking or feeling about someone or something, typically one that is reflected in a person's behavior.

- a position of the body proper to or implying an action or mental state.
- the orientation of an aircraft or spacecraft, relative to the direction of travel.

1. We choose our own attitude.

“My attitude is that if you push me towards something that you think is a weakness, then I will turn that perceived weakness into a strength.” ~Michael Jordan

“Your attitude about who you are and what you have is a very little thing that makes a very big difference.” ~Theodore Roosevelt

2. Attitudes are not caused by people or circumstances.

“You can often change your circumstances by changing your attitude.” ~Eleanor Roosevelt

“When everything seems to be going against you, remember that the airplane takes off against the wind, not with it.” ~Henry Ford

3. Happiness is a chosen attitude, not a state of being.

“Ability is what you’re capable of doing. Motivation determines what you do. Attitude determines how well you do it.” ~Lou Holtz

“The greatest discovery of all time is that a person can change his future by merely changing his attitude.” ~Oprah Winfrey

4. God rewards good attitudes and disciplines bad attitudes.

James 4:6, 10 (NASB95)

6 But He gives a greater grace. Therefore it says, “GOD IS **OPPOSED** TO THE PROUD, BUT **GIVES GRACE** TO THE HUMBLE.”

10 **Humble yourselves** in the presence of the Lord, and He will exalt you.

Hebrews 12:7–12 (ESV)

7 It is for **discipline** that you have to endure. God is treating you as sons. For what son is there whom his father does not **discipline**?

8 If you are left without **discipline**, in which all have participated, then you are illegitimate children and not sons.

9 Besides this, we have had earthly fathers who **disciplined** us and we respected them. Shall we not much more be subject to the Father of spirits and live?

10 For they **disciplined** us for a short time as it seemed best to them, but he **disciplines** us for our good, that we may share his holiness.

11 For the moment all **discipline** seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it.

12 Therefore **lift your drooping hands** and **strengthen your weak knees**,

5. Good Attitudes predict success, bad attitudes predict failure.

Abraham Lincoln – He Failed in Business in 1831, He was defeated for the legislature in 1832, He failed at business again in 1833, He was elected to the legislature in 1834, He was defeated for speaker in 1838, He was defeated for elector in 1840, He married a bad wife in 1842, Only 1 of his 4 sons lived beyond the age of 18, He was defeated for congress in 1843, He was elected to congress in 1846, He was defeated for congress in 1848, He was defeated for the senate in 1855, He was defeated for vice-president in 1856, He was defeated for the Senate in 1858, He was elected President of the United States in 1860.

6. Attitude is more important than aptitude in being successful in life.

4 Attitude Killers

1. Wrong Expectations

-Life will be easy and people will like me.

John 16:33b (ESV)

33 “.... In the world you will have tribulation. But **take heart**; I have overcome the world.”

2. Comparison

3. Entitlement

4. Negativity

4 Attitude Builders

1. Gratitude

2. Faith

Job 1:21–22 (NASB95)

21 He said, “Naked I came from my mother’s womb, and naked I shall return there. The LORD gave and the LORD has taken away. Blessed be the name of the LORD.”

22 Through all this Job did not sin nor did he blame God.

3. Humility

1 Peter 5:5 (ESV)

5 Likewise, you who are younger, be subject to the elders. Clothe yourselves, all of you, with **humility** toward one another, for “God opposes the proud but gives grace to the humble.”

4. Respect