

I am Free

Discussion Questions:

- What are the first thoughts, ideas, and emotions that come to your mind when you hear the word “freedom”? What “freedom” do you most miss during the pandemic?
- If Christ really gives us freedom from the power of sin, why do you think we still find the struggle so strong? Tell of a time when you said “no” to temptation. Think of a time this coming week where you know you will face a struggle (a difficult work situation, an unpleasant person who makes you angry, etc). How can you plan now to use your freedom in Christ to say no to sin? What practical steps can you implement to help you resist the temptation?
- Do you struggle with feelings of guilt? Why or why not? If yes, what do you do when you feel that way? If no, what have you found helpful that you could share with someone who does struggle with feelings of guilt?
- What are you afraid of that others would find funny or irrational? What are you afraid of that others would also find frightening? If you had a friend who asked you how Jesus could free them from fear, how would you answer them? What would you say?
- What does a new life in Christ look like to you? In John 10:10, Jesus said “I have come that they may have life, and have it to the full.” What do you think Jesus meant by “life to the full”? Which fruit of the Spirit (love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control) do you think is most evident in your life right now? Which fruit of the Spirit do you think is most lacking in your life right now?
- If you could ask Jesus to free you from one thing physically in your life right now, what would it be?
- If you could ask Jesus to free you from one thing emotionally in your life right now, what would it be?
- If you could ask Jesus to free you from one thing spiritually in your life right now, what would it be?