

I Am Not My Diagnosis or Disability

Discussion questions (as well as the reflection questions used at the end of the sermon):

Reflection Questions from the message:

- What disability or diagnosis might I have?
- What shame or hurt have I experienced because of this?
- How can God use my weakness for His glory and to further His mission? In what way could this set back actually be used as a set up?
- Who can I comfort because of my disability or diagnosis that someone else may not be able to?
- Complete this sentence: "I may be diagnosed/disabled with _____, but that is not who I am. God says I am _____."
- Whose voice are you listening to?

Additional Discussion Questions:

What was the most surprising part of the story of Ehud?

We find it funny that someone would be considered disabled because they were left-handed. What do you think is something we consider "disabled" or "bad" that people 50-100 years from now will find funny?

Why do you think there is shame associated with a disability or diagnosis? Should there be? Why or why not?

As Christians, we find our identity in Christ. Should a Christian accept a diagnosis for a physical condition? Why or why not? What about a mental health diagnosis? Why or why not? What about an emotional health issue? Why or why not? If you answered the same for all of these, why don't you see a distinction? If you did not answer the same for all of these, where and why do you make the distinction you did?

We talked about how the most powerful sermon is 2 words: "I understand". When has someone been able to help you by being able to say those words and truly mean them? When has someone said those words, but they weren't true? What did you feel in that situation?