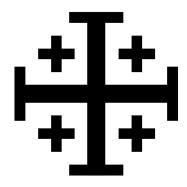
THE ORDER FOR THE ADMINISTRATION OF THE LORD'S SUPPER

or

HOLY COMMUNION, COMMONLY CALLED THE HOLY EUCHARIST

Anglican Standard Text

March 24, A.D. 2024 Palm Sunday



Welcome!

Thanks for joining us for worship today. Our name, Emmaus, is taken from a place and event near Jerusalem on the afternoon of Easter. Jesus met up with two disciples fleeing the city, dejected. They didn't recognize him, so along the way, he explained the Old Testament to them—how it pointed to him. Then, they invited him in to a house in the town of Emmaus. When he broke the bread at table, their eyes were opened and they recognized him. Thinking back, they realized their hearts burned within them as he explained the Scriptures to them. That is our hope for each Sunday as we gather for worship—that we would encounter Jesus in Scripture and the breaking of bread.

Please leave your name, phone, and email at the guest register in the entryway or narthex. We will get back to you.

For young children, age three and under, feel free to use the nursery in the rear corner. It's hooked up with sound so a parent can hear what's happening in church.

Children age four and up are welcome in Children's Church during the 10:30 service. They go to C.C. after a children's sermon and return for communion with their family.

We serve Sacred Food and Drink here...please don't bring beverages or snacks into church during worship (kids excepted).

Please turn off your cell phones.

A deacon calls the people to prepare themselves for worship.

The people kneel, and observe a time of silent prayer.

Preparatory Prayers for Individuals

Be present, be present, o Jesus, our High Priest, as you were present with your disciples, and be known to us in the breaking of bread; who live and reign, with the Father and the Holy Spirit, now and forever. Amen.

They may be said or sung.

Celebrant Lord have mercy upon us.

People Christ have mercy upon us.

Celebrant Lord have mercy upon us.

THE LITURGY OF THE PALMS

Prelude: ECHO: All Glory, Laud and Honor

The following or some other suitable anthem is said or sung.

Celebrant Hosanna to the Son of David, the King of Israel.

All Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The Celebrant then greets the people and gives a brief introduction, inviting them to participate in the celebration using these or other similar words.

Dear brothers and sisters, from the beginning of Lent until now we have been preparing our hearts by repentance and self-sacrifice. Today, with the whole Church, we herald the beginning of the celebration of the Paschal Mystery. On this day our Lord Jesus Christ entered Jerusalem and was welcomed as King with palms and shouts of praise. Today we greet him as our King, though we know his crown was a crown of thorns, and his throne a cross.

Therefore, I invite you to follow our Lord this Holy Week, from his triumphal entry, through his suffering and death, to the glory of his resurrection.

Celebrant The Lord be with you.

People And with your spirit.

Celebrant Let us pray.

Assist us mercifully with your help, O Lord God of our salvation, that we may enter with joy upon the contemplation of those mighty acts, whereby you have given us life and immortality; through Jesus Christ our Lord who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.



The stanzas may be sung by choir alone or alternately by contrasted groups; all sing the refrain.

Words: Theodulph of Orleans (d. 821); tr. John Mason Neale (1818-1866), alt.

Music: Valet will ich dir geben, melody Melchoir Teschner (1584-1635), alt.; harm. William Henry Monk (1823-1889)

BLESSING OF THE PALMS

Celebrant The Lord be with you. People And with your spirit.

Celebrant Let us pray.

We praise you, Almighty God, for the acts of love by which you have redeemed us through your Son Jesus Christ our Lord. On this day he entered the holy city of Jerusalem in triumph, and was hailed as King by those who spread their garments and branches of palm along his way. Sanctify these branches with your blessing, we humbly pray, that they may be for us signs of his victory. Grant that we who bear them in his name may ever hail him as our King, and follow him in the way that leads to eternal life; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**.

THE PROCESSION

I rejoiced when I heard them say Let us go the house of the Lord, And now our feet are standing Within your gates Jerusalem.

8:00 Ushers hand out palms to the congregation at their seats.

10:30 Take palms from the ushers as we process outside to welcome Messiah Jesus to Jerusalem in triumph.

Narrator The Palm Sunday Gospel according to Saint Mark, chapter eleven.

[1] Now when they drew near to Jerusalem, to Bethphage and Bethany, at the Mount of Olives, Jesus sent two of his disciples [2] and said to them,

Jesus "Go into the village in front of you, and immediately as you enter it you will find a colt tied, on which no one has ever sat. Untie it and bring it. [3] If anyone says to you, 'Why are you doing this?' say, 'The Lord has

need of it and will send it back here immediately."

Narrator [4] And they went away and found a colt tied at a door outside in the street, and they untied it. [5] And some of those standing there said to them,

Bystander "What are you doing, untying the colt?"

Narrator [6] And they told them what Jesus had said, and they let them go. [7] And they brought the colt to Jesus and threw their cloaks on it, and he sat on it. [8] And many spread their cloaks on the road, and others spread leafy branches that they had cut from the fields. [9] And those who went before and those who followed were shouting,

Leader [10] Blessed is the coming kingdom of our father David! Hosanna in the highest!"

People Blessed is he who comes in the name of the Lord!

Leader "Hosanna to the Son of David!

People Blessed is he who comes in the name of the Lord!

Leader "Hosanna to the Son of David!

People Hosanna in the highest!"

All sing

Hosanna hosanna in the highest Hosanna hosanna in the highest

Leader I rejoiced when I heard them say, People Let us go to the house of the Lord.

Narrator [11] And he entered Jerusalem and went into the temple. And when he had looked around at everything, as it was already late, he went out to Bethany with the twelve.

[12] On the following day, when they came from Bethany, he was hungry. [13] And seeing in the distance a fig tree in leaf, he went to see if he could find anything on it. When he came to it, he found nothing but

leaves, for it was not the season for figs. [14] And he said to it, *Jesus* "May no one ever eat fruit from you again."

Narrator And his disciples heard it. [15] And they came to Jerusalem. And he entered the temple and began to drive out those who sold and those who bought in the temple, and he overturned the tables of the money-changers and the seats of those who sold pigeons. [16] And he would not allow anyone to carry anything through the temple. [17] And he was teaching them and saying to them,

Jesus "Is it not written, 'My house shall be called a house of prayer for all the nations'? But you have made it a den of robbers."

Narrator [18] And the chief priests and the scribes heard it and were seeking a way to destroy him, for they feared him, because all the crowd was astonished at his teaching. [19] And when evening came they went out of the city.

Narrator [20] As they passed by in the morning, they saw the fig tree withered away to its roots. [21] And Peter remembered and said to him,

Peter "Rabbi, look! The fig tree that you cursed has withered."

Jesus [22] "Have faith in God. [23] Truly, I say to you, whoever says to this mountain, 'Be taken up and thrown into the sea,' and does not doubt in his heart, but believes that what he says will come to pass, it will be done for him. [24] Therefore I tell you, whatever you ask in prayer, believe that you have received it, and it will be yours. [25] And whenever you stand praying, forgive, if you have anything against anyone, so that your Father also who is in heaven may forgive you your trespasses."

Leader "Hosanna to the Son of David!

People Blessed is he who comes in the name of the Lord!

Leader "Hosanna to the Son of David!

People Hosanna in the highest!"

Process inside to worship Messiah Jesus singing I Rejoiced When I Heard Them Say. 10:30 The children go immediately to children's church.

"I Rejoiced When I Heard Them Say"

Chorus

I rejoiced when I heard them say Let us go to the house of the Lord And now our feet are standing Within your gates Jerusalem (repeat)

Chorus 2

Jerusalem God's city
Built strong by the hand of the Lord
To Jerusalem will the tribes go up
The people of our God

(second time to chorus 1)

Verse 1

For the peace of Jerusalem we pray
May peace come to your homes
For the love of my brothers
And my friends may peace come to you

Verse 2

For the love of the house of the Lord
I will pray for you
And may the throne of justice
Be restored in you

(to chorus 2)

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The Sermon: Bishop Bill Atwood

THE NICENE CREED

Let us confess our faith in the words of the Nicene Creed: *Celebrant and People*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, visible and invisible.

We believe in one Lord, Jesus Christ,
the only-begotten Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made, of one Being with the Father;
through him all things were made.
For us and for our salvation be came down from heav

For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father [and the Son], who with the Father and the Son is worshiped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one Baptism for the forgiveness of sins.

We look for the † resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

The deacon says,

Let us pray for the Church and for the world.

Reader Almighty and everliving God, we are taught by your holy Word to offer prayers and supplications and to give thanks for all people. We humbly ask you mercifully to receive our prayers. Inspire continually the universal Church with the spirit of truth, unity, and concord; and grant that all who confess your holy Name may agree in the truth of your holy Word, and live in unity and godly love.

| Reader Lord, in your mercy: People Hear our prayer. |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| We pray that you will lead the nations of the world in the way of righteousness; and so guide and direct their leaders, especially |
| Reader Lord, in your mercy: People Hear our prayer. |
| Give grace, heavenly Father, to all Bishops, Priests, and Deacons, and especially to your servant(s) that by their life and teaching, they may proclaim your true and life-giving Word, and rightly and duly administer your holy Sacraments. And to all your people give your heavenly grace, especially to this Congregation, (), those celebrating birthdays (), anniversaries (), in our diocese () and in our community (); that with reverent and obedient hearts we may hear and receive your holy Word, and serve you in holiness and righteousness all the days of our lives. |
| Reader Lord, in your mercy: People Hear our prayer . |

| Prosper, we pray, all those who proclaim the Gospel of your kingdom throughout the world, <i>especially</i> , and strengthen us to fulfill your great commission, making disciples of all nations, baptizing them and teaching them to obey all that you have commanded. |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Reader Lord, in your mercy: People Hear our prayer. |
| For our brothers and sisters in Christ who are persecuted for their faith, especially in |
| Reader Lord, in your mercy: People Hear our prayer. |
| For soldiers of this nation deployed to fight for the sake of righteousness and freedom, and for those who bear the wounds of combat: |
| Reader Lord, in your mercy: People Hear our prayer. |
| We ask you in your goodness, O Lord, to comfort and sustain all who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity [especially]. |
| Reader Lord, in your mercy: People Hear our prayer. |
| Almighty and Holy God, the author and sustainer of all life, in sorrow and repentance for the scourge of abortion and any practices which promote or hasten unnatural death, we appeal to Your mercy and love for the lives of all people and families; the born and unborn, wanted and unwanted, capable or limited, healthy or suffering; that Your perfect will be fulfilled and life ever be cherished as a gift from You, to the Glory of God, our Master, Redeemer, and Friend. |
| Reader Lord, in your mercy: People Hear our prayer. |
| We remember before you all your servants who have departed this life in your faith and fear, [especially |

Reader Lord, in your mercy: People Hear our prayer.

The Deacon concludes with this or some other appropriate Collect.

Heavenly Father, grant these our prayers for the sake of Jesus Christ, our only Mediator and Advocate, who lives and reigns with you in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

THE CONFESSION AND ABSOLUTION OF SIN

The Deacon or other person appointed says the following

All who truly and earnestly repent of your sins, and seek to live in love and charity with your neighbors, and intend to lead the new life, following the commandments of God, and walking in his holy ways: draw near with faith and make your humble confession to Almighty God.

Silence

The Deacon and People kneel as able and pray

Almighty God, Father of our Lord Jesus Christ, maker and judge of us all:

We acknowledge and lament our many sins and offenses, which we have committed by thought, word, and deed against your divine majesty,

provoking most justly your righteous anger against us. We are deeply sorry for these our transgressions;

the burden of them is more than we can bear.

Have mercy upon us,

Have mercy upon us, most merciful Father; for your Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may evermore serve and please you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.

THE OFFERTORY

The deacon says a fitting sentence of Scripture. The ushers present the bread and wine to the deacon. The ushers will pass the offertory baskets.

Offertory:

"O The Blood"

Priest: All things come from you O Lord.

People: And of your own, have we given you.

THE SURSUM CORDA

The People remain standing. The Celebrant faces them and sings or says

The Lord be with you.

People And with your spirit.

Celebrant Lift up your hearts.

People We lift them up to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

The Celebrant continues

It is right, our duty and our joy, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord. For our sins he was lifted high upon the Cross, that he might draw the whole world to himself; and by his suffering and death he became the author of eternal salvation for all who put their trust in him. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

THE SANCTUS

WOMEN: Holy, holy, holy Lord

God of power and might;

MEN: Holy, holy holy Lord

God of power and might;

WOMEN: Heaven and Earth are full of Your glory;

MEN: Heaven and Earth are full of Your glory;

ALL: Hosanna in the Highest!

MEN: Blessed, blessed is He who comes

in the name of the Lord

WOMEN: Blessed, blessed is He who comes

in the name of the Lord

MEN: Hosanna!

WOMEN: Hosanna!

ALL: Hosanna! In the highest

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THE PRAYER OF CONSECRATION

The People kneel or stand. The Celebrant continues

All praise and glory is yours, O God our heavenly Father, for in your tender mercy, you gave your only Son Jesus Christ to suffer death upon the Cross for our redemption. He made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and he instituted, and in his Holy Gospel commanded us to continue, a perpetual memory of his precious death and sacrifice, until his coming again.

So now, O merciful Father, in your great goodness, we ask you to bless and sanctify, † with your Word and Holy Spirit, these gifts of bread and wine, that we, receiving them according to your Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

On the night that he was betrayed, our Lord Jesus Christ took bread; and when he had given thanks, he broke it, and gave it to his disciples, saying, "Take, eat; this is my Body, which is given for you: Do this in remembrance of me." †

Likewise, after supper, Jesus took the cup, and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the forgiveness of sins: Whenever you drink it, do this in remembrance of me." †

Therefore, O Lord and heavenly Father, according to the institution of your dearly beloved Son our Savior Jesus Christ, we your humble servants celebrate and make here before your divine Majesty, with these holy gifts, the memorial your Son commanded us to make; remembering his blessed passion and precious death, his mighty resurrection and glorious ascension, and his promise to come again.

And we earnestly desire your fatherly goodness mercifully to accept this, our sacrifice of praise and thanksgiving; asking you to grant that, by the merits and death of your Son Jesus Christ, and through faith in his Blood, we and your whole Church may obtain forgiveness of our sins, and all other benefits of his passion.

And here we offer and present to you, † O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice. We humbly pray that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of your Son Jesus Christ, be filled with your grace and heavenly benediction, and be made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, because of our many sins, to offer you any sacrifice, yet we ask you to accept this duty and service we owe, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord.

By him, and with him, and in him, in the unity of the Holy Spirit, in the unity of the Holy Spirit, all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

THE LORD'S PRAYER

And now as our savior Christ has taught us, we are bold to pray:

Officiant and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And † lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE FRACTION

If the consecrated Bread was not broken earlier, the Celebrant breaks it now.

A period of silence is kept.

Celebrant Christ our Passover Lamb has been sacrificed, once for all upon the Cross.

People Therefore let us keep the feast.

THE PRAYER OF HUMBLE ACCESS

Celebrant and People together may say

We do not presume to come to this your table, O merciful Lord, trusting in our own righteousness, but in your abundant and great mercies.

Apart from your grace,

we are not worthy so much as to gather up the crumbs under your table; but you are the same Lord whose character is always to have mercy.

Grant us, therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

THE AGNUS DEI



Music: Mass of Restoration; Josh Blakesley, b. 1976, and Leland G. "Grae" McCullough, IV, b. 1986, © 2012, Joshua Blakesley and Leland G. "Grae" McCullough, IV. Published by OCP. All rights reserved.

THE MINISTRATION OF COMMUNION

Facing the People, the Celebrant may say the following invitation

The gifts of God for the people of God. [Take them in remembrance that Christ died for you and feed on him in your hearts by faith, with thanksgiving.]

Please come forward by row up the center to receive the Sacrament. All baptized Christians are welcome. Take and eat the bread, then take and drink the wine. You may drink from the COMMON CUP, dip your bread in the common cup, or drink from a single serving cup.

If you are not baptized, it would be our pleasure to bless in the Lord's Name. Please come forward, cross your arms over your chest, and the priest will offer up a special prayer for you. If you need gluten free bread, let the priest know.

"Before The Throne Of God Above"

Verse 1

Before the throne of God above
I have a strong and perfect plea
A great High Priest whose name is Love
Who ever lives and pleads for me
My name is graven on His hands
My name is written on His heart
I know that while in heav'n He stands
No tongue can bid me thence depart
No tongue can bid me thence depart

Verse 2

When Satan tempts me to despair
And tells me of the guilt within
Upward I look and see Him there
Who made an end to all my sin
Because the sinless Saviour died
My sinful soul is counted free
For God the Just is satisfied
To look on Him and pardon me
To look on Him and pardon me

Verse 3

Behold Him there the risen Lamb
My perfect spotless righteousness
The great unchangeable I Am
The King of glory and of grace
One with Himself I cannot die
My soul is purchased with His blood
My life is hid with Christ on high
With Christ my Saviour and my God
With Christ my Saviour and my God

Verse 4

I bow before the cross of Christ
And marvel at this love divine
God's perfect Son was sacrificed
To make me righteous in God's eyes
This river's depths I cannot know
But I can glory in its flood
The Lord Most High has bowed down low
And poured on me His glorious love
And poured on me His glorious love

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"We Fall Down"

Verse

We fall down
We lay our crowns
At the feet of Jesus
The greatness of mercy and love
At the feet of Jesus

Chorus

And we cry holy holy holy
And we cry holy holy holy is the Lamb

CCLI Song # 2437367 Chris Tomlin CCLI License # 11021826

THE POST COMMUNION PRAYER

After Communion, the Celebrant says

Let us pray.

Celebrant and People together say the following,

Almighty and everliving God,

we thank you for feeding us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us, through this Sacrament, of your favor and goodness towards us: that we are true members of the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom.

And we humbly ask you, heavenly Father, to assist us with your grace, that we may continue in that holy fellowship, and do all the good works that you have prepared for us to walk in; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be all honor and glory, now and for ever. Amen.

People accompany their first three responses with a sweep of the arm towards the cross above the holy table, and their final response with a sweep towards heaven. From the Book of Common Prayer of Kenya.

Minister All our problems,

People We send to the cross of Christ.

Minister All our sins.

People We send to the cross of Christ.

Minister All the devil's works.

People We send to the cross of Christ.

Minister All our hopes,

People We set on the risen Christ!

THE BLESSING

Go forth into the world in peace, be of good courage, and fight the good fight of faith, that you may finish your course with joy; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen**.



Words: Ernest Warburton Shurtleff (1862-1917) Music: Lancashire, Henry Thomas Smart (1813-1879)

SERVING TODAY

Open

10:30 8:00 Lector Dave N. Ryan Acolyte Kelsey Holly Chalice Marsha Dan & Vic Jr. Acolyte Ushers Cadwell Willis Prayer team Candi Hampton Children's church Louise Flowers Lent

Serving Maundy Thursday 03/28

Lector Scott Acolyte Caroline

Hospitality

Jr Acolytes Iain & Kimberlyn

Chalice Mary Ushers TBD

Serving Good Friday 03/29

| | 12:00 | 7:00 |
|-----------------|--------|---------|
| Lector/Narrator | | Jim V. |
| Acolyte | Alice. | Art |
| Jesus | | Dave N. |
| Peter | | Mike J. |
| Pilate | | Mike M. |
| Ushers | TBD | Levy |

Serving Sunday 03/31

8:00 10:30
Lector Rory Jim V.
Acolyte Candi Art
Chalice Patricia

Jr. Acolyte Kimberlyn & Iain

Ushers Harper Levy
Prayer team Harmony Hampton
Children's church Erin
Flowers Lent

Serving Sunday 03/31 6:30 Vigil

Lector 1 Lura
Lector 2. Cullen
Lector 3. Kelsey
Lector 4. Dave N.
Lector 5. Denise
Ushers. Thompson

Hospitality

THIS WEEK

Open

Friday 7:00 MESS

Saturday 9:00-11:00 Choir Rehearsal

11:00 - Noon 10:30 Liturgical Rehearsal

Sunday 8:00 Eucharist; 9:30 Choir & Class

10:30 Eucharist

NO WEDNESDAY SERVICE OR CLASS

Maundy Thursday 7:00 pm.

Good Friday Noon & 7:00 pm

Saturday 9:00-Noon Clean Up & Set Up for Easter Easter Day 6:30 Vigil; 8:00 & 10:30 Holy Eucharist

Easter Lilies

All are invited to bring Lilies to celebrate the Resurrection of our Lord on Easter Day, or Saturday morning, March 30. If you would like to give them in memory or thanksgiving of a loved one, please sign up in the narthex.

Future Diocesan Home--Discernment

Share Your Feedback: The Parish Council will distribute a short survey to get your feedback. We'll use the same format for reviewing the Diocese of the Rocky Mountains.

Decision: The Parish Council and Clergy will meet for worship and discernment to make our final decision on Saturday April 13, 9:00-12:00.

Lent Book Study The Cross of Christ

by John R.W. Stott

Stott's book is a modern classic on the meaning of the cross. At the cross Stott finds the majesty and love of God disclosed, the sin and bondage of the world exposed. More than a study of the atonement, this book brings Scripture into living dialog with Christian theology. What emerges is a pattern for Christian life and worship, hope and mission. Stott was one of the great Evangelical Anglican authors, statesmen, scholar, and pastor of the 20th Century. This study will feed your heart and your mind. The book is widely available, including audio versions. Sundays 9:30-10:15 with Fr. Adam and Jim

24 March - chapter 7

Wednesdays 10:00-11:00 with Fr. Theron, February 14-May 22

31 March - NO CLASS

3 April—Chapter 6 part 2

Lent Outreach Kapenguria Diocese Kenya

Observing a holy Lent includes the spiritual disciplines of self-examination and repentance; prayer, fasting, and almsgiving; and by reading and meditating on God's holy Word (BCP: 544). Our corporate focus for alms-giving and global mission at Emmaus is a missionary diocese in western Kenya. Each week, the Friday email features one aspect of this mission. Check out the brochure for more information on each initiative.

| Total Requests | Received to Date |
|---------------------------------|------------------|
| Buildings: \$10,264 | \$1,300 (13%) |
| Motorbikes: \$2,748 | \$1,874 (68%) |
| Seminarians: \$1,096 | \$1,260 (115%) |
| Bishop's Education: \$1,237 | 0 |
| Adult Education-Literacy: \$742 | \$742 (100%) |
| Chickens: \$350 | \$616 (176%) |
| Goats: 2,060 | \$100 (5%) |
| As Needed | \$8,485 |
| Grand Total \$18,497 | \$14,438 (78%) |

How to Give

You may give with a check, using pledge card to give by category or "as needed" at church. OR

Use the website or app – the categories are there and its Easy! **Deadline: Easter Sunday**!

Soaking Prayer on Maundy Thursday

During the foot washing, prayer ministers will be available for 'Soaking Prayer' at the back of the church. For those of you who are not familiar with soaking prayer, it is a time when the Lord ministers to you rather than a time when you "ask" for prayer. A prayer minister will quietly come up behind you and lightly touch your shoulder. No words will be spoken either by the "prayee" or "prayor." The prayer minister will pray silently as the Holy Spirit guides them.

Please do not get up and leave after being prayed for as another minister will also pray for you. Depending on circumstances, you may end up being prayed for by several people. It is a very solemn and yet beautiful time. Please come back and see what the Lord has in store for you.

To give, cash and checks are always welcome. Another option is this code that will take you to the Emmaus website to a secure giving portal.

