

# 5-Day Devotional: Resting in Divine Delight

## Day 1: Before You Do Anything

**Reading:** Matthew 3:13-17

**Devotional:** Before Jesus performed a single miracle, God declared delight over Him. This challenges our performance-based thinking. We often believe we must accomplish something significant before we're worthy of God's love. But the Jordan River teaches us differently—identity precedes activity. God's delight isn't a reward for achievement; it's the foundation of who we are. Today, pause before your to-do list and hear heaven's voice over your life: "You are my beloved." Let this truth settle into your bones. Your worth isn't determined by productivity, but by whose you are. Before you do anything today, remember you are already enough in God's eyes.

## Day 2: The Gentle God

**Reading:** Isaiah 42:1-9

**Devotional:** "A bruised reed he will not break, and a dimly burning wick he will not quench." What beautiful imagery of God's character! We live in a world that discards what's broken and replaces what's dimmed. But God approaches our fragility with tenderness. If you're feeling bruised today—by disappointment, by struggle, by your own failures—know that God doesn't demand strength you don't have. Instead, God cups gentle hands around your flickering flame. You don't need to be a bonfire to receive divine attention. Your dimly burning wick is enough. God delights in drawing near to what is fragile, not in breaking what is already bent.

## Day 3: The Exhaustion of Earning

**Reading:** Matthew 11:28-30

**Devotional:** "Come to me, all you who are weary and heavy laden, and I will give you rest." How much energy have you spent trying to earn what's already been given? The constant pressure to prove your worth, to measure up, to have all the answers—it's exhausting. Jesus offers a different way: the rest of identity rather than the weariness of performance. This isn't the rest of inactivity, but the deep

soul-rest that comes from knowing you belong. You don't have to do anything to be loved by God. Today, set down the heavy burden of earning divine approval. Let yourself simply be held, like a child in a parent's arms, loved without condition.

## Day 4: God Pitches a Tent

**Reading:** John 1:1-14

**Devotional:** "The Word became flesh and dwelt among us"—literally, pitched a tent in our neighborhood. God isn't watching your life from a distant heaven, evaluating your performance. God has moved in, taken up residence, made a home in your very being. This changes everything. The delight God declares over you isn't conditional or distant—it's intimate and present. God accompanies you through every uncertainty, every stumble, every searching question. You carry divine presence within you. Today, practice awareness of God's nearness. In the mundane moments, in the difficult conversations, in the quiet spaces—God is there, dwelling with you, delighting in you.

## Day 5: Living From Overflow

**Reading:** 1 John 4:7-19

**Devotional:** "We love because he first loved us." When we truly absorb God's delight in us, we begin to live differently—not from obligation, but from overflow. This is the invitation: not to do more, but to receive more deeply. Sink into the reality of divine love like light, like water. Bask in it without apology, without needing to immediately translate it into productivity. From this place of rest, authentic ministry flows naturally. You serve not to earn love, but because you're already overflowing with it. Today, practice simply receiving. Be still and know. Let God's delight soak into your bones until it transforms you from the inside out.