

# St. Stanislaus Cathedral

The First Parish of the Polish National Catholic Church

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Ms. Rebecca Elfman, Director of Music & Organist

Mrs. Mary Ann Stankowski, Bell Choir Director

## Palm Sunday



March 29, 2026

10:00 am – Contemporary Rite

THE LITURGY AND BLESSING OF THE PALMS

THE PROCESSION WITH BLESSED PALMS

*Holding a palm branch, the celebrant stands on the top step of the altar and faces the people and intones:*

**C:** Let us go forth in peace. **R:** In the name of Christ, Amen.

PROCESSIONAL *Sent From High Heaven*

*Jack Partyka, trumpet*

Sent from high heaven, Christ fulfills his mission,  
t'ward Jerusalem strides with premonition,  
Startles disciples when at Bethphage's border,  
issues this strange order:

Two hence to village, hurry, do not falter;  
There find a donkey harnessed and with halter.  
Untie the animal and her colt untether; bring them together.

The two disciples did as Christ had bidden.  
They placed the Lord on colt 'til now unriden.  
Excited crowds climb trees, palm branches hewing,  
these before him strewing.

Stirred by the Spirit, children raise glad voices:  
"Christ," "King," "Hosanna," Israel rejoices,  
From sin and might of sin, man's emancipation,  
heaven-sent salvation.

We bid Thee welcome, God's own Son and Savior,  
promised by prophets, mankind's Liberator.  
Thou whose redemptive task conquered man's enslaver,  
restored him God's favor.

With joyful triumph, join we Christ's procession.  
"Hail, royal Victor," give we loud expression,  
Our mortal voices, now t'wards heaven blending,  
singing praise unending.

Before God's heav'nly throne, our hearts outpouring,  
where choirs of angels never cease adoring,  
Thou, Who in Sacrament day and night abidest,  
to Thy death Thou ridest.

## ANTIPHON

Celebrant: All glory, laud, and honor,  
To You, Redeemer, King!  
To Whom the lips of children  
Made sweet hosannas ring.

*(refrain) Choir: All glory, laud, and honor,  
To You, Redeemer, King!  
To Whom the lips of children  
Made sweet hosannas ring.*

Celebrant: You are the King of Israel, And David's royal Son,  
Now in the Lord's name coming, Our King and Blessed One. *(refrain)*

The company of angels Are praising You on high;  
Creation and all mortals in chorus make reply. *(refrain)*

The people of the Hebrews With palms before You went.  
Our praise and prayers and anthems Before you we present. *(refrain)*

To You, before Your Passion, They sang their hymns of praise.  
To You, now high exalted, Our melody we raise. *(refrain)*

Their praises You accepted; Accept the prayer we bring,  
Great Author of all goodness, O good and gracious King! *(refrain)*

*The celebrant knocks three times on the door; the door is opened and the celebrant with his assistants and servers enter the church. All kneel and the celebrant sings:*

Let us adore the Savior, who rode in royal triumph into Jerusalem.

## THE SCOURGING OF THE CROSS

*In the center of the main aisle, the celebrant kneels with the cross laid in front of him.  
Taking the blessed palm, he scourges the cross, and sings three times:*

“It is written: ‘They shall strike the Shepherd and the sheep of the flock will be scattered.’  
But after I am resurrected, I will go before you to Galilee. There you shall see Me, says the Lord.”

*Following the scourging of the Cross, the celebrant returns to the altar to celebrate the Eucharist.*

## CONFITEOR ~ *Contemporary Mass* Page 66, Mass Booklet (tan and red)

## INTROIT

Psalm 24:9-10

C: Open wide the door and gates. Lift high the ancient portals. The King of glory enters; Who is the King of glory? He is God, the mighty Lord. **R: Hosanna in the highest. Blessed are You Who have come to us so rich in love and mercy. Hosanna in the highest. C: Lord for us Your wounds were suffered. R: O Christ Jesus, have mercy on us.**

## KYRIE

O'Connor

## OPENING PRAYER

Almighty God, Father of our Lord Jesus Christ, You have given Your Son as the Savior of the human race and a model of humility. He fulfilled Your will by becoming man and giving His life on the cross. Guide our minds by His truth and strengthen our lives by the example of His death that we may live in union with You in the New Jerusalem. We ask this through the same Jesus Christ, Your Son, Who lives and reigns with You and the Holy Spirit, one God, for ever and ever. **R. Amen.**

## ~ LITURGY OF THE WORD ~

## FIRST LESSON

Isaiah 50:4-7

The Lord God has given me a well-trained tongue, that I might know how to speak to the weary a word that will rouse them. Morning after morning he opens my ear that I may hear; And I have not rebelled, have not turned back. I gave my back to those who beat me, my cheeks to those who plucked my beard; my face I did not shield from buffets and spitting.

The Lord God is my help, therefore I am not disgraced; I have set my face like a flint, knowing that I shall not be put to shame.

*This is the Word of the Lord. R. Thanks be to God.*

## RESPONSORIAL PSALM

Psalm 22:8-9, 17-18, 19-20, 23-24

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**R. My God, my God, why have you a - ban - doned me?**

**R. My God, my God, why have you abandoned me?**

All who see me scoff at me; they mock me with parted lips, they wag their heads:  
“He relied on the LORD; let him deliver him, let him rescue him, if he loves him.”

**R. My God, my God, why have you abandoned me?**

Indeed, many dogs surround me, a pack of evildoers closes in upon me;  
They have pierced my hands and my feet; I can count all my bones.

**R. My God, my God, why have you abandoned me?**

They divide my garments among them, and for my vesture they cast lots.  
But you, O LORD, be not far from me; O my help, hasten to aid me.

**R. My God, my God, why have you abandoned me?**

I will proclaim your name to my brethren; in the midst of the assembly I will praise you:  
“You who fear the LORD, praise him; all you descendants of Jacob, give glory to him;  
revere him, all you descendants of Israel!”

**R. My God, my God, why have you abandoned me?**

## SECOND LESSON

Philippians 2:6-11

Christ Jesus, though He was in the form of God, did not regard equality with God something to be grasped. Rather, He emptied Himself, taking the form of a slave, coming in human likeness; and found human in appearance, He humbled Himself, becoming obedient to the point of death, even death on a cross. Because of this, God greatly exalted Him and bestowed on Him the name which is above every name, that at the name of Jesus every knee should bend, of those in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the Glory of God the Father.

*This is the Word of the Lord.* **R. Thanks be to God.**

## TRACT

Isaiah 62:10-11 NRSV

C: Go through, go through the gates, prepare the way for the people; build up, build up the highway, clear it of stones, lift up an ensign over the peoples. **R. The Lord has proclaimed to the end of the earth: Say to daughter Zion, “See, your salvation comes; his reward is with him, and his recompense before him.”**

GOSPEL The Passion of our Lord Jesus Christ, according to St. Mark 15:1-39

## PROFESSION OF FAITH

STAND

## PRAYERS OF THE FAITHFUL

**R: Lord hear our prayer.**

## ~ LITURGY OF THE EUCHARIST ~

## OFFERTORY VERSE

Psalm 69:21-22

Insult has broken my heart, and I am weak; I looked for sympathy but there was none; for comforters and I found none. Rather they put gall in my food, and in my thirst they gave me vinegar to drink.

OFFERTORY ANTHEM *Alone You Once Went Forth*

Sam Batt Owens

Alone You once went forth, O Lord, in sacrifice to die.  
Does not Your sorrow touch the hearts of people passing by?  
Our sins, not Yours, You bore then, Lord; make us Your sorrow feel  
Till through our pity and our shame, love answers love's appeal.  
This was earth's darkest hour, but You did light and life restore;  
Then let us all give praise to You, who lives forevermore.  
Grant us with You to suffer, Lord, that as we share this hour,  
Your cross may bring us to Your joy and resurrection pow'r.

The Cathedral Chorale

## PRAYER OVER THE GIFTS

Heavenly Father, may the suffering and death of Your Son, Jesus, make us pleasing to You. Alone we can do nothing but may this perfect sacrifice win us mercy and love. We ask this through the same Jesus Christ, Who lives and reigns with You and the Holy Spirit, one God, for ever and ever. **R. Amen.**

## PREFACE

## SANCTUS

Peplowski

~ CANON ~

THE LORDS PRAYER

AGNUS DEI

Elfman

POST COMMUNION HYMN *Ah, Holy Jesus*

Ah, holy Jesus, how hast Thou offended that we to judge Thee have in hate pretended?  
By foes derided, by Thine own rejected, O most afflicted.

For me, kind Jesus, was Thine incarnation, Thy mortal sorrow, and Thy life's oblation;  
Thy death of anguish and Thy bitter passion, for my salvation.

Therefore, kind Jesus, since I cannot pay Thee, I do adore Thee, and will ever pray Thee:  
Think on Thy pity and Thy love unswerving, not my deserving.

COMMUNION VERSE

Matthew 26:42

Father, if this cup cannot pass away unless I drink it, your will be done.

PRAYER AFTER COMMUNION

All loving Father, You have satisfied our hunger with this Sacred Banquet. The death of Your Son gives us hope and strengthens our faith. May His resurrection give us perseverance and lead us to salvation. We ask this through the same Jesus Christ, Who lives and reigns with You and the Holy Spirit, one God, for ever and ever. **R. Amen.**

FINAL BLESSING (please kneel)

DISMISSAL

C: Let us bless the Lord! **R: Thanks be to God.**

**Prayer After Holy Mass (please remain kneeling)**

*I am grateful to You, Lord, that I was able to come to church and participate in the Holy Sacrifice of Mass. I thank You for receiving Your gracious pardon, Your instruction and teaching through Your Word, and Your Body and Blood in Holy Communion. May Your sacraments continue to strengthen and help me to be faithful to You and Your Church. Help me to face all the challenges of life on my journey to Your heavenly kingdom. Amen.*

CLOSING HYMN 92 *Holy Cross* (1, 3, 4)

Holy Cross, O Tree all beauteous, Tree all peerless and divine!  
No grove on the earth can show us Such a flow'r and leaf as thine!  
Precious nails and precious the wood On which hung our dying Lord.

Tree which solely wast found worthy The world's victim to sustain;  
Harbor from the raging tempest, Ark that saved the world again!  
Tree with sacred blood anointed Of the Lamb for sinners slain.

Faithful cross above all other, One and only noble tree!  
None in foliage, none in blossom, None in fruit thy peer may be:  
Sweetest wood, and sweetest iron! Sweetest weight is hung on thee.

POSTLUDE *I Cry to You, Lord Jesus Christ*

Setting, Dieterich Buxtehude

*The faithful are reminded that the palms distributed today are blessed for the use of God's people to serve as a reminder of the sacrifice of Jesus who entered triumphantly into Jerusalem aware of His approaching passion and death for the salvation of humanity. The blessed palms should be treated with the utmost respect. It is appropriate to display the branches in your home in a suitable location; preferably near a crucifix or holy picture, or to place them on the graves of loved ones as a reminder that the suffering of Christ is fulfilled in the Resurrection which, by the grace of God, is given to all believers.*