

THE ORDER FOR THE ADMINISTRATION  
OF

THE LORD'S SUPPER

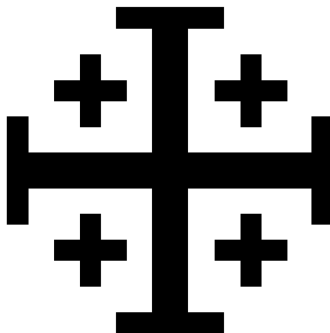
*or*

HOLY COMMUNION,  
COMMONLY CALLED  
THE HOLY EUCHARIST

*Anglican Standard Text*

July 13, A.D. 2025

Fifth Sunday After Pentecost



## Welcome!

Thanks for joining us for worship today. Our name, Emmaus, is taken from a place and event near Jerusalem on the afternoon of Easter. Jesus met up with two disciples fleeing the city, dejected. They didn't recognize him, so along the way, he explained the Old Testament to them—how it pointed to him. Then, they invited him in to a house in the town of Emmaus. When he broke the bread at table, their eyes were opened and they recognized him. Thinking back, they realized their hearts burned within them as he explained the Scriptures to them. That is our hope for each Sunday as we gather for worship—that we would encounter Jesus in Scripture and the breaking of bread.

Please leave your name, phone, and email at the guest register in the entryway or narthex. We will get back to you.

For young children, age three and under, feel free to use the nursery in the rear corner. It's hooked up with sound so a parent can hear what's happening in church.

Children age four and up are welcome in Children's Church during the 10:30 service. They go to C.C. after a children's sermon and return for communion with their family.

We serve Sacred Food and Drink here...please don't bring beverages or snacks into church during worship (kids excepted).

*Please turn off your cell phones.*

*A deacon calls the people to prepare themselves for worship.*

*The people kneel, and observe a time of silent prayer.*

### Preparatory Prayers for Individuals

Be present, be present, o Jesus, our High Priest, as you were present with your disciples, and be known to us in the breaking of bread; who live and reign, with the Father and the Holy Spirit, now and forever. Amen.

*They may be said or sung.*

*Celebrant*            Lord have mercy upon us.

*People*                **Christ have mercy upon us.**

*Celebrant*            Lord have mercy upon us.

## THE ACCLAMATION

*Celebrant* Blessed be God: the Father, the Son, and the Holy Spirit.

*People* **And blessed be his kingdom, now and for ever. Amen**

## THE COLLECT FOR PURITY

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

## THE SUMMARY OF THE LAW

Hear what our Lord Jesus Christ says:

You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and great commandment. And the second is like it: You shall love your neighbor as yourself. On these two commandments depend all the Law and the Prophets.

MATTHEW 22:37-40

## THE GLORIA

Glory to God in the highest  
And peace to His people on earth  
Lord God heavenly King  
Almighty God and Father  
We worship You we give You thanks  
We praise You for Your glory  
Glory to God in the highest  
And peace to His people on earth  
Lord Jesus Christ  
Only Son of the Father  
Lord God Lamb of God  
You take away the sin of the world  
Have mercy on us  
You are seated at the right hand of the Father  
Receive our pray'r  
For You alone are the Holy One  
For You alone are the Lord  
For You alone are the most high  
Jesus Christ with the Holy Spirit  
In the glory of God the Father  
Glory to God in the highest  
And peace to His people on earth  
Amen give glory to God  
Amen give your glory to God

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## THE COLLECT OF THE DAY

*The Celebrant says to the People*

The Lord be with you.

*People*     **And with your spirit.**

*Celebrant*   Let us pray.

### Collect of the Day

Let your merciful ears, O Lord, be open to the prayers of your humble servants; and, that we may receive what we ask, teach us by your Holy Spirit to ask only those things that are pleasing to you; through Jesus Christ our Lord, who with you and the same Spirit lives and reigns for ever and ever. **Amen.**

## Old Testament Reading

### Deuteronomy 30:9-14

The LORD your God will make you abundantly prosperous in all the work of your hand, in the fruit of your womb and in the fruit of your cattle and in the fruit of your ground. For the LORD will again take delight in prospering you, as he took delight in your fathers,<sup>10</sup> when you obey the voice of the LORD your God, to keep his commandments and his statutes that are written in this Book of the Law, when you turn to the LORD your God with all your heart and with all your soul.<sup>11</sup> “For this commandment that I command you today is not too hard for you, neither is it far off.<sup>12</sup> It is not in heaven, that you should say, ‘Who will ascend to heaven for us and bring it to us, that we may hear it and do it?’<sup>13</sup> Neither is it beyond the sea, that you should say, ‘Who will go over the sea for us and bring it to us, that we may hear it and do it?’<sup>14</sup> But the word is very near you. It is in your mouth and in your heart, so that you can do it.

*Reader:* The word of the Lord.    *People:* **Thanks be to God.**

### Psalms 25:1-14

<sup>1</sup> Unto you, O LORD, will I lift up my soul; my God, I have put my trust in you; \*

O let me not be ashamed, neither let my enemies triumph over me.

<sup>2</sup> For all those who hope in you shall not be ashamed, \*  
but those who deal untruly shall be put to confusion.

<sup>3</sup> Show me your ways, O LORD, \*  
and teach me your paths.

<sup>4</sup> Lead me forth in your truth and teach me, \*  
for you are the God of my salvation; in you has been my hope all the day long.

<sup>5</sup> Call to remembrance, O LORD, your tender mercies, \*  
and your loving-kindnesses, which have been from of old.

<sup>6</sup> O remember not the sins and offenses of my youth, \*  
but according to your mercy think on me, O LORD, in your goodness.

<sup>7</sup> Gracious and righteous is the LORD; \*  
therefore will he teach sinners in the way.

<sup>8</sup> Those who are meek shall he guide in judgment, \*  
and those who are gentle shall he teach his way.

<sup>9</sup> All the paths of the LORD are mercy and truth \*  
to those who keep his covenant and his testimonies.

<sup>10</sup> For your Name's sake, O LORD, \*  
forgive my sin, for it is great.

<sup>11</sup> Who is the one who fears the LORD? \*  
He shall teach him in the way that he shall choose.

<sup>12</sup> He shall dwell at ease, \*  
and his seed shall inherit the land.

<sup>13</sup> The LORD reveals his secret counsel to those who fear him, \*  
and he will show them his covenant.

<sup>14</sup> My eyes are ever looking to the LORD, \*  
for he shall pluck my feet out of the net.

**Glory be to the Father, and to the Son,  
and to the Holy Spirit;  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen**

## New Testament Reading

### Colossians 1:1-14

Paul, an apostle of Christ Jesus by the will of God, and Timothy our brother,<sup>2</sup>  
To the saints and faithful brothers in Christ at Colossae:

Grace to you and peace from God our Father.<sup>3</sup> We always thank God, the  
Father of our Lord Jesus Christ, when we pray for you,<sup>4</sup> since we heard of your  
faith in Christ Jesus and of the love that you have for all the saints,<sup>5</sup> because of  
the hope laid up for you in heaven. Of this you have heard before in the word  
of the truth, the gospel,<sup>6</sup> which has come to you, as indeed in the whole world  
it is bearing fruit and increasing—as it also does among you, since the day you  
heard it and understood the grace of God in truth,<sup>7</sup> just as you learned it from  
Epaphras our beloved fellow servant. He is a faithful minister of Christ on  
your behalf<sup>8</sup> and has made known to us your love in the Spirit.<sup>9</sup> And so, from  
the day we heard, we have not ceased to pray for you, asking that you may be  
filled with the knowledge of his will in all spiritual wisdom and understanding,  
<sup>10</sup> so as to walk in a manner worthy of the Lord, fully pleasing to him: bearing  
fruit in every good work and increasing in the knowledge of God;<sup>11</sup> being  
strengthened with all power, according to his glorious might, for all endurance  
and patience with joy;<sup>12</sup> giving thanks to the Father, who has qualified you to  
share in the inheritance of the saints in light.<sup>13</sup> He has delivered us from the  
domain of darkness and transferred us to the kingdom of his beloved Son,<sup>14</sup> in  
whom we have redemption, the forgiveness of sins.

*Reader:* The word of the Lord.

*People:* **Thanks be to God.**



Holy words long preserved  
For our walk in this world  
They resound with God's own heart  
O let the ancient words impart

Words of life words of hope  
Give us strength help us cope  
In this world where'er we roam  
Ancient words will guide us home

## THE HOLY GOSPEL

*Deacon:* The Holy Gospel of Our Lord Jesus Christ, according to St. Luke

*People:* **Glory to you, Lord Christ**

Luke 10:25-37

And behold, a lawyer stood up to put him to the test, saying, "Teacher, what shall I do to inherit eternal life?"<sup>26</sup> He said to him, "What is written in the Law? How do you read it?"<sup>27</sup> And he answered, "You shall love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind, and your neighbor as yourself."<sup>28</sup> And he said to him, "You have answered correctly; do this, and you will live."<sup>29</sup> But he, desiring to justify himself, said to Jesus, "And who is my neighbor?"<sup>30</sup> Jesus replied, "A man was going down from Jerusalem to Jericho, and he fell among robbers, who stripped him and beat him and departed, leaving him half dead."<sup>31</sup> Now by chance a priest was going down that road, and when he saw him he passed by on the other side.<sup>32</sup> So likewise a Levite, when he came to the place and saw him, passed by on the other side.<sup>33</sup> But a Samaritan, as he journeyed, came to where he was, and when he saw him, he had compassion.<sup>34</sup> He went to him and bound up his wounds, pouring on oil and wine. Then he set him on his

own animal and brought him to an inn and took care of him.<sup>35</sup> And the next day he took out two denarii and gave them to the innkeeper, saying, "Take care of him, and whatever more you spend, I will repay you when I come back."<sup>36</sup> Which of these three, do you think, proved to be a neighbor to the man who fell among the robbers?"<sup>37</sup> He said, "The one who showed him mercy." And Jesus said to him, "You go, and do likewise."

*Deacon:* The Gospel of the Lord.    *People:* **Praise to you, Lord Christ.**

**Holy words of our faith  
Handed down to this age  
Came to us through sacrifice  
O heed the faithful words of Christ**

**Ancient words ever true  
Changing me changing you  
We have come with open hearts  
O let the ancient words impart**

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Testimony: Mary Ellen Armbruster

## THE SERMON

Fr. Theron Walker

## THE NICENE CREED

Let us confess our faith in the words of the Nicene Creed:

*Celebrant and People*

**We believe in one God,**

**the Father, the Almighty,  
maker of heaven and earth,  
of all that is, visible and invisible.**

**We believe in one Lord, Jesus Christ,**

**the only-begotten Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made, of one Being with the Father;  
through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,**

**who proceeds from the Father [and the Son],  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one Baptism for the forgiveness of sins.**

**We look for the † resurrection of the dead,  
and the life of the world to come. Amen.**

## THE PRAYERS OF THE PEOPLE

*The deacon says,*

Let us pray for the Church and for the world.

*Reader* Almighty and everliving God, we are taught by your holy Word to offer prayers and supplications and to give thanks for all people. We humbly ask you mercifully to receive our prayers. Inspire continually the universal Church with the spirit of truth, unity, and concord; and grant that all who confess your holy Name may agree in the truth of your holy Word, and live in unity and godly love.

*Reader* Lord, in your mercy:     *People* **Hear our prayer.**

We pray that you will lead the nations of the world in the way of righteousness; and so guide and direct their leaders, especially (\_\_\_\_\_), that your people may enjoy the blessings of freedom and peace. Grant that our leaders may impartially administer justice, uphold integrity and truth, restrain wickedness and vice, and protect true religion and virtue.

*Reader* Lord, in your mercy:     *People* **Hear our prayer.**

Give grace, heavenly Father, to all Bishops, Priests, and Deacons, *and especially to your servant(s)* \_\_\_\_\_ that by their life and teaching, they may proclaim your true and life-giving Word, and rightly and duly administer your holy Sacraments. And to all your people give your heavenly grace, especially to this Congregation, (\_\_\_\_\_), those celebrating birthdays (\_\_\_\_\_), anniversaries (\_\_\_\_\_), in our diocese (\_\_\_\_\_) and in our community (\_\_\_\_); that with reverent and obedient hearts we may hear and receive your holy Word, and serve you in holiness and righteousness all the days of our lives.

*Reader* Lord, in your mercy:     *People* **Hear our prayer.**

Prosper, we pray, all those who proclaim the Gospel of your kingdom throughout the world, *especially* \_\_\_\_\_, and strengthen us to fulfill your great commission, making disciples of all nations, baptizing them and teaching them to obey all that you have commanded.

*Reader* Lord, in your mercy: *People* **Hear our prayer.**

For our brothers and sisters in Christ who are persecuted for their faith, especially in \_\_\_\_\_.

*Reader* Lord, in your mercy: *People* **Hear our prayer.**

For soldiers of this nation deployed to fight for the sake of righteousness and freedom, and for those who bear the wounds of combat: \_\_\_\_\_.

*Reader* Lord, in your mercy: *People* **Hear our prayer.**

We ask you in your goodness, O Lord, to comfort and sustain all who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity [especially \_\_\_\_\_].

*Reader* Lord, in your mercy: *People* **Hear our prayer.**

Almighty and Holy God, the author and sustainer of all life, in sorrow and repentance for the scourge of abortion and any practices which promote or hasten unnatural death, we appeal to Your mercy and love for the lives of all people and families; the born and unborn, wanted and unwanted, capable or limited, healthy or suffering; that Your perfect will be fulfilled and life ever be cherished as a gift from You, to the Glory of God, our Master, Redeemer, and Friend.

*Reader* Lord, in your mercy: *People* **Hear our prayer.**

We remember before you all your servants who have departed this life in your faith and fear, [especially \_\_\_\_\_,] that your will for them may be fulfilled; and we ask you to give us grace to follow the good examples of [\_\_\_\_\_, and] all your saints, that we may share with them in your heavenly kingdom.

*Reader* Lord, in your mercy: *People* **Hear our prayer.**

*The Deacon concludes with this or some other appropriate Collect.*

Heavenly Father, grant these our prayers for the sake of Jesus Christ, our only Mediator and Advocate, who lives and reigns with you in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

## THE CONFESSION AND ABSOLUTION OF SIN

*The Deacon or other person appointed says the following*

All who truly and earnestly repent of your sins, and seek to live in love and charity with your neighbors, and intend to lead the new life, following the commandments of God, and walking in his holy ways: draw near with faith and make your humble confession to Almighty God.

*Silence*

*The Deacon and People kneel as able and pray*

**Almighty God, Father of our Lord Jesus Christ,  
maker and judge of us all:**

**We acknowledge and lament our many sins and offenses,  
which we have committed by thought, word, and deed  
against your divine majesty,  
provoking most justly your righteous anger against us.**

**We are deeply sorry for these our transgressions;  
the burden of them is more than we can bear.**

**Have mercy upon us,**

**Have mercy upon us, most merciful Father;  
for your Son our Lord Jesus Christ's sake,  
forgive us all that is past;  
and grant that we may evermore serve  
and please you in newness of life,  
to the honor and glory of your Name;  
through Jesus Christ our Lord. Amen.**

*The Bishop or Priest stands and says*

Almighty God, our heavenly Father, who in his great mercy has promised forgiveness of sins to all those who sincerely repent and with true faith turn to him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

## THE COMFORTABLE WORDS

*The Deacon may then say one or more of the following sentences, first saying*

Hear the Word of God to all who truly turn to him.

Come to me, all who labor and are heavy laden, and I will give you rest.

MATTHEW 11:28

God so loved the world, that he gave his only-begotten Son, that whoever believes in him should not perish but have eternal life.

JOHN 3:16

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners.

1 TIMOTHY 1:15

If anyone sins, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins, and not for ours only, but also for the sins of the whole world.

1 JOHN 2:1-2

## THE PEACE

The peace of the Lord be always with you.

**And with your spirit.**

*Then the Ministers and People may greet one another in the Name of the Lord.*

## THE OFFERTORY

The deacon says a fitting passage of Scripture.

*The ushers present the bread and wine to the deacon. The ushers will pass the offertory baskets.*

# Offertory: Mary Ellen Armbruster

**J = 80** Am/C **1<sup>st</sup>** C/E Dm Am

Give thanks with a grate - ful heart, give thanks to the Ho - ly One; Give

**1** **2, 3**

5 B $\flat$  F/A F E $\flat$  Gm7/C C7 Am/C Gm7/C C7 C/B $\flat$

thanks be - cause He's giv - en Je - sus Christ, His Son. Give Son. And

**VERSE**

Am7 Dm7 C/D Dm7 Gm7 B $\flat$ /C C B $\flat$ /D C/E Fmaj7 Am/E

now let the weak say, "I am strong," let the poor say, "I am rich" be - cause of

**1** **2**

Dm7 C/D Dm7 E $\flat$  E $\flat$ /D Gm7/C C7 C/B $\flat$  Gm7/C C7 Am/C

15 *Last time to Coda*  $\Phi$  *D.S. al Coda*

what the Lord has done for us; And us. Give

**ENDING**

Gm7/C C7 B $\flat$ /C F Fmaj7

19  $\Phi$  *Coda*

us. Give thanks.

21 Gm7/F F



*When the altar is prepared, the ushers present the people's offering of money, with the children at 10:30, and we sing...*

*Priest.* Yours, O Lord, is the greatness, and the power, and the glory, and the victory, and the majesty: for everything in heaven and on earth is yours; yours is the Kingdom, O Lord, and you are exalted as Head above all. All things come from you, O Lord.

*People:* **And of your own, have we given you.**

1 CHRONICLES 29:11, 1

**Praise God from whom all blessings flow!  
Praise him all creatures here below.  
Praise him above ye heavenly host.  
Praise Father, Son and Holy Ghost! Amen**

## THE SURSUM CORDA

*The People remain standing. The Celebrant faces them and sings or says*

The Lord be with you.

*People* **And with your spirit.**

*Celebrant* Lift up your hearts.

*People* **We lift them up to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give him thanks and praise**

*The Celebrant continues*

It is right, our duty and our joy, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord, who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

# THE SANCTUS

**Holy Holy Holy Lord  
God of power and might  
Heaven and earth are  
Filled with Your glory  
Hosanna in the highest  
Blessed is He who comes  
In the name of the Lord  
Hosanna Hosanna Hosanna  
In the highest  
Hosanna Hosanna  
Hosanna in the highest  
(REPEAT)**

**Holy Holy Holy Lord**

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## THE PRAYER OF CONSECRATION

*The People kneel or stand. The Celebrant continues*

All praise and glory is yours, O God our heavenly Father, for in your tender mercy, you gave your only Son Jesus Christ to suffer death upon the Cross for our redemption. He made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and he instituted, and in his Holy Gospel commanded us to continue, a perpetual memory of his precious death and sacrifice, until his coming again.

So now, O merciful Father, in your great goodness, we ask you to bless and sanctify, † with your Word and Holy Spirit, these gifts of bread and wine, that we, receiving them according to your Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

On the night that he was betrayed, our Lord Jesus Christ took bread; and when he had given thanks, he broke it, and gave it to his disciples, saying, "Take, eat; this is my Body, which is given for you: Do this in remembrance of me." †

Likewise, after supper, Jesus took the cup, and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the forgiveness of sins: Whenever you drink it, do this in remembrance of me." †

Therefore, O Lord and heavenly Father, according to the institution of your dearly beloved Son our Savior Jesus Christ, we your humble servants celebrate and make here before your divine Majesty, with these holy gifts, the memorial your Son commanded us to make; remembering his blessed passion and precious death, his mighty resurrection and glorious ascension, and his promise to come again.

And we earnestly desire your fatherly goodness mercifully to accept this, our sacrifice of praise and thanksgiving; asking you to grant that, by the merits and death of your Son Jesus Christ, and through faith in his Blood, we and your whole Church may obtain forgiveness of our sins, and all other benefits of his passion.

And here we offer and present to you, † O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice. We humbly pray that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of your Son Jesus Christ, be filled with your grace and heavenly benediction, and be made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, because of our many sins, to offer you any sacrifice, yet we ask you to accept this duty and service we owe, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord.

By him, and with him, and in him, in the unity of the Holy Spirit, in the unity of the Holy Spirit, all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

## THE LORD'S PRAYER

And now as our savior Christ has taught us, we are bold to pray:

*Officiant and People*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And † lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

## THE FRACTION

*If the consecrated Bread was not broken earlier, the Celebrant breaks it now.*

*A period of silence is kept.*

*Celebrant* Alleluia! Christ our Passover Lamb has been sacrificed, once for all upon the Cross.

*People* **Therefore let us keep the feast. Alleluia!**

## THE PRAYER OF HUMBLE ACCESS

*Celebrant and People together may say*

**We do not presume to come to this your table, O merciful Lord,  
trusting in our own righteousness,  
but in your abundant and great mercies.**

**We are not worthy so much as to gather up  
the crumbs under your table;  
but you are the same Lord  
whose character is always to have mercy.**

**Grant us, therefore, gracious Lord,  
so to eat the flesh of your dear Son Jesus Christ,  
and to drink his blood,  
that our sinful bodies may be made clean by his body,  
and our souls washed through his most precious blood,  
and that we may evermore dwell in him, and he in us. Amen.**

## THE AGNUS DEI

**Lamb of God You take away  
The sin of all the world  
Have mercy on us**

**Lamb of God You take away  
The sin of all the world  
Have mercy on us**

**Lamb of God You take away  
The sin of the world  
Grant us grant us Your peace  
Grant us grant us Your peace**

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## THE MINISTRATION OF COMMUNION

*Facing the People, the Celebrant may say the following invitation*

The gifts of God for the people of God. [Take them in remembrance that Christ died for you and feed on him in your hearts by faith, with thanksgiving.]

*All baptized Christians, whether children presented to the Lord by their parents, or believers who have confessed with the lips and believe in their hearts Jesus is Lord are welcome to receive. If you are not yet baptized, or for some reason not prepared to receive today, it would be our pleasure to bless in the Lord's Name. Please come forward, cross your arms over your chest, and the priest will offer up a special prayer for you.*

*Take and eat the bread, then take and drink the wine. If you need gluten free bread, let the priest know. You may drink from the COMMON CUP, dip your bread in the common cup, or drink from a single serving cup.*

*Please come forward by row up the center to receive the Sacrament and return via the side aisles.*

*During communion, our prayer team is in the education room to offer prayer for you.*

1 Rock of a - ges, cleft for me, let me hide my - self in thee;  
 2 Should my tears for ev - er flow, should my zeal no lan - guor know,  
 3 While I draw this fleet-ing breath, when mine eye - lids close in death,

let the wa - ter and the blood from thy wound - ed side that flowed,  
 all for sin could not a - tone: thou must save, and thou a - lone;  
 when I rise to worlds un - known and be - hold thee on thy throne,

be of sin the dou - ble cure, cleanse me from its guilt and power.  
 in my hand no price I bring, sim - ply to thy cross I cling.  
 Rock of a - ges, cleft for me, let me hide my - self in thee.

Words: Augustus Montague Toplady (1740-1778), alt. Music: *Toplady*, Thomas Hastings (1784-1872).





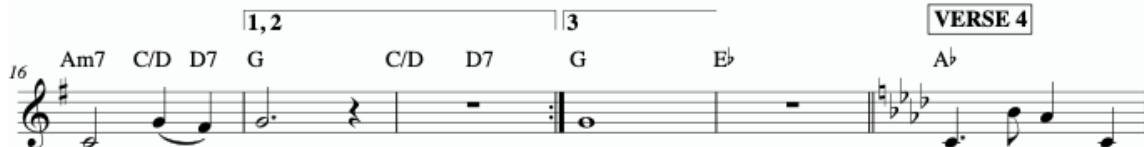
1. Rock of Ag - es,
2. Not the la - bors
3. Noth - ing in my



cleft for me, let me hide my - self in thee; let the wa - ter and the blood,  
 of my hands can ful - fill thy law's de - mands, could my zeal no res - pite know,  
 hand I bring, sim - ply to thy cross I cling; na - ked, come to thee for dress,



from thy wound - ed side which flowed, be of sin the dou - ble cure, cleanse me from its  
 could my tears for - ev - er flow, all for sin could not a - tone, thou must save and  
 help - less, look to thee for grace, foul, I to the foun - tain fly; wash me, Sav - ior,

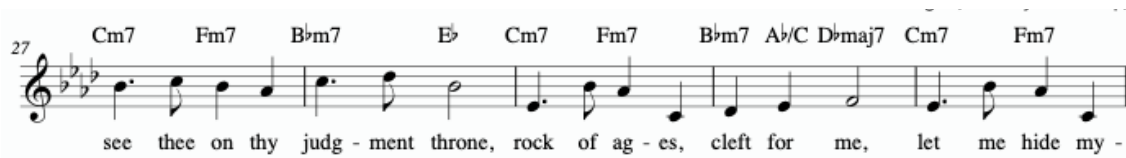


guilt and power. die. 4. While I draw this  
 thou a - lone.  
 or I \_\_\_\_\_



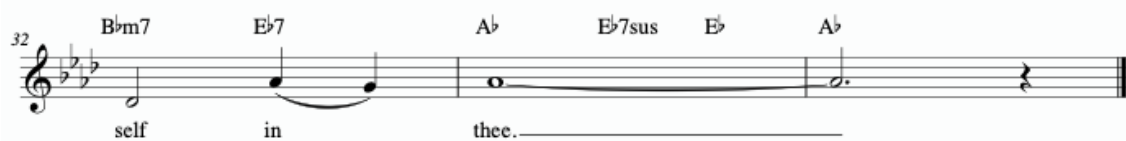
fleet - ing breath, when my eye - lids close in death, when I soar to worlds un - known,

27 Cm7 Fm7 Bbm7 Eb Cm7 Fm7 Bbm7 Ab/C Dbmaj7 Cm7 Fm7



see thee on thy judg - ment throne, rock of ag - es, cleft for me, let me hide my -

32 Bbm7 Eb7 Ab Eb7sus Eb Ab



self in thee.

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## THE POST COMMUNION PRAYER

*After Communion, the Celebrant says*

Let us pray.

*Celebrant and People together say the following,*

**Almighty and everliving God,  
we thank you for feeding us, in these holy mysteries,  
with the spiritual food of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us, through this Sacrament, of your favor and  
goodness towards us:  
that we are true members of the mystical body of your Son,  
the blessed company of all faithful people;  
and are also heirs, through hope, of your everlasting kingdom.  
And we humbly ask you, heavenly Father,  
to assist us with your grace,  
that we may continue in that holy fellowship,  
and do all the good works that you have prepared for us to walk in;  
through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit,  
be all honor and glory, now and for ever. Amen.**

*People accompany their first three responses with a sweep of the arm towards the cross above the holy table,  
and their final response with a sweep towards heaven. From the Book of Common Prayer of Kenya.*

<i>Minister</i>	All our problems,
<i>People</i>	<b>We send to the cross of Christ.</b>
<i>Minister</i>	All our sins.
<i>People</i>	<b>We send to the cross of Christ.</b>
<i>Minister</i>	All the devil's works.
<i>People</i>	<b>We send to the cross of Christ.</b>
<i>Minister</i>	All our hopes,
<i>People</i>	<b>We set on the risen Christ!</b>

## THE BLESSING

The Lord bless you and keep you  
The Lord make His face shine upon you  
And give you peace and give you peace  
And give you peace forever

The Lord be gracious to you  
The Lord turn His face towards you  
And give you peace and give you peace  
And give you peace forever

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## SERVING TODAY

	9:00
Lector	Mike M
Acolyte	Alice
Chalice (in training)	Susan H
Ushers	Miller
Prayer team	Harmony
Sound	Larry

## THIS WEEK

Sunday	9:00	Holy Eucharist
Wednesday	9:00	Holy Eucharist; 10:00 Class 11:15 Finance Meeting
Thursday	2:30	Prayer Group
Saturday 7/19	8:00	MESS

## Summer Schedule

August 21: Taste of Douglas County, Douglas County Fairgrounds/Sullivan Events Center

## Parish Council Highlights

### Average Sunday Attendance 98 vs. 94 in 2024

#### Treasurer's Report

Income	June		Year to Date	
	Budget	Actual	Budget	Actual
	\$35,877	\$55,916	\$197,835	\$229,018
Expenses	June		Year to Date	
	Budget	Actual	Budget	Actual
	\$31,047	\$33,203	\$196,350	\$200,414

#### Capital Campaign Update as of June 30, 2025

- Total Pledged: \$1,272,574.00 over 3 years
  - Year 1: \$601,974.00
  - Year 2: \$319,200.00
  - Year 3: \$351,400.00
- Total Given Since 2/1/2025: \$340,167.92
- Remaining Pledge for 2025: \$261,806.08
- Percentage of 2025 Pledges Fulfilled: 57%

Current Balance: \$639,304

Other items discussed included the monthly report from Idaho Springs, conversation about the status of the building project, and the Diocesan Policy for Safeguarding Children. We'll be reviewing that policy and providing feedback to the diocese. We are mostly in compliance.

The flood disaster in Texas was very much on our minds as a collective low. We decided to send about half, \$2,500, of our BENEVOLENCE FUND to the parish in diocese that was hit hard, Anglican Church of the Good Shepherd in San Angelo Texas. The church building was not impacted, but they are right there and will know how to use the money best to help. If you would like a trusted charity to give through, there's Anglican Relief and Development.

<https://ardf.org>

## MESS

The men of the MESS are embarking on a book study over the next few months beginning this Friday, 11 July. The book is entitled *Getting to Know the Church Fathers: An Evangelical Introduction; 2nd Edition*, by Bryan M. Litfin. We're looking forward to studying the lives and faith of early Christian leaders who continue to leave their mark of influence on Christianity today. Please come and join us on Friday mornings at 7:00am. Free food and coffee are provided, but only if you're hungry & thirsty! For questions, contact David Hoos, David Friesen, or Fr. Jim.

## **Escaping Enemy Mode Workshop**

Wednesday July 2, 9, 16

Now that we've had a retreat on Escaping Enemy Mode, have dug deeper into the ideas of Enemy Mode and how to escape it, we're going to use the Wednesday class time as a workshop. This won't be a time to talk about, but a time to practice crucial skills.

### **Twelve Skill Practices**

1. Self-Quieting: Breathing (box breathing, resistant exhaling).
2. Know where to land: If you don't know what having your relational circuits on feels like, you won't be able to get back there. Practice being "on" and noticing "off."
3. Avoid Toxic-Shame: Know the difference between healthy shame (focusing on what we did wrong trusting that with Emmanuel, we are loved and can change), and toxic-shame (brutal anger, recrimination. We will avoid toxic shame, or if we use it, it will take us down a deeper hole.
4. Write a description of my best-self:
5. Feed an attachment
6. Practice intentional compassion
7. Explain to others what I plan to do
8. Locate and enlist an encourager or coach
9. Practice discussions about finding the least harmful solution
10. Practice with someone you can get back to relational mode with easily.
11. Know your patterns.
12. Practice when you are rested and less stressed
13. Baker's Dozen: Write out how you'll respond without going into E.M.

### **Prayers and Praises**

Do you have a prayer request or praise report to share? We send out weekly email of prayer requests and praise reports called Prayers and Praises. Please send your prayer requests and praise reports to Nancy Erickson. Please support her in this ministry by giving her timely updates on your requests. [nancy@ericksonfamily.us](mailto:nancy@ericksonfamily.us)

## Anglicans for Life

The Emmaus Anglican Church's AFL chapter has been busy planning events for 2025. Please put in a "Save The Date" reminder for these upcoming events. Details will follow as we get closer:

### Alternatives Pregnancy Center's September Gala!

Tim Tebow, a leading voice for unborn children as well as former Bronco and Heisman Trophy winner, will be the guest speaker at the Alternatives Fundraising Gala on Sunday, 14 September at the Gaylord Rockies Resort and Convention Center. Tickets are \$200 pp or \$2,000/table if bought by 15 August, otherwise \$225 and \$2,250 if bought afterward. **We currently have THREE tables sponsored by our members. We'll be putting out a sign-up sheet soon!**

Additionally, the Golf Tournament the next day, Monday, 15 September, will be held at one of Denver's premier private courses, The Cherry Creek Country Club. The cost is \$300 pp or \$1,200/ foursome with again prices going up after 15 August.

You can buy tickets and get information at [https://secure.qgiv.com/for/2025alternativesgalagolf/?blm\\_aid=171955](https://secure.qgiv.com/for/2025alternativesgalagolf/?blm_aid=171955).

### There's an App for that!

We have added a calendar of events to the Emmaus app. You can also access past sermons, an online Bible, and the ability to 'give' online. If you don't have the app, you can find it on Google Play or Apple App Store. You'll recognize our App by "Colorado" and the familiar Jerusalem Cross.

You may also find the calendar of events on our website - [Emmausanglican.org](https://emmausanglican.org).

To give, cash and checks are always welcome. Another option is this code that will take you to the Emmaus website to a secure giving portal.

