

THE ORDER FOR THE ADMINISTRATION  
OF

THE LORD'S SUPPER

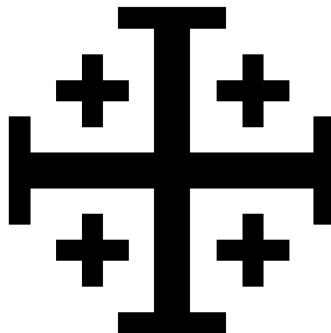
*or*

HOLY COMMUNION,  
COMMONLY CALLED  
THE HOLY EUCHARIST

*Renewed Ancient Text*

January 18, A.D. 2026

2nd Sunday of Epiphany



## Welcome!

Thanks for joining us for worship today. Our name, Emmaus, is taken from a place and event near Jerusalem on the afternoon of Easter. Jesus met up with two disciples fleeing the city, dejected. They didn't recognize him, so along the way, he explained the Old Testament to them—how it pointed to him. Then, they invited him in to a house in the town of Emmaus. When he broke the bread at table, their eyes were opened and they recognized him. Thinking back, they realized their hearts burned within them as he explained the Scriptures to them. That is our hope for each Sunday as we gather for worship—that we would encounter Jesus in Scripture and the breaking of bread.

Please leave your name, phone, and email at the guest register in the entryway or narthex. We will get back to you.

Children age four and up are welcome in Children's Church during our 2:30 service. They go to C.C. after a children's sermon and return for communion with their family.

We serve Sacred Food and Drink here...please don't bring beverages or snacks into church during worship (kids excepted).

*Please turn off your cell phones.*

*A deacon calls the people to prepare themselves for worship.*

*The people stand or kneel, and observe a time of silent prayer.*

### Preparatory Prayers for Individuals

Be present, be present, o Jesus, our High Priest, as you were present with your disciples, and be known to us in the breaking of bread; who live and reign, with the Father and the Holy Spirit, now and forever. Amen.

*They may be said or sung.*

*Celebrant*            Lord have mercy upon us.

*People*                **Christ have mercy upon us.**

*Celebrant*            Lord have mercy upon us.

6 Let ev - ery kin - dred, ev - ery tribe, on this ter - res - trial

1 All hail the power of Je - sus' Name! Let an - gels pros - trate  
 2 Crown him, ye mar - tyrs of our God, who from his al - tar  
 3 Hail him, the Heir of Da - vid's line, whom Da - vid Lord did  
 \* 4 Ye heirs of Is - rael's cho - sen race, ye ran - somed of the  
 \* 5 Sin - ners, whose love can ne'er for - get the worm - wood and the

ball, to him a - scribe, and

1 fall; bring forth the roy - al di - a - dem, and  
 2 call: praise him whose way of pain ye trod, and  
 3 call, the God in - car - nate, Man di - vine, and  
 4 fall, hail him who saves you by his grace, and  
 5 gall, go, spread your tro - phies at his feet, and

crown him Lord of all! to him a -

1 crown him Lord of all! bring forth the roy - al  
 2 crown him Lord of all! praise him whose way of  
 3 crown him Lord of all! the God in - car - nate,  
 4 crown him Lord of all! hail him who saves you  
 5 crown him Lord of all! go, spread your tro - phies

scribe, and crown him Lord of all!

1 di - a - dem, and crown him Lord of all!  
 2 pain ye trod, and crown him Lord of all!  
 3 Man di - vine, and crown him Lord of all!  
 4 by his grace, and crown him Lord of all!  
 5 at his feet, and crown him Lord of all!

6 Let every kindred, every tribe,  
 on this terrestrial ball,  
 to him all majesty ascribe,  
 and crown him Lord of all!

Words: Edward Perronet (1726-1792), alt. Music: *Coronation*, Oliver Holden (1765-1844), alt.; desc. Michael E. Young (b. 1939). Descant, Copyright © 1979, G.I.A. Publications, Inc.

## THE ACCLAMATION

*Celebrant* I will make you as a light for the nations,  
*People* **That my salvation may reach to the end of the earth.** Isaiah 49:6

## THE COLLECT FOR PURITY

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

## THE SUMMARY OF THE LAW

Hear what our Lord Jesus Christ says:

You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and great commandment. And the second is like it: You shall love your neighbor as yourself. On these two commandments depend all the Law and the Prophets.

MATTHEW 22:37-40



1 All glo - ry be to God on high, and peace on earth from  
 2 O Lamb of God, Lord Je - sus Christ, whom God the Fa - ther  
 3 You on - ly are the Ho - ly One, who came for our sal -



hea - ven, and God's good will un - fail - ing - ly be  
 gave us, who for the world was sac - ri - ficed up -  
 va - tion, and on - ly you are God's true Son, who



to all peo - ple giv - en. We bless, we wor - ship you, we raise for  
 on the cross to save us; and, as you sit at God's right hand and  
 was be - fore cre - a - tion. You on - ly, Christ, as Lord we own and,



your great glo - ry thanks and praise, O God, Al-might - y Fa - ther.  
 we for judg-ment there must stand, have mer - cy, Lord, up - on us.  
 with the Spi - rit, you a - lone share in the Fa - ther's glo - ry.

Words: Nikolaus Decius (1490?-1541); tr. F. Bland Tucker (1895-1984), rev.; para. of *Gloria in excelsis*. Copyright © The Church Pension Fund. Music: *Allein Gott in der Höh*, melody att. Nikolaus Decius (1490?-1541); harm. Hieronymus Praetorius (1560?-1629).

## THE COLLECT OF THE DAY

*The Celebrant says to the People*

The Lord be with you.

*People*     **And with your spirit.**

*Officiant*   Let us pray.

Almighty God, whose Son our Savior Jesus Christ is the light of the world: Grant that your people, illumined by your Word and Sacraments, may shine with the radiance of Christ's glory, that he may be known, worshiped, and obeyed to the ends of the earth; through Jesus Christ our Lord, who with you and the Holy Spirit lives and reigns, one God, now and for ever. **Amen.**

## CHILDREN'S BLESSING

*Children are invited forward for a blessing. Children age three through fourth grade are invited to children's church. They return at the peace to join their families for communion.*

**For to us a child is born,  
to us a son is given;  
and the government shall be upon his shoulder,  
and his name shall be called Wonderful Counselor,  
Mighty God, Everlasting Father, Prince of Peace.**

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## Old Testament Reading

### Exodus 12:21-28

Then Moses called all the elders of Israel and said to them, “Go and select lambs for yourselves according to your clans, and kill the Passover lamb. <sup>22</sup> Take a bunch of hyssop and dip it in the blood that is in the basin, and touch the lintel and the two doorposts with the blood that is in the basin. None of you shall go out of the door of his house until the morning. <sup>23</sup> For the LORD will pass through to strike the Egyptians, and when he sees the blood on the lintel and on the two doorposts, the LORD will pass over the door and will not allow the destroyer to enter your houses to strike you. <sup>24</sup> You shall observe this rite as a statute for you and for your sons forever. <sup>25</sup> And when you come to the land that the LORD will give you, as he has promised, you shall keep this service. <sup>26</sup> And when your children say to you, ‘What do you mean by this service?’ <sup>27</sup> you shall say, ‘It is the sacrifice of the LORD’s Passover, for he passed over the houses of the people of Israel in Egypt, when he struck the Egyptians but spared our houses.’” And the people bowed their heads and worshiped. <sup>28</sup> Then the people of Israel went and did so; as the LORD had commanded Moses and Aaron, so they did.

*Reader:* The word of the Lord.      *People:* **Thanks be to God**

### Psalm 40:1-11

<sup>1</sup> I waited patiently for the LORD, \*  
and he inclined to me, and heard my call.

<sup>2</sup> He brought me out of the horrible pit, out of the mire and clay; \*  
he set my feet upon the rock, and secured my footing.

<sup>3</sup> He has put a new song in my mouth, \*  
a song of thanksgiving unto our God.

<sup>4</sup> Many shall see and fear, \*  
and shall put their trust in the LORD.



<sup>5</sup> Blessed is the man who has set his hope in the LORD, \*  
and has not turned to the proud, or to those who go about lying.  
<sup>6</sup> O LORD my God, great are the wondrous works which you have done, and  
also your thoughts toward us; \*  
there is none who can be compared with you.  
<sup>7</sup> If I should declare them and speak of them, \*  
they would be more than I am able to express.  
<sup>8</sup> Sacrifice and offering you do not desire, \*  
but my ears you have opened.  
<sup>9</sup> Burnt offerings and sin offerings you have not required, \*  
and so I said, "Behold, I come;  
<sup>10</sup> In the volume of the book it is written of me, that I delight to do your will,  
O my God; \*  
indeed, your law is within my heart."  
<sup>11</sup> I have declared your righteousness in the great congregation; \*  
behold, I will not restrain my lips, O LORD, and that you know.

**Glory be to the Father, and to the Son,  
and to the Holy Spirit;  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.**

## Epistle Reading

### 1 Corinthians 1:1-9

Paul, called by the will of God to be an apostle of Christ Jesus, and our brother Sosthenes, <sup>2</sup> To the church of God that is in Corinth, to those sanctified in Christ Jesus, called to be saints together with all those who in every place call upon the name of our Lord Jesus Christ, both their Lord and ours: <sup>3</sup> Grace to you and peace from God our Father and the Lord Jesus Christ. <sup>4</sup> I give thanks to my God always for you because of the grace of God that was given you in Christ Jesus, <sup>5</sup> that in every way you were enriched in him in all speech and all

knowledge— <sup>6</sup> even as the testimony about Christ was confirmed among you — <sup>7</sup> so that you are not lacking in any gift, as you wait for the revealing of our Lord Jesus Christ, <sup>8</sup> who will sustain you to the end, guiltless in the day of our Lord Jesus Christ. <sup>9</sup> God is faithful, by whom you were called into the fellowship of his Son, Jesus Christ our Lord.

*Reader:* The word of the Lord.      *People:* **Thanks be to God**

*We sing verse 1.*



1 Come, Ho - ly Spi - rit, hea - ven - ly Dove, with all thy quick-ening powers;  
 2 See how we tri - fle here be - low, fond of these earth - ly toys;  
 3 In vain we tune our for - mal songs, in vain we strive to rise:  
 4 Come, Ho - ly Spi - rit, hea - ven - ly Dove, with all thy quick-ening powers;

kin - dle a flame of sa - cred love in these cold hearts of ours.  
 our souls, how heav - i - ly they go, to reach e - ter - nal joys.  
 ho - san - nas lan - guish on our tongues, and our de - vo - tion dies.  
 come, shed a - broad a Sa - vior's love, and that shall kin - dle ours.

Words: Isaac Watts (1674-1748), alt. Music: *Saint Agnes*, John Bacchus Dykes (1823-1876).

## The Holy Gospel

*Deacon:* The Holy Gospel of Our Lord Jesus Christ, according to St. John.

*People:* **Glory to you, Lord Christ.**

John 1:29-42

The next day he saw Jesus coming toward him, and said, “Behold, the Lamb of God, who takes away the sin of the world! <sup>30</sup> This is he of whom I said, ‘After me comes a man who ranks before me, because he was before me.’ <sup>31</sup> I myself did not know him, but for this purpose I came baptizing with water, that he might be revealed to Israel.” <sup>32</sup> And John bore witness: “I saw the Spirit descend from heaven like a dove, and it remained on him. <sup>33</sup> I myself did not know him, but he who sent me to baptize with water said to me, ‘He on whom you see the Spirit descend and remain, this is he who baptizes with the Holy Spirit.’ <sup>34</sup> And I have seen and have borne witness that this is the Son of God.” <sup>35</sup> The next day again John was standing with two of his disciples, <sup>36</sup> and he looked at Jesus as he walked by and said, “Behold, the Lamb of God!” <sup>37</sup> The two disciples heard him say this, and they followed Jesus. <sup>38</sup> Jesus turned and saw them following and said to them, “What are you seeking?” And they said to him, “Rabbi” (which means Teacher), “where are you staying?” <sup>39</sup> He said to them, “Come and you will see.” So they came and saw where he was staying, and they stayed with him that day, for it was about the tenth hour. <sup>40</sup> One of the two who heard John speak and followed Jesus was Andrew, Simon Peter’s brother. <sup>41</sup> He first found his own brother Simon and said to him, “We have found the Messiah” (which means Christ). <sup>42</sup> He brought him to Jesus. Jesus looked at him and said, “You are Simon the son of John. You shall be called Cephas” (which means Peter).

*Deacon:* The Gospel of the Lord.      *People:* **Praise to you, Lord Christ**

*We sing verse 4 fpmid pm [age 10.*

## THE SERMON

Dr. Catherine Wheeler, M.D.

## THE NICENE CREED

Let us confess our faith in the words of the Nicene Creed:

*Celebrant and People*

**We believe in one God,**

**the Father, the Almighty,  
maker of heaven and earth,  
of all that is, visible and invisible.**

**We believe in one Lord, Jesus Christ,**

**the only-begotten Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made, of one Being with the Father;  
through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,**

**who proceeds from the Father [and the Son],  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one Baptism for the forgiveness of sins.**

**We look for the † resurrection of the dead,  
and the life of the world to come. Amen.**

## INTERCESSIONS FOR LIFE

For our nation and people, that we would honor the truth that all people are created in and bear the image of God, and that we would promote and respect the sanctity of every human life from conception to natural death.

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

For the church, that we would show Christ-like compassion to all who have fallen into sin, encouraging them to repent and receive forgiveness, and offering the ministry of healing to all who suffer physically or emotionally as a result of such sin.

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

For all legislators, that they might be wise, loving, and virtuous;

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

For the members of our Supreme Court, that God will grant them wisdom, and the desire to protect our inalienable rights to life, liberty, and the pursuit of happiness;

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

For those who are suffering in body, mind, or spirit and may be tempted to despair and to even end their life, that God might grant them the patient endurance to do his will and serve his Gospel;

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

For the mothers and fathers of unplanned and crisis pregnancies, that God would give them the faith, hope, and love to choose life despite the difficulties;

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

For all unborn children, that God would send his holy angels to protect them:

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

For the children of our country, especially those who are forgotten or neglected that their presence might remind us of the infinite value of human life;

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

For all who work for the cause of the sanctity of life, for Anglicans for Life, Alternatives Pregnancy Center, and especially for Dr. Wheeler and the Colorado Chapter of the American Association of Pro-Life Ob-Gyns;

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

For those in our parish celebrating birthdays (\_\_\_\_\_), and anniversaries (\_\_\_\_\_),

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

For all those who are in trouble, sorrow, need, sickness, or any other adversity, especially: \_\_\_\_\_(the people are encouraged to pray aloud for others).

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

For the children who have died from abortion in our nation, and for their mothers and fathers, for mercy, peace and the loving embrace of Christ;

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

*The Deacon concludes with this or some other appropriate Collect.*

Heavenly Father, grant these our prayers for the sake of Jesus Christ, our only Mediator and Advocate, who lives and reigns with you in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

# THE CONFESSION AND ABSOLUTION OF SIN

*The Deacon or other person appointed says the following*

Let us humbly confess our sins to Almighty God.

*Silence*

*Remain Standing*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done, and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will, and walk in your ways,  
to the glory of your Name. Amen.**

*The Bishop or Priest stands and says*

Almighty God, our heavenly Father, who in his great mercy has promised forgiveness of sins to all those who sincerely repent and with true faith turn to him, have † mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

## THE COMFORTABLE WORDS

*The Deacon may then say one or more of the following sentences, first saying*

Hear the Word of God to all who truly turn to him.

Come to me, all who labor and are heavy laden, and I will give you rest.

MATTHEW 11:28

God so loved the world, that he gave his only-begotten Son, that whoever believes in him should not perish but have eternal life.

JOHN 3:16

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners.

1 TIMOTHY 1:15

If anyone sins, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins, and not for ours only, but also for the sins of the whole world.

1 JOHN 2:1-2

## THE PEACE

The peace of the Lord be always with you.

**And with your spirit.**

*Then the Ministers and People may greet one another in the Name of the Lord.*


## THE OFFERTORY

*The deacon says a sentence of Scripture to begin the offering.*


*The ushers present the bread and wine to the deacon.*

*The ushers will pass the offertory baskets.*







1. God sent His Son,— they called Him Je - sus;— He came to love,—  
 2. How sweet to hold— a new-born ba - by,— And feel the pride,—  
 3. And then one day— I'll cross the riv - er;— I'll fight life's fi -



1. — heal, and for - give;— He lived and died— to buy my  
 2. — and joy he gives;— But great - er still— the calm as -  
 3. - nal war with pain;— And then as death— gives way to



1. par-don,— An emp - ty grave is there to prove my Sav - ior lives.—  
 2. sur-ance,— This child can face un-cer-tain days be - cause He lives.—  
 3. vic-t'ry,— I'll see the lights of glo - ry and I'll know He lives.—



Be-cause He lives— I can face to - mor-row;— Be-cause He lives—

— all fear is gone; ——— Be - cause I know ——— He holds the

fu - ture, ——— And life is worth the liv - ing just be - cause He lives. ———

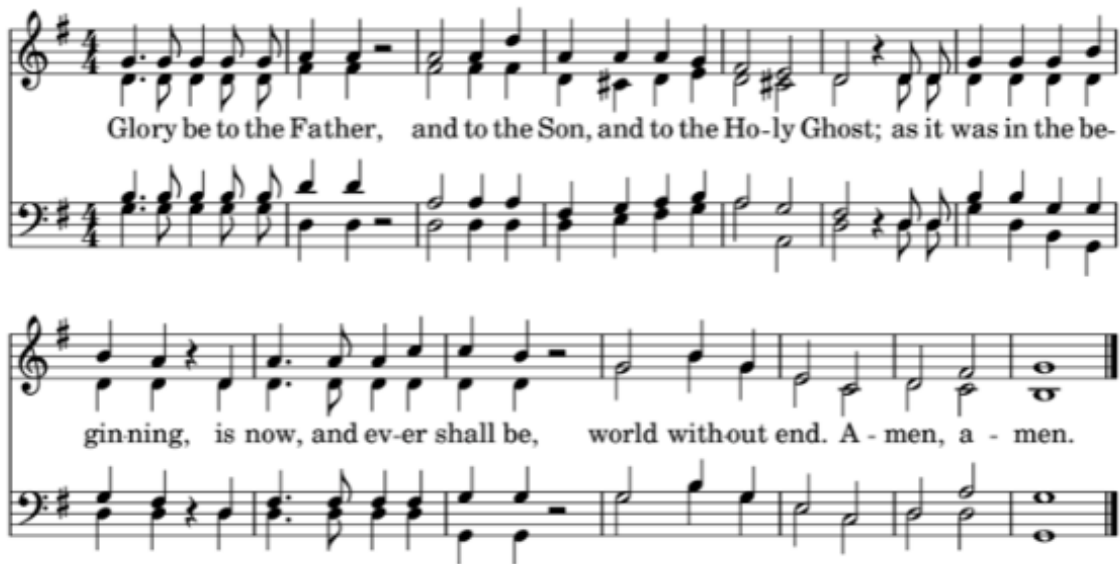
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*The People stand while the offerings are presented.*

*Celebrant:* All things come from you O Lord.

*People:* **And of your own, have we given you.**

1 CHRONICLES 29:14



## THE SURSUM CORDA

*The People remain standing. The Celebrant faces them and sings or says*

The Lord be with you.

*People* **And with your spirit.**

*Celebrant* Lift up your hearts.

*People* **We lift them up to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give him thanks and praise**

*The Celebrant continues*

It is right, our duty and our joy, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord, who took on our mortal flesh to reveal his glory; that he might bring us out of darkness and into his own glorious light.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

# THE SANCTUS

Ho - ly, ho - ly, ho - ly Lord, God of power and

The first system of musical notation for 'The Sanctus'. It consists of a treble and a bass staff in 4/4 time, both in B-flat major. The melody is primarily in the treble staff, with accompaniment in the bass staff. The lyrics 'Ho - ly, ho - ly, ho - ly Lord, God of power and' are written below the staff.

might, heaven and earth are full of your glo - ry. Ho -

The second system of musical notation. The melody continues in the treble staff, with the lyrics 'might, heaven and earth are full of your glo - ry. Ho -' written below. The bass staff provides harmonic support.

san - na in the high - est. \* Bless - ed is he who comes

The third system of musical notation. The melody continues in the treble staff, with the lyrics 'san - na in the high - est. \* Bless - ed is he who comes' written below. The bass staff provides harmonic support.

in the name of the Lord. Ho - san - na in the

The fourth system of musical notation. The melody continues in the treble staff, with the lyrics 'in the name of the Lord. Ho - san - na in the' written below. The bass staff provides harmonic support.

high - est. Ho - san - na in the high - est.

*\*Optional text:*

Bless - ed is the one

Music: American folk melody; arr. Marcia Pruner, harm. Annabel Morris Buchanan (1889-1983).

## THE PRAYER OF CONSECRATION

*The People stand. The Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself; and when we had sinned against you and become subject to evil and death, you, in your mercy, sent your only Son Jesus Christ into the world for our salvation. By the Holy Spirit and the Virgin Mary he became flesh and dwelt among us. In obedience to your will, he stretched out his arms upon the Cross and offered himself once for all, that by his suffering and death we might be saved. By his resurrection he broke the bonds of death, trampling Hell and Satan under his feet. As our great high priest, he ascended to your right hand in glory, that we might come with confidence before the throne of grace.

On the night that he was betrayed, our Lord Jesus Christ took bread; and when he had given thanks, he broke it, and gave it to his disciples, saying, "Take, eat; this is my Body, which is given for you: Do this in remembrance of me." †

Likewise, after supper, Jesus took the cup, and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the forgiveness of sins: Whenever you drink it, do this in remembrance of me." †

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving, and we offer you these gifts. Sanctify † them by your Word and Holy Spirit to be for your people the Body and Blood of your Son Jesus Christ. Sanctify † us also, that we may worthily receive this holy Sacrament, and be made one body with him, that he may dwell in us and we in him. In the fullness of time, put all things in subjection under your Christ, and bring us with all your saints into the joy of your heavenly kingdom, where we shall see our Lord face to face.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit, all honor and glory is yours, Almighty Father, now and for ever. **Amen. †**

## THE LORD'S PRAYER

And now as our savior Christ has taught us, we are bold to pray:

*Officiant and People*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And † lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

## THE FRACTION

*If the consecrated Bread was not broken earlier, the Celebrant breaks it now.*

*A period of silence is kept.*

*Celebrant* Alleluia! The disciples knew the Lord Jesus!

*People* **In the breaking of the bread. Alleluia!**

## THE PRAYER OF HUMBLE ACCESS

*Celebrant and People together may say*

**We do not presume to come to this your table, O merciful Lord,  
trusting in our own righteousness,  
but in your abundant and great mercies.**

**We are not worthy so much as to gather up  
the crumbs under your table;  
but you are the same Lord  
whose character is always to have mercy.**

**Grant us, therefore, gracious Lord,  
so to eat the flesh of your dear Son Jesus Christ,  
and to drink his blood,  
that our sinful bodies may be made clean by his body,  
and our souls washed through his most precious blood,  
and that we may evermore dwell in him, and he in us. Amen.**



**I am the Bread of Life  
All who eat this Bread will never die  
I am God's love revealed  
I am broken that you might be healed**

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## THE MINISTRATION OF COMMUNION

*Facing the People, the Celebrant may say the following invitation*

The gifts of God for the people of God. [Take them in remembrance that Christ died for you and feed on him in your hearts by faith, with thanksgiving.]

*All baptized Christians, whether children presented to the Lord by their parents, or believers who have confessed with the lips and believe in their hearts Jesus is Lord are welcome to receive. If you are not yet baptized, or for some reason not prepared to receive today, it would be our pleasure to bless in the Lord's Name. Please come forward, cross your arms over your chest, and the priest will offer up a special prayer for you.*

*Take and eat the bread, then take and drink the wine. If you need gluten free bread, let the priest know. You may drink from the COMMON CUP (first Chalice—Metal), or dip your bread in the INTINCTION CUP (Second Chalice—Stoneware).*

*Please come forward by row up the center to receive the Sacrament and return via the side aisles. During communion, our prayer team is on the north side to offer prayer for you.*

♩ = 58

A2 D2/A A D2/A

This is the air I breathe, this is the air I breathe:

5 A E/G# F#m E D2 F#m E A2

Your Ho - ly pres - ence liv - ing in me. This is my dai -

10 D2/A A D2/A A E/G# F#m E

ly bread, This is my dai - ly bread: Your ver - y Word

### CHORUS

15 D2 F#m E A E/G# F#m7 E D2 F#m

spo - ken to me. And I, I'm des - p'rate for You.

E A E/G# F#m7 E D2 F#m E

20 And I, I'm lost with - out You.

*Last time to Coda* 

### INSTRUMENTAL

(1) 2

D2 A2 E D2 A2 E E *D.S. al Coda*

And I,

30 *Coda* E D2 F#m E A2 D2/A

I'm lost with - out You. This is the air I breathe,

35 A D2/A A

this is the air I breathe.

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Worthy is the Lamb Who was slain  
 Holy holy is He  
 Sing a new song to Him Who sits on  
 Heaven's mercy seat

*Chorus*

Holy holy holy  
 Is the Lord God Almighty  
 Who was and is and is to come  
 With all creation I sing  
 Praise to the King of kings  
 You are my ev'rything  
 And I will adore You

Clothed in rainbows of living color  
 Flashes of lightning rolls of thunder  
 Blessing and honor strength and glory  
 And power be to You the only wise King

Filled with wonder awestruck wonder  
 At the mention of Your name  
 Jesus Your name is power breath and living water  
 Such a marv'lous mystery yeah

CCLI Song # 4447960 Jennie Lee Riddle © 2004 Gateway Create Publishing CCLI License # 11021826

## THE POST COMMUNION PRAYER

*After Communion, the Celebrant says*

Let us pray.

*Celebrant and People together say the following,*

**Heavenly Father,**

**We thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the body of your Son,  
and heirs of your eternal Kingdom.**

**And now, Father,**

**send us out to do the work you have given us to do,  
to love and serve you as faithful witnesses of Christ our Lord.**

**To him, to you, and to the Holy Spirit,**

**be honor and glory, now and for ever. Amen.**

*People accompany their first three responses with a sweep of the arm towards the cross above the holy table, and their final response with a sweep towards heaven. From the Book of Common Prayer of Kenya.*

*Minister* All our problems,

*People* **We send to the cross of Christ.**

*Minister* All our sins.

*People* **We send to the cross of Christ.**

*Minister* All the devil's works.

*People* **We send to the cross of Christ.**

*Minister* All our hopes,

*People* **We set on the risen Christ!**

## THE BLESSING

Go for-ward, Chris-tian sol - dier, be - neath his ban - ner true:  
 Go for-ward, Chris-tian sol - dier, fear not the se - cret foe;  
 Go for-ward, Chris-tian sol - dier, nor dream of peace - ful rest,  
 Go for-ward, Chris-tian sol - dier, fear not the gath - ering night:

the Lord him - self, thy Lead - er, shall all thy foes sub - due.  
 far more o'er thee are watch - ing than hu - man eyes can know;  
 till Sa - tan's host is van - quished and heaven is all pos - sessed;  
 the Lord has been thy shel - ter; the Lord will be thy light.

His love fore - tells thy tri - als; he knows thine hour - ly need;  
 trust on - ly Christ, thy Cap - tain; cease not to watch and pray;  
 till Christ him - self shall call thee to lay thine ar - mor by,  
 When morn his face re - veal - eth thy dan - gers all are past:

he can with bread of hea - ven thy faint - ing spi - rit feed.  
 heed not the treach - erous voic - es that lure thy soul a - stray.  
 and wear in end - less glo - ry the crown of vic - to - ry.  
 O pray that faith and vir - tue may keep thee to the last!

Words: Laurence Tuttiett (1825-1895). Music: *Lancashire*, Henry Thomas Smart (1814-1879).

## SERVING TODAY

	2:30
Lector	Mary
Acolyte	Ryan
Chalice	Alice
Ushers	Cadwell
Prayer team	Candi
Altar Guild	Mary/Alice
Children's Church	Ben/Schutta

## THIS WEEK

Sunday	2:30	Holy Eucharist with Children's Church
Monday	11:30	Tom Cook Lunch Bunch
Tuesday	6:30	Christians and Jews Together
Wednesday:	9:00	Holy Communion
	10:00	Class
Friday	7:00 am	MESS
Next Sunday	5:30	Youth Group

## Looking Ahead

February 1 — Annual Meeting Sunday - Potluck Chili Supper after Church

February 18 — Ash Wednesday 9:00 am at The Rock Church

— 7:00 pm at Resurrection Anglican Fellowship

## Building News

Mike Maloney or David Thompson send out weekly updates on the project, pictures included. If you aren't on our email list—and want to be, please contact Robbin Thompson. [Emmauscr@icloud.com](mailto:Emmauscr@icloud.com)

## Wednesday Location and Schedule

### The Rock Church

**4881 Cherokee Dr, Castle Rock, CO 80109**

- o 9:00 Holy Communion (enter at the office)
- o 10:00 Bible Study (room #5)

## Wednesday Classes

What's the big deal about King Hezekiah anyway? Join us on Wednesday mornings at 10:00 at The Rock church for a 4-week study and learn more about this ancestor of Jesus. Led by Jim Van't Land.

## Emmaus Merchandise

Would you like a shirt, pullover, vest, hoodie, with the Emmaus logo on it? You can now order your own through our store at Land's End! <https://business.landsend.com/store/emmausanglican/>

## EDGE

EDGE provides a great opportunity to share a meal and develop lasting connections within Emmaus. If you are interested in participating and aren't already on the "list", please call, send an email, or just corner us for a chat. Mark and Penny Burrows, [burrowsma@comcast.net](mailto:burrowsma@comcast.net); (425) 501-1854

### Annual Meeting Sunday February 1, 4:00 at Calvary in the Youth Room

The Annual Meeting is the yearly business meeting of the Parish. The Sunday sermon focuses on the State of the Parish. The essential tasks of the meeting are to share reports on attendance, finances, and the facilities. We thank outgoing Council Members and elect new ones.

Anglican parishes are governed by a parish council. New Council members are nominated by the council at the Annual Meeting for election by the meeting. Our council is comprised of six laypeople and the rector. Laypeople serve a three-year term, ideally, two people rotating off and two new people rotating on every year. The officers of the council are elected by the council. Dave Thompson, Jr. Warden, and Mike James, Treasurer, are rotating off.

#### Nominees:

Joel Levy (Jr. Warden)

Jim Van't Land (Treasurer)

**Parish Membership:** All are invited to the Meeting. If you are a baptized Christian, age sixteen and up, and have been worshipping with us regularly for ninety days, you are eligible to vote.

**Parish Membership:** All are invited to the Meeting. Here is what membership, according to our By-Laws, looks like:

**5.1.2 Members in good standing.** A member in good standing is a person who has registered his or her baptism in this Church and who for the previous 90 days has been faithful in corporate worship, unless for good cause prevented, and has been faithful in working, praying, and giving for the spread of the Kingdom of God. Adult members in good standing are eligible to vote for members of the Council and participate in Parish meetings. For these purposes, an adult is a person sixteen years of age or over. The Rector shall appoint Judges at Council elections or at other meetings of the congregation to determine the qualifications of the voters and the eligibility of persons for nomination as Council members. Members in good standing shall subscribe to the Statement of Faith (Appendix A), and Ministry of our Laity (Appendix B).

**A Sign-Up Sheet** is available at the Usher Table to bring chili, chips, drinks, etc....

### Youth Group

We meet on the 2<sup>nd</sup> and 4<sup>th</sup> Sundays of the month from 5:30-7:00 at the homes of our families. We begin with supper together, followed by personal check-ins, learning in God's Word, prayer, and end with play! Next meeting is January 25 at 5:30 at the Wood's.

## The Israeli Government: What Is There To Criticize?

January 20

Our beloved presenter, **Amir Kaufman**, will return for this next installment of Shared Roots. He will discuss the things that Israelis (and diaspora Jews) commonly criticize about their own country, while helping us to clearly see the line separating criticism from hatred.

Temple Sinai, 3509 S Glencoe St, 80237

*All classes begin @ 6:30pm (MST)*

## SANCTITY OF LIFE SUNDAY

18 January

Our guest speaker will be **Dr Catherine Wheeler; MD**. Dr Wheeler is on the **Board of Directors of the American Association of Pro-Life Obstetricians and Gynecologists (AAPLOG)**. She speaks frequently on pro-life issues ranging from testifying before state legislatures to addressing events like the Washington DC's March for Life. She'll talk to us about AAPLOG and her journey into pro-life advocacy.

Dr Wheeler graduated from the Tulane University School of Medicine and is board certified in obstetrics and gynecology.

### ANGLICANS FOR LIFE ANNUAL EVENT IN WASHINGTON D.C.

*Our local chapter president and national board member Scott Gough and Candi Matejka will be attending this important event and will join in the annual march for life in the capitol. If you are interested in going, please give Candi a call! You may attend the conference online as well as in person.*

Anglicans For Life® is pleased to announce their annual event held in Falls Church, VA and Washington, D.C., will be held on January 22-23 in 2026 and coincide with the March for Life. This redesigned event has been rebranded to Life Forum, and the subject of the conference is: *Thinking Biblically about Bioethics*.

While Anglicans For Life (AFL) is known for addressing abortion and euthanasia, in recent years the ministry has seen an increase in interest from people seeking guidance and counsel on bioethical life topics. People in pews are making real decisions about life and death situations that are not being addressed in the Church.

To help equip and educate the Church to respond to the evolving needs, Anglicans For Life's 2026 Life Forum events will focus on Thinking Biblically about Bioethics... from Conception, at the End-of-Life, and in the Church. Bioethical experts, Emma Waters, Dr. Allen Roberts, and C. Ben Mitchell are the scheduled speakers, respectively.

Register to attend in-person or virtually at [www.AnglicansForLife.org/LifeForum](http://www.AnglicansForLife.org/LifeForum)

To give, cash and check are always welcome. Another option is this code that will take you to the Emmaus website to a secure giving portal.

