

In a Word...Joy

Discussion Questions:

What words would you use to describe "joy"?

What in life makes you happy?

What in life brings you joy?

Who do you know that you would call a joyful person?

Joy is listed as one of the fruits of the Spirit. Do you believe a person can be truly joyful without the Holy Spirit? Why or why not?

What is the biggest barrier to joy in your life?

If you were Paul in prison, how likely would it be that you could choose joy? What would make it more likely? What would make it less likely?

How does your identity in Christ help you find joy? How would you explain that to someone who is not a Jesus-follower? How would you explain that to someone who is a Jesus-follower, but is not joyful?

What area of life are you currently experiencing difficult circumstances where happiness is impossible but God may be calling you to choose joy? Will you?