

# Thankfulness

*It's all about grace!*

## 1. There is a pattern in Scripture

### Romans 1:8 (NKJV)

8 First, I **thank** my God through Jesus Christ for you all, that your faith is spoken of throughout the whole world.

### 1 Corinthians 1:4 (NKJV)

4 I **thank** my God always concerning you for the grace of God which was given to you by Christ Jesus,

### Ephesians 1:16 (NKJV)

16 do not cease to **give thanks** for you, making mention of you in my prayers:

### Philippians 1:3 (NKJV)

3 I **thank** my God upon every remembrance of you,

### Colossians 1:3 (NKJV)

3 We give **thanks** to the God and Father of our Lord Jesus Christ, praying always for you,

### 1 Thessalonians 1:2 (NKJV)

2 We **give thanks** to God always for you all, making mention of you in our prayers,

### 2 Thessalonians 1:3 (NKJV)

3 We are bound to **thank** God always for you, brethren, as it is fitting, because your faith grows exceedingly, and the love of every one of you all abounds toward each other,

### 1 Timothy 1:12 (NKJV)

12 And I **thank** Christ Jesus our Lord who has enabled me, because He counted me faithful, putting me into the ministry,

### 2 Timothy 1:3 (NKJV)

3 I **thank** God, whom I serve with a pure conscience, as my forefathers did, as without ceasing I remember you in my prayers night and day,

### Philemon 4 (NKJV)

4 I **thank** my God, making mention of you always in my prayers,

## 2. Do you know why there is the pattern of thankfulness in Scripture?

### 2 Timothy 3:1–5 (NKJV)

- 1 But know this, that in the last days perilous times will come:
- 2 For men will be lovers of themselves, lovers of money, boasters, proud, blasphemers, disobedient to parents, **unthankful**, unholy,
- 3 unloving, unforgiving, slanderers, without self-control, brutal, despisers of good,
- 4 traitors, headstrong, haughty, lovers of pleasure rather than lovers of God,
- 5 having a form of godliness but denying its power. And from such people turn away!

g0884. ἀχάριστος — **acharistos**;

asymmetrical – without symmetry

atheist – without God

g5485. χάρις —**charis**

### 3. What does a grace filled life look like?

#### Ephesians 5:18–20 (NKJV)

- 18 And do not be drunk with wine, in which is dissipation; but be filled with the Spirit,
- 19 speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord,
- 20 **giving thanks always** for all things to God the Father in the name of our Lord Jesus Christ,

#### Colossians 1:9–14 (NKJV)

- 9 For this reason we also, since the day we heard it, do not cease to pray for you, and to ask that you may be filled with the knowledge of His will in all wisdom and spiritual understanding;
- 10 that you may walk worthy of the Lord, fully pleasing Him, being fruitful in every good work and increasing in the knowledge of God;
- 11 strengthened with all might, according to His glorious power, for all patience and longsuffering with joy;
- 12 **giving thanks** to the Father who has qualified us to be partakers of the inheritance of the saints in the light.
- 13 He has delivered us from the power of darkness and conveyed us into the kingdom of the Son of His love,
- 14 in whom we have redemption through His blood, the forgiveness of sins.

#### Philippians 4:4–7 (NKJV)

- 4 Rejoice in the Lord always. Again I will say, rejoice!
- 5 Let your gentleness be known to all men. The Lord is at hand.
- 6 Be anxious for nothing, but in everything by prayer and supplication, with **thanksgiving**, let your requests be made known to God;

**7** and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.