

THE ORDER FOR THE ADMINISTRATION
OF

THE LORD'S SUPPER

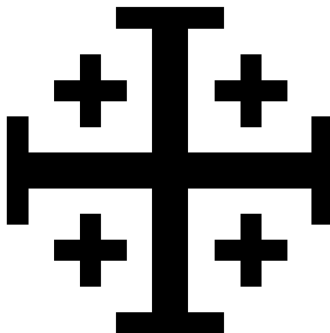
or

HOLY COMMUNION,
COMMONLY CALLED
THE HOLY EUCHARIST

Anglican Standard Text

February 4, A.D. 2024

World Mission Sunday



Welcome!

Thanks for joining us for worship today. Our name, Emmaus, is taken from a place and event near Jerusalem on the afternoon of Easter. Jesus met up with two disciples fleeing the city, dejected. They didn't recognize him, so along the way, he explained the Old Testament to them—how it pointed to him. Then, they invited him in to a house in the town of Emmaus. When he broke the bread at table, their eyes were opened and they recognized him. Thinking back, they realized their hearts burned within them as he explained the Scriptures to them. That is our hope for each Sunday as we gather for worship—that we would encounter Jesus in Scripture and the breaking of bread.

Please leave your name, phone, and email at the guest register in the entryway or narthex. We will get back to you.

For young children, age three and under, feel free to use the nursery in the rear corner. It's hooked up with sound so a parent can hear what's happening in church.

Children age four and up are welcome in Children's Church during the 10:30 service. They go to C.C. after a children's sermon and return for communion with their family.

We serve Sacred Food and Drink here...please don't bring beverages or snacks into church during worship (kids excepted).

Please turn off your cell phones.

A deacon calls the people to prepare themselves for worship.

The people kneel, and observe a time of silent prayer.

Preparatory Prayers for Individuals

Be present, be present, o Jesus, our High Priest, as you were present with your disciples, and be known to us in the breaking of bread; who live and reign, with the Father and the Holy Spirit, now and forever. Amen.

They may be said or sung.

Celebrant Lord have mercy upon us.

People **Christ have mercy upon us.**

Celebrant Lord have mercy upon us.

6 Let ev - ery kin - dred, ev - ery tribe, on this ter - res - trial

1 All hail the power of Je - sus' Name! Let an - gels pros - trate
 2 Crown him, ye mar - tyrs of our God, who from his al - tar
 3 Hail him, the Heir of Da - vid's line, whom Da - vid Lord did
 * 4 Ye heirs of Is - rael's cho - sen race, ye ran - somed of the
 * 5 Sin - ners, whose love can ne'er for - get the worm - wood and the

ball, to him a - scribe, and

1 fall; bring forth the roy - al di - a - dem, and
 2 call: praise him whose way of pain ye trod, and
 3 call, the God in - car - nate, Man di - vine, and
 4 fall, hail him who saves you by his grace, and
 5 gall, go, spread your tro - phies at his feet, and

crown him Lord of all! to him a -

1 crown him Lord of all! bring forth the roy - al
 2 crown him Lord of all! praise him whose way of
 3 crown him Lord of all! the God in - car - nate,
 4 crown him Lord of all! hail him who saves you
 5 crown him Lord of all! go, spread your tro - phies

scribe, and crown him Lord of all!

1 di - a - dem, and crown him Lord of all!
 2 pain ye trod, and crown him Lord of all!
 3 Man di - vine, and crown him Lord of all!
 4 by his grace, and crown him Lord of all!
 5 at his feet, and crown him Lord of all!

THE ACCLAMATION

Celebrant I will make you as a light for the nations.
People **That my salvation may reach to the end of the earth.**
 Isaiah 49:6

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

THE DECALOGUE

Deacon God spoke these words and said:

I am the Lord your God. You shall have no other gods but me.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Deacon You shall not make for yourself any idol.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Deacon You shall not take the Name of the Lord your God in vain.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Deacon Remember the Sabbath day and keep it holy.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Deacon Honor your father and your mother.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Deacon You shall not murder.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Deacon You shall not commit adultery.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Deacon You shall not steal.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Deacon You shall not bear false witness against your neighbor.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Deacon You shall not covet.

People **Lord, have mercy upon us, and write all these,
your laws, in our hearts, we beseech you.**

EXODUS 20:1-17; DEUTERONOMY 5:6-21

THE GLORIA

Frederick Richardson
Dale Richardson

C C/E F(add2) G C C/E F(add2) G
Glo-ry to God in the high-est and

5 C/E C/A G(sus4) G C C/E F(add2) G(sus4)
peace to his peo-ple on earth. Lord God, hea-ven-ly King,

9 C/E C/A G(sus4) G C/F C/E
Al-might-y God and Fa-ther, We wor-ship you, we give you thanks, we

13 G/A Am F(add2) G(sus4) G C C/E F(add2) G
praise you for your glo-ry. Lord Je-sus Christ, on-ly Son of the Fa-ther,

17 C/E C/A G(sus4) G C C/E F(add2) G(sus4) G
Lord God, Lamb. of God, You take a-way the sin of the world.

21 C/E C/A G(sus4) G C/F C/E
Have mer-cy on us. You are seat-ed at the right hand. of the Fa-ther,

25 Am F G(sus4) G A(sus4) A D D/F# G(add2) A(sus4) A
re-ceive our prayer. For you a-lone are the Ho-ly One,

29 D/F# Bm7 A(sus4) A D D/F# G(add2) A(sus4) A
you a-lone are the Lord. You a-lone are the Most High,

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33 G(add2) D/F# A/B Bm G A(sus4) A

Je - sus Christ, with the Ho - ly Spi - rit, in the glo - ry of God the Fa - ther.

A - men. A - men. A - men.

THE COLLECT OF THE DAY

The Celebrant says to the People

The Lord be with you.

People **And with your spirit.**

Officiant Let us pray.

Almighty God, through the outpouring of the Holy Spirit, you revealed the way of eternal life to every race and nation: Pour out this gift anew, that by the preaching of the Gospel your salvation may reach to the ends of the earth; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever.

Amen.

CHILDREN'S BLESSING

Children are invited forward for a blessing. Children age three through fourth grade are invited to children's church. They return at the peace to join their families for communion.

“Fruit Of The Spirit”

**The fruit of the Spirit is love, joy, peace,
 Patience, kindness, goodness, (*snaf*)
 Faithfulness, gentleness and self control
 Galatians 5:22**

Old Testament Reading

2 Kings 4:8-21(22-31)32-37

One day Elisha went on to Shunem, where a wealthy woman lived, who urged him to eat some food. So whenever he passed that way, he would turn in there to eat food. ⁹ And she said to her husband, "Behold now, I know that this is a holy man of God who is continually passing our way. ¹⁰ Let us make a small room on the roof with walls and put there for him a bed, a table, a chair, and a lamp, so that whenever he comes to us, he can go in there." ¹¹ One day he came there, and he turned into the chamber and rested there. ¹² And he said to Gehazi his servant, "Call this Shunammite." When he had called her, she stood before him. ¹³ And he said to him, "Say now to her, 'See, you have taken all this trouble for us; what is to be done for you? Would you have a word spoken on your behalf to the king or to the commander of the army?'" She answered, "I dwell among my own people." ¹⁴ And he said, "What then is to be done for her?" Gehazi answered, "Well, she has no son, and her husband is old." ¹⁵ He said, "Call her." And when he had called her, she stood in the doorway. ¹⁶ And he said, "At this season, about this time next year, you shall embrace a son." And she said, "No, my lord, O man of God; do not lie to your servant." ¹⁷ But the woman conceived, and she bore a son about that time the following spring, as Elisha had said to her. ¹⁸ When the child had grown, he went out one day to his father among the reapers. ¹⁹ And he said to his father, "Oh, my head, my head!" The father said to his servant, "Carry him to his mother." ²⁰ And when he had lifted him and brought him to his mother, the child sat on her lap till noon, and then he died. ²¹ And she went up and laid him on the bed of the man of God and shut the door behind him and went out. Shunammite.

³² When Elisha came into the house, he saw the child lying dead on his bed. ³³ So he went in and shut the door behind the two of them and prayed to the LORD. ³⁴ Then he went up and lay on the child, putting

his mouth on his mouth, his eyes on his eyes, and his hands on his hands. And as he stretched himself upon him, the flesh of the child became warm. ³⁵ Then he got up again and walked once back and forth in the house, and went up and stretched himself upon him. The child sneezed seven times, and the child opened his eyes. ³⁶ Then he summoned Gehazi and said, “Call this Shunammite.” So he called her. And when she came to him, he said, “Pick up your son.” ³⁷ She came and fell at his feet, bowing to the ground. Then she picked up her son and went out.

Reader: The word of the Lord. *People:* **Thanks be to God.**

Psalm 142

¹ I cried unto the LORD with my voice; *
even unto the LORD I made my supplication.

² I poured out my complaints before him, *
and showed him my trouble.

³ When my spirit was in heaviness, you knew my path; *
in the way wherein I walked they had secretly laid a snare for me.

⁴ I looked also to my right hand *
and saw there was no one who would know me.

⁵ I had no place to flee to, *
and no one cared for my soul.

⁶ I cried out to you, O LORD, and said, *
“You are my refuge, and my portion in the land of the living.”

⁷ Consider my complaint, *
for I am brought very low.

⁸ O deliver me from my persecutors, *
for they are too strong for me.

⁹ Bring me out of prison, that I may give thanks unto your Name. *
When you show me your loving-kindness, then shall the righteous gather
around me.

**Glory be to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now, and ever shall be,
world without end. Amen**

Epistle Reading

1 Corinthians 9:16-23

For if I preach the gospel, that gives me no ground for boasting. For necessity is laid upon me. Woe to me if I do not preach the gospel! ¹⁷ For if I do this of my own will, I have a reward, but if not of my own will, I am still entrusted with a stewardship. ¹⁸ What then is my reward? That in my preaching I may present the gospel free of charge, so as not to make full use of my right in the gospel. ¹⁹ For though I am free from all, I have made myself a servant to all, that I might win more of them. ²⁰ To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though not being myself under the law) that I might win those under the law. ²¹ To those outside the law I became as one outside the law (not being outside the law of God but under the law of Christ) that I might win those outside the law. ²² To the weak I became weak, that I might win the weak. I have become all things to all people, that by all means I might save some. ²³ I do it all for the sake of the gospel, that I may share with them in its blessings.

Reader: The word of the Lord. *People:* **Thanks be to God.**

“Speak O Lord”

Verse 1

**Speak O Lord as we come to You
To receive the food of Your holy word
Take Your truth plant it deep in us
Shape and fashion us in Your likeness
That the light of Christ might be seen today
In our acts of love and our deeds of faith
Speak O Lord and fulfill in us
All Your purposes for Your glory**

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THE HOLY GOSPEL

Deacon The Holy Gospel of Our Lord Jesus Christ, according to St. Mark

People: **Glory to you, Lord Christ**

Mark 1:29-39

And immediately he left the synagogue and entered the house of Simon and Andrew, with James and John. ³⁰ Now Simon’s mother-in-law lay ill with a fever, and immediately they told him about her. ³¹ And he came and took her by the hand and lifted her up, and the fever left her, and she began to serve them. ³² That evening at sundown they brought to him all who were sick or oppressed by demons. ³³ And the whole city was gathered together at the door. ³⁴ And he healed many who were sick with various diseases, and cast out many demons. And he would not permit the demons to speak, because they knew him. ³⁵ And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there he prayed. ³⁶ And Simon and those who were with him searched for him, ³⁷ and they found him and said to him,

“Everyone is looking for you.”³⁸ And he said to them, “Let us go on to the next towns, that I may preach there also, for that is why I came out.”³⁹ And he went through- out all Galilee, preaching in their synagogues and casting out demons.

Deacon: The Gospel of the Lord. *People:* **Praise to you, Lord Christ.**

Verse 3

Speak O Lord and renew our minds
Help us grasp the heights of Your plans for us
Truths unchanged from the dawn of time
That will echo down through eternity
And by grace we'll stand on Your promises
And by faith we'll walk as You walk with us
Speak O Lord till Your church is built
And the earth is filled with Your glory

THE SERMON

Fr. Theron Walker

THE NICENE CREED

Let us confess our faith in the words of the Nicene Creed:

Celebrant and People

We believe in one God,

**the Father, the Almighty,
maker of heaven and earth,
of all that is, visible and invisible.**

We believe in one Lord, Jesus Christ,

**the only-begotten Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made, of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again in accordance with the
Scriptures;**

**he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

We believe in the Holy Spirit, the Lord, the giver of life,

**who proceeds from the Father [and the Son],
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one Baptism for the forgiveness of sins.

**We look for the † resurrection of the dead,
and the life of the world to come. Amen.**

THE PRAYERS OF THE PEOPLE

The deacon says,

Let us pray for the Church and for the world.

Reader Almighty and everliving God, we are taught by your holy Word to offer prayers and supplications and to give thanks for all people. We humbly ask you mercifully to receive our prayers. Inspire continually the universal Church with the spirit of truth, unity, and concord; and grant that all who confess your holy Name may agree in the truth of your holy Word, and live in unity and godly love.

Reader Lord, in your mercy: *People* **Hear our prayer.**

We pray that you will lead the nations of the world in the way of righteousness; and so guide and direct their leaders, especially (_____), that your people may enjoy the blessings of freedom and peace. Grant that our leaders may impartially administer justice, uphold integrity and truth, restrain wickedness and vice, and protect true religion and virtue.

Reader Lord, in your mercy: *People* **Hear our prayer.**

Give grace, heavenly Father, to all Bishops, Priests, and Deacons, *and especially to your servant(s)* _____ that by their life and teaching, they may proclaim your true and life-giving Word, and rightly and duly administer your holy Sacraments. And to all your people give your heavenly grace, especially to this Congregation, (_____), those celebrating birthdays (_____), anniversaries (_____), in our diocese (_____) and in our community (____); that with reverent and obedient hearts we may hear and receive your holy Word, and serve you in holiness and righteousness all the days of our lives.

Reader Lord, in your mercy: *People* **Hear our prayer.**

Prosper, we pray, all those who proclaim the Gospel of your kingdom throughout the world, *especially* _____, and strengthen us to fulfill your great commission, making disciples of all nations, baptizing them and teaching them to obey all that you have commanded.

Reader Lord, in your mercy: *People* **Hear our prayer.**

For our brothers and sisters in Christ who are persecuted for their faith, especially in _____.

Reader Lord, in your mercy: *People* **Hear our prayer.**

For soldiers of this nation deployed to fight for the sake of righteousness and freedom, and for those who bear the wounds of combat: _____.

Reader Lord, in your mercy: *People* **Hear our prayer.**

We ask you in your goodness, O Lord, to comfort and sustain all who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity [especially _____].

Reader Lord, in your mercy: *People* **Hear our prayer.**

For a spirit of repentance for the sins of abortion and hastening natural death, and reverence for life as a gift from God.

Reader Lord, in your mercy:

People **Hear our prayer.**

We remember before you all your servants who have departed this life in your faith and fear, [especially _____,] that your will for them may be fulfilled; and we ask you to give us grace to follow the good examples of [_____, and] all your saints, that we may share with them in your heavenly kingdom.

Reader Lord, in your mercy: *People* **Hear our prayer.**

The Deacon concludes with this or some other appropriate Collect.

Heavenly Father, grant these our prayers for the sake of Jesus Christ, our only Mediator and Advocate, who lives and reigns with you in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

THE CONFESSION AND ABSOLUTION OF SIN

The Deacon or other person appointed says the following

All who truly and earnestly repent of your sins, and seek to live in love and charity with your neighbors, and intend to lead the new life, following the commandments of God, and walking in his holy ways: draw near with faith and make your humble confession to Almighty God.

Silence

The Deacon and People kneel as able and pray

**Almighty God, Father of our Lord Jesus Christ,
maker and judge of us all:**

**We acknowledge and lament our many sins and offenses,
which we have committed by thought, word, and deed
against your divine majesty,
provoking most justly your righteous anger against us.**

**We are deeply sorry for these our transgressions;
the burden of them is more than we can bear.**

Have mercy upon us,

**Have mercy upon us, most merciful Father;
for your Son our Lord Jesus Christ's sake,
forgive us all that is past;
and grant that we may evermore serve
and please you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.**

The Bishop or Priest stands and says

Almighty God, our heavenly Father, who in his great mercy has promised forgiveness of sins to all those who sincerely repent and with true faith turn to him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

THE COMFORTABLE WORDS

The Deacon may then say one or more of the following sentences, first saying

Hear the Word of God to all who truly turn to him.

Come to me, all who labor and are heavy laden, and I will give you rest.

MATTHEW 11:28

God so loved the world, that he gave his only-begotten Son, that whoever believes in him should not perish but have eternal life.

JOHN 3:16

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners.

1 TIMOTHY 1:15

If anyone sins, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins, and not for ours only, but also for the sins of the whole world.

1 JOHN 2:1-2

THE PEACE

The peace of the Lord be always with you.

And with your spirit.

Then the Ministers and People may greet one another in the Name of the Lord.

THE OFFERTORY

For you know the grace of our Lord Jesus Christ, that though he was rich, yet for your sake he became poor, so that you by his poverty might become rich. 2 Corinthians 8:9

The ushers present the bread and wine to the deacon, then pass the offering baskets.

1. Great is thy faith - ful - ness, O God my Fa - ther,
2. Sum - mer and win - ter, and spring - time and har - vest,
3. Par - don for sin and a peace that en - dur - eth,

1. Great is thy faith - ful - ness, O God my Fa - ther,
2. Sum - mer and win - ter, and spring - time and har - vest,
3. Par - don for sin and a peace that en - dur - eth,

1. Thou chang - est not, thy com - pas - sions, they fail not,
2. Join with all na - ture in man - i - fold wit - ness,
3. Strength for to - day and bright hope for to - mor - row,

1. As thou hast been thou for - ev - er wilt be.
2. To thy great faith - ful - ness, mer - cy and love.
3. Bless - ings all mine, with ten thou - sand be - side!

Great is thy faith - ful - ness! Great is thy faith - ful - ness!

Morn - ing by morn - ing new mer - cies I see;

All I have need - ed thy hand hath pro - vid - ed,

Great is Thy faith - ful - ness, Lord un - to me!

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When the altar is prepared the ushers present the people's offering of money, with the children at 10:30, and we sing....

Priest. All things come from you O Lord.

People: **And of your own, have we given you.**

Gloria Patri

Glory be to the Father, and to the Son, and to the Ho-ly Ghost; as it was in the be-

ginning, is now, and ev-er shall be, world without end. A - men, a - men.

THE SURSUM CORDA

The People remain standing. The Celebrant faces them and sings or says

The Lord be with you.

People **And with your spirit.**

Celebrant Lift up your hearts.

People **We lift them up to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

The Celebrant continues

It is right, our duty and our joy, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord, who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

THE SANCTUS

Frederick Richardson
Dale Richardson

Bm G/E A/F# Bm Bm Bm/A Bm/G A/F# Bm F#(sus4) F#

Ho-ly, Ho-ly, Ho-ly Lord, God of pow-er and. might.

7 G G/E F#m G(sus4) G# A(sus4) A Bm G/E A(sus4) A

Hea-ven and earth are full of your glo - ry, Ho - san-na in the high-est.

12 G G/E F#m G A(sus4) A Bm G/E A/F# B

Bles-sed is He who comes in the name of the Lord! Ho - san-na in the high-est!

THE PRAYER OF CONSECRATION

The People kneel or stand. The Celebrant continues

All praise and glory is yours, O God our heavenly Father, for in your tender mercy, you gave your only Son Jesus Christ to suffer death upon the Cross for our redemption. He made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and he instituted, and in his Holy Gospel commanded us to continue, a perpetual memory of his precious death and sacrifice, until his coming again.

So now, O merciful Father, in your great goodness, we ask you to bless and sanctify, † with your Word and Holy Spirit, these gifts of bread and wine, that we, receiving them according to your Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

On the night that he was betrayed, our Lord Jesus Christ took bread; and when he had given thanks, he broke it, and gave it to his disciples, saying, "Take, eat; this is my Body, which is given for you: Do this in remembrance of me." †

Likewise, after supper, Jesus took the cup, and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the forgiveness of sins: Whenever you drink it, do this in remembrance of me." †

Therefore, O Lord and heavenly Father, according to the institution of your dearly beloved Son our Savior Jesus Christ, we your humble servants celebrate and make here before your divine Majesty, with these holy gifts, the memorial your Son commanded us to make; remembering his blessed passion and precious death, his mighty resurrection and glorious ascension, and his promise to come again.

And we earnestly desire your fatherly goodness mercifully to accept this, our sacrifice of praise and thanksgiving; asking you to grant that, by the merits and death of your Son Jesus Christ, and through faith in his Blood, we and your whole Church may obtain forgiveness of our sins, and all other benefits of his passion.

And here we offer and present to you, † O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice. We humbly pray that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of your Son Jesus Christ, be filled with your grace and heavenly benediction, and be made one body with that he may dwell in us, and we in him.

And although we are unworthy, because of our many sins, to offer you any sacrifice, yet we ask you to accept this duty and service we owe, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord.

By him, and with him, and in him, in the unity of the Holy Spirit, in the unity of the Holy Spirit, all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

THE LORD'S PRAYER

And now as our savior Christ has taught us, we are bold to pray:

Officiant and People

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those
who trespass against us.**

**And † lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

THE FRACTION

*If the consecrated Bread was not broken earlier, the Celebrant breaks it now.
A period of silence is kept.*

Celebrant Alleluia! The disciples knew the Lord Jesus!

People **In the breaking of the bread. Alleluia!**

THE PRAYER OF HUMBLE ACCESS

Celebrant and People together may say

**We do not presume to come to this your table, O merciful Lord,
trusting in our own righteousness,
but in your abundant and great mercies.**

**Apart from your grace,
we are not worthy so much as to gather up
the crumbs under your table;
but you are the same Lord
whose character is always to have mercy.**

**Grant us, therefore, gracious Lord,
so to eat the flesh of your dear Son Jesus Christ,
and to drink his blood,
that our sinful bodies may be made clean by his body,
and our souls washed through his most precious blood,
and that we may evermore dwell in him, and he in us. Amen.**

THE AGNUS DEI

Frederick Richardson
Dale Richardson

G/C A(sus4) A D D A/C# Bm D/A

Oh, Lamb of God, you

5 Em7 G/C A(sus4) A Bm F#m7 Em7

take a - way the sin of the world. Oh, Lamb of God, have

9 G/C A(sus4) A D D A/C# Bm D/A

mer - cy on us. Oh, Lamb of God, you

13 Em7 G/C A(sus4) A Bm F#m7 Em7

take a - way the sin of the world. Oh, Lamb of God, have

17 G/C A(sus4) A D B E B/D# C#m E/B

mer - cy on us. Oh, Lamb of God, you

21 F#m7 A/D B(sus4) B C#m G#m7 F#m7

take a - way the sin of the world. Oh, Lamb of God,

25 A/D B(sus4) B C#m(sus4) C#m B6 F#m7 B(sus4) B E

grant us your peace, grant us your peace.

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THE MINISTRATION OF COMMUNION

Facing the People, the Celebrant may say the following invitation

The gifts of God for the people of God. [Take them in remembrance that Christ died for you and feed on him in your hearts by faith, with thanksgiving.]

Please come forward by row up the center to receive the Sacrament. All baptized Christians are welcome. Take and eat the bread, then take and drink the wine. You may drink from the COMMON CUP, dip your bread in the common cup, or drink from a single serving cup. If you are not baptized, it would be our pleasure to bless in the Lord's Name. Please come forward, cross your arms over your chest, and the priest will offer up a special prayer for you. If you need gluten free bread, let the priest know.

VERSE
 ♩ = 86
 B C#m7 B/D#

1. He be - came sin, who knew no sin; that we might be - come His
 (2.) bod y the bread, His blood the wine bro - ken and poured out,

E2(no3) B C#m7

right - eous - ness; He hum - bled Him - self, and car - ried the cross.
 all for love. The whole earth trem - bled, and the veil was torn.

B/F# E2(no3) B/F# E2(no3)

Love so a - maz - ing, Love so a - maz - ing. Je - sus, Mes - si -
 Love so a - maz - ing, Love so a - maz - ing.

CHORUS

B E2(no3)

ah; Name a - bove all names; Bless - ed Re - deem -

B F#sus B

er; Em - man - u - el. The Res - cue for sin - ners,

21 E2(no3) B/D# F#sus



the Ran - som from heav - en; Je - sus, Mes - si - ah, Lord of all.

BRIDGE

26 B C#m11 B/D#

Last time to Coda Coda 1 2



2. His All our hope is in You, all our hope

31 E2(no3) F#sus C#m11 B/D# E2(no3)



is in You; all the glo - ry to You, God, the Light of the

36 F#sus *D.S. al Coda*



world. Je - sus, Mes - si

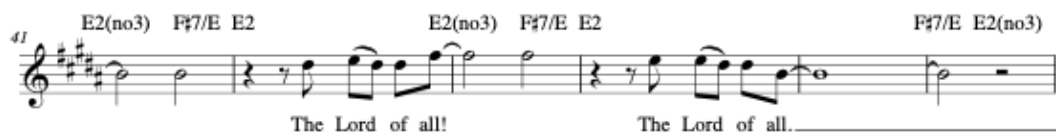
ENDING

38 Coda B/G# B/F# F#sus



Je - sus, Mes - si - - ah, Lord of all.

41 E2(no3) F#7/E E2 E2(no3) F#7/E E2 F#7/E E2(no3)



The Lord of all! The Lord of all.

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THE POST COMMUNION PRAYER

After Communion, the Celebrant says

Let us pray.

Celebrant and People together say the following,

Almighty and everliving God,

**we thank you for feeding us, in these holy mysteries,
with the spiritual food of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us, through this Sacrament, of your favor and
goodness towards us:
that we are true members of the mystical body of your Son,
the blessed company of all faithful people;
and are also heirs, through hope, of your everlasting kingdom.**

**And we humbly ask you, heavenly Father,
to assist us with your grace,
that we may continue in that holy fellowship,
and do all the good works that you have prepared for us to walk
in; through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be all honor and glory, now and for ever. Amen.**

People accompany their first three responses with a sweep of the arm towards the cross above the holy table, and their final response with a sweep towards heaven. From the Book of Common Prayer of Kenya.

<i>Minister</i>	All our problems,
<i>People</i>	We send to the cross of Christ.
<i>Minister</i>	All our sins.
<i>People</i>	We send to the cross of Christ.
<i>Minister</i>	All the devil's works.
<i>People</i>	We send to the cross of Christ.
<i>Minister</i>	All our hopes,
<i>People</i>	We set on the risen Christ!

THE BLESSING

VERSE

♩ = 60 C Dm G2/B C2 F2/A G2



Great is the Lord, He is ho - ly and just, by His pow - er we trust in His

F C/E Dm C2 C Dm G2/B C2 F2/A G2



love. Great is the Lord, He is faith - ful and true by His mer - cy He proves He is

CHORUS

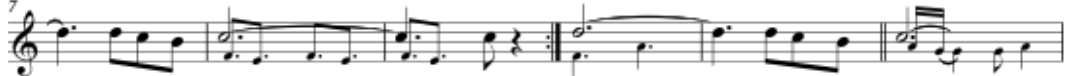
F C/E Dm C2 Bb/C F/C Bb/C F C/E Dm7 C2 Bb/C F/C Bb/C F/C

love. Great is the Lord, and wor - thy of glo - ry. Great is the Lord, and
Great are You, Lord, and wor - thy of glo - ry. Great are You, Lord, and**I**

G/C C Bb/C F/C Bb/C D G E Am Dm F6

wor - thy of praise. Great is the Lord, now lift up your voice, now lift up your voice: Great
wor - thy of praise. Great are You, Lord, I lift up my voice, I lift up my voice:**(1)**

Gsus G Csus C Csus C Csus C Dm F6 Gsus G Am G/A Am



is the Lord!

Great

are You, Lord!

ENDING

G/A Am G/A Am Dm7 F6 Gsus G Csus C Csus C Ab/C Bb/C Ab/C



Great

are You, Lord!

Great are You, Lord,

29 Bb/Ab Ab Bb/C Cm7 Bb/C Cm7 Csus C Csus C Csus C



Great are You, Lord!

Great are You, Lord!

Serving Sunday 02/04

	8:00	10:30
Lector	Owen	Iain
Acolyte	Candi	Ryan
Chalice		Caroline
Jr. Acolyte		Dan & Vic
Ushers	Miller	Willis
Prayer team	Harmony	Hampton
Children's church		Dave H.
Flowers	Robbins (In memory of our parents)	
Hospitality		Open

THIS WEEK

Sunday	8:00 Eucharist; 9:30-10:15 Acolyte Training; 10:30 Eucharist
Wednesday	NO WEEKDAY SERVICE OR CLASS— DIOCESE OF THE ROCKY MOUNTAINS ASSEMBLY
Thursday	2:30 Prayer Group
Friday	7:00 MESS

LOOKING AHEAD

February 11	9:30 Acolyte Training
February 13	6:00 Shrove Tuesday Pancake Supper & Variety Show
February 14	Ash Wednesday 9:00 am and 7:00 pm
February 19	2:00 Joe Procopio Funeral at the DC Fairgrounds

Future Diocesan Home--Discernment

Diocese of the Southwest: Most of your clergy attended their Diocesan Synod, and we have held a Saturday retreat and had a Sunday visit from Bishop Stephen Tighe.

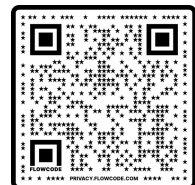
Diocese of the Rocky Mountains: There are a great options to learn about DRM:

- Check out their Website: <https://rockymountainanglican.org>
- Attend their Annual Gathering February 5-7 at Wellspring Englewood.
Feb. 5: 6:30 pm – 8:30 pm — Opening Eucharist and Consecration Service of DRM Suffragan Bishop Elect (FREE).
To Attend the Entire Assembly includes meals, workshops, daily worship. \$100 (Register online).
- Watch this Recording of their Bishop summarizing their history, mission, and values. <https://youtu.be/Y4nQHTkmQ04>
- Their Bishop, Ken Ross, will visit Emmaus on Saturday March 9 (Parish Council & Clergy), and Sunday March 10 at 8:00 and 10:30, with a Q&A at 9:30-10:15.

Share Your Feedback: The Parish Council will distribute a short survey to get your feedback. We'll use the same format for reviewing the Diocese of the Rocky Mountains.

Decision: The Parish Council and Clergy will meet for worship and discernment to make our final decision on Saturday April 13, 9:00-12:00.

To give, cash and checks are always welcome.
Another option is this code that will take you to the Emmaus website to a secure giving portal.



Women's Lenten Quiet Day

Fasting and Feasting

Saturday February 17, 2024

9:00 - Noon

Emmaus Anglican Church

Fasting is a prominent discipline in the season of Lent, and an important one. But what if Fasting was coupled with Feasting? Sundays are technically fast-free days; little Easters. For me, Sundays in Lent have always felt a bit like cheating - the sweet treats feeling more like temptations, and I'd have some trouble getting started again each week with a proper Lenten attitude. So, this season, let us focus on the disciplines fasting and feasting with a sense of rhythm, to balance our bodies and souls as we endeavor to achieve a Holy Lent. Join your sisters-in-Christ for a morning of teaching, reflection, and fellowship as we fast from the cares of the world outside the doors of Emmaus and feast on the Word of God. Guests are most welcome!

Please RSVP to Deacon Erin Cook at eec031257@live.com or 720-217-9013

Shrove Tuesday Pancake Supper and Variety Show

February 13, 6:00-7:30

All are invited to this wonderful, fun evening with Pancakes cooked and served by our Youth Group and their families, the Pancake Races, and Variety Show. Sign Up today if you have an act to share (2-4 minutes).

Lent Book Study
The Cross of Christ

by John R.W. Stott

Stott's book is a modern classic on the meaning of the cross. At the cross Stott finds the majesty and love of God disclosed, the sin and bondage of the world exposed. More than a study of the atonement, this book brings Scripture into living dialog with Christian theology. What emerges is a pattern for Christian life and worship, hope and mission. Stott was one of the great Evangelical Anglican authors, statesmen, scholar, and pastor of the 20th Century. This study will feed your heart and your mind. The book is widely available, including audio versions. Sundays 9:30-10:15 with Fr. Adam, February 18, 25, & March 3, 17, & 24

Wednesdays 10:00-11:00 with Fr. Theron, February 14-May 22.

Joe Procopio Funeral Help

Emmaus will be providing dessert type treats and drinks for the reception. We're estimating a pretty big crowd, maybe 300. Please sign up to help at church or contact Patricia Suro at (303) 888-3753.

Fasting Club for Lent

From Scott Gough

For centuries Christians have taken on acts of commission and omission during Lent to remind themselves of our Lord's Passion and Crucifixion. Fasting is interesting since it is both an act of commission (taking on a discipline) and omission (putting off the temptation of the body). Fasting helps us focus on the sacrifice our Lord made on our behalf.

Fasting for spiritual purposes can be a very lonely experience, which can be good in and of itself, but it doesn't have to be for the fast to be effective. Many of us fast infrequently, if ever. We can support each other if we fast communally or in unison, which in turn helps us maintain our commitment to our Lenten discipline.

I'd like to start an Emmaus Fasting Club for those who may want to take on fasting for Lent, and who may like the help and support of similarly minded people. We will begin the fasting modestly, starting at two hours per week right after Ash Wednesday and slowly increasing the fast to 8 hours per week during Holy Week. The hours you pick during the day are at your discretion. We will have an email check-in every Friday, with whatever comments you might like to share with the group. Before you begin the fast, you must get the approval of your health care provider.

There's is no shame in modifying your fast, or even leaving the Club. If you or your health care provider ever feels the fast is jeopardizing your health, or if the fast becomes more of a hindrance than help in remembering our Lord's sacrifice, then that's what you should do.

As I said, the fast will begin on Ash Wednesday and will run thusly:

14 Feb - 1 Mar	Two hours of fasting
2 Mar - 8 Mar	Two hours of fasting
9 Mar - 15 Mar	Four hours of fasting
16 Mar - 22 Mar	Six hours of fasting
23 Mar - 30 Mar	Eight hours of fasting

You can take the entire period all at once to fast, or you can break up the fast so that by then end of the week your fasting time will equal the goal for that week. As I said, we'll have weekly check-ins on Fridays, if you like, to share your fasting experiences.

Please remember the fast is never the goal in and of itself. Its purpose is always to help us keep our eyes on Jesus. If you decide to add this discipline, I encourage you to keep this in mind.

Please let me know if you'd like to join the Emmaus Fasting Club for Lent (my email address is sgough33@aol.com), and I'll add you to our email list.

Warm regards,
Scott

