

THE ORDER FOR THE ADMINISTRATION

OF

THE LORD'S SUPPER

or

HOLY COMMUNION,

COMMONLY CALLED

THE HOLY EUCHARIST

Anglican Standard Text

April 3, A.D. 2022

Fifth Sunday of Lent



Welcome!

Thanks for joining us for worship today. Our name, Emmaus, is taken from a place and event near Jerusalem on the afternoon of Easter. Jesus met up with two disciples fleeing the city, dejected. They didn't recognize him, so along the way, he explained the Old Testament to them—how it pointed to him. Then, they invited him into a house in the town of Emmaus. When he broke the bread at table, their eyes were opened, and they recognized him. Thinking back, they realized their hearts burned within them as he explained the Scriptures to them. That is our hope for each Sunday as we gather for worship—that we would encounter Jesus in Scripture and the breaking of bread.

Please leave your name, phone, and email at the guest register in the entryway or narthex. We will get back to you.

For young children, age three and under, feel free to use the nursery in the rear corner. It's hooked up with sound so a parent can hear what's happening in church.

Children age four and up are welcome in Children's Church during the 10:30 service. They go to C.C. after a children's sermon and return for communion with their family.

We serve Sacred Food and Drink here...please don't bring beverages or snacks into church during worship (kids excepted).

Please turn off your cell phones.

A deacon calls the people to prepare themselves for worship.

The people kneel and observe a time of silent prayer.

Preparatory Prayers for Individuals

Be present, be present, o Jesus, our High Priest, as you were present with your disciples, and be known to us in the breaking of bread; who live and reign, with the Father and the Holy Spirit, now and forever. Amen.

They may be said or sung.

Celebrant Lord have mercy upon us.

People **Christ have mercy upon us.**

Celebrant Lord have mercy upon us.



1 O love, how deep, how broad, how high, how pass - ing
2 For us bap - tized, for us he bore his ho - ly
3 For us he prayed; for us he taught; for us his
4 For us to wick - ed hands be - trayed, scourged, mocked, in
5 For us he rose from death a - gain; for us he
6 All glo - ry to our Lord and God for love so



1 thought and fan - ta - sy, that God, the Son of
2 fast and hun - gered sore; for us temp - ta - tions
3 dai - ly works he wrought: by words and signs and
4 pur - ple robe ar - rayed, he bore the shame - ful
5 went on high to reign; for us he sent his
6 deep, so high, so broad; the Trin - i - ty whom



1 God, should take our mor - tal form for mor - tals' sake.
2 sharp he knew; for us the tempt - er ov - er - threw.
3 ac - tions, thus still seek - ing not him - self, but us.
4 cross and death; for us gave up his dy - ing breath.
5 Spi - rit here to guide, to strength - en, and to cheer.
6 we a - dore for ev - er and for ev - er - more.

Words: Latin, 15th cent.; tr. Benjamin Webb (1819-1885), alt. Music: *Deus totorum milium*, from *Antiphona*, 1753; adapt. *The English Hymnal*, 1906, alt.;
harm. after Basil Harwood (1859-1949)

THE ACCLAMATION

for Lent

Celebrant Bless the Lord who forgives all our sins.

People **His mercy endures for ever.**

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

THE DECALOGUE

Deacon God spoke these words and said:

I am the Lord your God. You shall have no other gods but me.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Deacon You shall not make for yourself any idol.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Deacon You shall not take the Name of the Lord your God in vain.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Deacon Remember the Sabbath day and keep it holy.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Deacon Honor your father and your mother.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Deacon You shall not murder.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Deacon You shall not commit adultery.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Deacon You shall not steal.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Deacon You shall not bear false witness against your neighbor.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Deacon You shall not covet.

People **Lord, have mercy upon us, and write all these,
your laws, in our hearts, we beseech you.**

EXODUS 20:1-17; DEUTERONOMY 5:6-21

The musical score is written in G major (one sharp) and 4/4 time. It consists of five staves of music with lyrics underneath. The lyrics are: "Lord, have mer - cy up - on us. Lord, have mer - cy up - on us. Lord, have mer - cy up - on us. Christ, have mer - cy up - on us. Christ, have mer - cy up - on us. Christ, have mer - cy up - on us. Lord, have mer - cy up - on us. Lord, have mer - cy up - on us. Lord, have mer - cy up - on us. Lord, have mer - cy up - on us." The music features a simple melody with some phrasing slurs and a repeat sign in the fourth staff.

THE COLLECT OF THE DAY

The Celebrant says to the People

The Lord be with you.

People **And with your spirit.**

Officiant Let us pray.

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of this world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

CHILDREN'S SERMON

Children are invited forward for a special sermon. Children age three through fourth grade are invited to children's church. They return at the peace to join their families for communion.

“We Must Follow the Lord”

(1978, Fiona Watson)

**We must follow the Lord in all His ways,
Today and every single day;
We must show Him that we love Him,
Our Saviour and our King.**

Old Testament Reading

Isaiah 43:16-21

Thus says the LORD, who makes a way in the sea, a path in the mighty waters,
17 who brings forth chariot and horse, army, and warrior; they lie down, they
cannot rise, they are extinguished, quenched like a wick: 18 “Remember not the
former things, nor consider the things of old. 19 Behold, I am doing a new thing;
now it springs forth, do you not perceive it? I will make a way in the wilderness
and rivers in the desert. 20 The wild beasts will honor me, the jackals, and the
ostriches, for I give water in the wilderness, rivers in the desert, to give drink
to my chosen people, 21 the people whom I formed for myself that they might
declare my praise.”

Reader: The word of the Lord. *People:* **Thanks be to God.**

Psalm 126

- 1 When the LORD overturned the captivity of Zion,
* then were we like those who dream.
- 2 Then was our mouth filled with laughter
* and our tongue with shouts of joy.
- 3 Then they said among the nations,
* “The LORD has done great things for them.”
- 4 Indeed, the LORD has done great things for us already,
* whereof we rejoice.
- 5 Overturn our captivity, O LORD,
* as when streams refresh the deserts of the south.
- 6 Those who sow in tears * shall reap with songs of joy.
- 7 He who goes on his way weeping and bears good seed
* shall doubtless come again with joy, and bring his sheaves with him.

**Glory be to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now, and ever shall be,
world without end. Amen.**

Epistle Reading

Philippians 3:7-16

But whatever gain I had, I counted as loss for the sake of Christ. ⁸ Indeed, I count everything as loss because of the surpassing worth of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things and count them as rubbish, in order that I may gain Christ ⁹ and be found in him, not having a righteousness of my own that comes from the law, but that which comes through faith in Christ, the righteousness from God that depends on faith— ¹⁰ that I may know him and the power of his resurrection, and may share his sufferings, becoming like him in his death, ¹¹ that by any means possible I may attain the resurrection from the dead. ¹² Not that I have already obtained this or am already perfect, but I press on to make it my own, because Christ Jesus has made me his own. ¹³ Brothers, I do not consider that I have made it my own. But one thing I do: forgetting what lies behind and straining forward to what lies ahead, ¹⁴ I press on toward the goal for the prize of the upward call of God in Christ Jesus. ¹⁵ Let those of us who are mature think this way, and if in anything you think otherwise, God will reveal that also to you. ¹⁶ Only let us hold true to what we have attained.

Reader: The word of the Lord. *People:* **Thanks be to God.**

Speak O Lord as we come to You
To receive the food of Your holy word
Take Your truth plant it deep in us
Shape and fashion us in Your likeness

THE HOLY GOSPEL

Deacon: The Holy Gospel of Our Lord Jesus Christ, according to St. Luke.

People: **Glory to you, Lord Christ.**

Luke 20:9-19

And he began to tell the people this parable: “A man planted a vineyard and let it out to tenants and went into another country for a long while. ¹⁰ When the time came, he sent a servant to the tenants, so that they would give him some of the fruit of the vineyard. But the tenants beat him and sent him away empty-handed. ¹¹ And he sent another servant. But they also beat and treated him shamefully and sent him away empty-handed. ¹² And he sent yet a third. This one also they wounded and cast out. ¹³ Then the owner of the vineyard said, ‘What shall I do? I will send my beloved son; perhaps they will respect him.’ ¹⁴ But when the tenants saw him, they said to themselves, ‘This is the heir. Let us kill him, so that the inheritance may be ours.’ ¹⁵ And they threw him out of the vineyard and killed him. What then will the owner of the vineyard do to them? ¹⁶ He will come and destroy those tenants and give the vineyard to others.” When they heard this, they said, “Surely not!” ¹⁷ But he looked directly at them and said, “What then is this that is written: “‘The stone that the builders rejected has become the cornerstone’? ¹⁸ Everyone who falls on that stone will be broken to pieces, and

when it falls on anyone, it will crush him.”¹⁹ The scribes and the chief priests sought to lay hands on him at that very hour, for they perceived that he had told this parable against them, but they feared the people.

Deacon: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

**That the light of Christ might be seen today
In our acts of love and our deeds of faith
Speak O Lord and fulfill in us
All Your purposes for Your glory**

THE SERMON

Fr. Charles Johnsen

THE NICENE CREED

Let us confess our faith in the words of the Nicene Creed:

Celebrant and People

**We believe in one God, the Father,
the Almighty, maker of heaven and earth,
of all that is, visible and invisible.**

**We believe in one Lord, Jesus Christ,
the only-begotten Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made, of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;
He ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father [and the Son],
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one Baptism for the forgiveness of sins.

**We look for the † resurrection of the dead,
and the life of the world to come. Amen.**

THE PRAYERS OF THE PEOPLE

The deacon says,

Let us pray for the church and for the world.

Reader Almighty and everliving God, we are taught by your holy Word to offer prayers and supplications and to give thanks for all people. We humbly ask you mercifully to receive our prayers. Inspire continually the universal Church with the spirit of truth, unity, and concord; and grant that all who confess your holy Name may agree in the truth of your holy Word and live in unity and godly love.

Reader: Lord, in your mercy: *People:* **Hear our prayer.**

We pray that you will lead the nations of the world in the way of righteousness; and so, guide and direct their leaders, especially (_____), that your people may enjoy the blessings of freedom and peace. Grant that our leaders may impartially administer justice, uphold integrity and truth, restrain wickedness, and vice, and protect true religion and virtue.

Reader: Lord, in your mercy: *People:* **Hear our prayer.**

Give grace, heavenly Father, to all Bishops, Priests, and Deacons, *and especially to your servant(s)* _____ that by their life and teaching, they may proclaim your true and life-giving Word, and rightly and duly administer your holy Sacraments. And to all your people give your heavenly grace, especially to this Congregation, (_____), those celebrating birthdays (_____), anniversaries (_____), in our diocese (_____) and in our community (____); that with reverent and obedient hearts we may hear and receive your holy Word, and serve you in holiness and righteousness all the days of our lives.

Reader: Lord, in your mercy: *People:* **Hear our prayer.**

Prosper, we pray, all those who proclaim the Gospel of your kingdom throughout the world, *especially* _____, and strengthen us to fulfill your great commission, making disciples of all nations, baptizing them, and teaching them to obey all that you have commanded.

Reader: Lord, in your mercy: *People:* **Hear our prayer.**

For our brothers and sisters in Christ who are persecuted for their faith, especially in _____.

Reader: Lord, in your mercy: *People:* **Hear our prayer.**

For soldiers of this nation deployed to fight for the sake of righteousness and freedom, and for those who bear the wounds of combat: _____.

Reader: Lord, in your mercy: *People:* **Hear our prayer.**

We ask you in your goodness, O Lord, to comfort and sustain all who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity [especially _____].

Reader: Lord, in your mercy: *People:* **Hear our prayer.**

We remember before you all your servants who have departed this life in your faith and fear, [especially _____,] that your will for them may be fulfilled; and we ask you to give us grace to follow the good examples of [_____, and] all your saints, that we may share with them in your heavenly kingdom.

Reader: Lord, in your mercy: *People:* **Hear our prayer.**

The Deacon concludes with this or some other appropriate Collect.

Heavenly Father, grant these our prayers for the sake of Jesus Christ, our only Mediator and Advocate, who lives and reigns with you in the unity of the Holy Spirit, one God, now and forever. **Amen.**

THE CONFESSION AND ABSOLUTION OF SIN

The Deacon or other person appointed says the following

All who truly and earnestly repent of your sins and seek to live in love and charity with your neighbors, and intend to lead the new life, following the commandments of God, and walking in his holy ways: draw near with faith and make your humble confession to Almighty God.

Silence

The Deacon and People kneel as able and pray

**Almighty God, Father of our Lord Jesus Christ,
maker and judge of us all:**

**We acknowledge and lament our many sins and offenses,
which we have committed by thought, word, and deed against
your divine majesty,
provoking most justly your righteous anger against us.**

**We are deeply sorry for these our transgressions;
the burden of them is more than we can bear.**

Have mercy upon us,

**Have mercy upon us, most merciful Father;
for your Son our Lord Jesus Christ's sake,
forgive us all that is past;
and grant that we may evermore serve
and please you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.**

The Bishop or Priest stands and says

Almighty God, our heavenly Father, who in his great mercy has promised forgiveness of sins to all those who sincerely repent and with true faith turn to him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

THE COMFORTABLE WORDS

The Celebrant may then say one or more of the following sentences, first saying

Hear the Word of God to all who truly turn to him.

Come to me, all who labor and are heavy laden, and I will give you rest.

MATTHEW 11:28

God so loved the world, that he gave his only-begotten Son, that whoever believes in him should not perish but have eternal life. JOHN 3:16

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners. 1 TIMOTHY 1:15

If anyone sins, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins, and not for ours only, but also for the sins of the whole world. 1 JOHN 2:1-2

THE PEACE

The peace of the Lord be always with you.

And with your spirit.

Then the Ministers and People may greet one another in the Name of the Lord.

THE OFFERTORY

Ascribe unto the LORD the honor due unto his Name; * bring offerings and come into his courts. Psalm 96:8.

Please leave your offering in the basket at the table in the narthex (entryway). The ushers present the bread and wine to the deacon.

1 Lord, who through-out these for - ty days for us didst fast and pray,
2 As thou with Sa - tan didst con - tend, and didst the vic - tory win,
3 As thou didst hun - ger bear and thirst, so teach us, gra - cious Lord,
4 And through these days of pen - i - tence, and through thy Pas - sion - tide,
5 A - bide with us, that so, this life of suf - fer - ing o - ver - past,

1 teach us with thee to mourn our sins, and close by thee to stay,
2 O give us strength in thee to fight, in thee to con - quer sin.
3 to die to self, and chief - ly live by thy most ho - ly word.
4 yea, ev - er - more, in life and death, Je - sus! with us a - bide,
5 an Eas - ter of un - end - ing joy we may at - tain at last!

Words: Claudia Frances Herрман (1838-1898) Music: St. Flavian, melody from *Dey's Psalter*, 1562; adapt. and harm. Richard Redhead (1820-1901)

When the altar is prepared the ushers present the people's offering of money, with the children at 10:30, and we sing...

**Glory to the Father
Glory to the Son
Glory to the Holy Ghost
World without end
World without end**

CCLI Song # 599682 Kemper Crabb CCLI License # 11021826

Priest. All things come from you O Lord.

People: **And of your own, have we given you.**

THE SURSUM CORDA

The People remain standing. The Celebrant faces them and sings or says

The Lord be with you.

People **And with your spirit.**

Celebrant Lift up your hearts.

People **We lift them up to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

The Celebrant continues

It is right, our duty and our joy, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. You bid your faithful people cleanse their hearts and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you. Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

Ho - ly, ho - ly, ho - ly, Lord God of

Hosts: Hea - ven and earth are full of thy glo - ry. Glo -

- ry be to thee, O Lord Most High. Bless - ed is he that com - eth

— in the name of the Lord. Ho - san - na in the high - est.

THE PRAYER OF CONSECRATION

The People kneel or stand. The Celebrant continues

All praise and glory is yours, O God our heavenly Father, for in your tender mercy, you gave your only Son Jesus Christ to suffer death upon the Cross for our redemption. He made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and he instituted, and in his Holy Gospel commanded us to continue, a perpetual memory of his precious death and sacrifice, until his coming again.

So now, O merciful Father, in your great goodness, we ask you to bless and sanctify, † with your Word and Holy Spirit, these gifts of bread and wine, that we, receiving them according to your Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

On the night that he was betrayed, our Lord Jesus Christ took bread; and when he had given thanks, he broke it, and gave it to his disciples, saying, “Take, eat; this is my Body, which is given for you: Do this in remembrance of me.” †

Likewise, after supper, Jesus took the cup, and when he had given thanks, he gave it to them, saying, “Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the forgiveness of sins: Whenever you drink it, do this in remembrance of me.” †

Therefore, O Lord and heavenly Father, according to the institution of your dearly beloved Son our Savior Jesus Christ, we your humble servants celebrate and make here before your divine Majesty, with these holy gifts, the memorial your Son commanded us to make; remembering his blessed passion and precious death, his mighty resurrection and glorious ascension, and his promise to come again.

And we earnestly desire your fatherly goodness mercifully to accept this, our sacrifice of praise and thanksgiving; asking you to grant that, by the merits and death of your Son Jesus Christ, and through faith in his Blood, we and your whole Church may obtain forgiveness of our sins, and all other benefits of his passion.

And here we offer and present to you, † O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice. We humbly pray that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of your Son Jesus Christ, be filled with your grace and heavenly benediction, and be made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, because of our many sins, to offer you any sacrifice, yet we ask you to accept this duty and service we owe, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord.

By him, and with him, and in him, in the unity of the Holy Spirit, all honor and glory is yours, Almighty Father, now and forever. **Amen.**

THE LORD'S PRAYER

And now as our savior Christ has taught us, we are bold to pray:

Officiant and People

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And † lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

THE FRACTION

If the consecrated Bread was not broken earlier, the Celebrant breaks it now.

A period of silence is kept.

Celebrant Christ our Passover Lamb has been sacrificed, once for all upon the Cross.

People **Therefore let us keep the feast.**

THE PRAYER OF HUMBLE ACCESS

Celebrant and People together may say

We do not presume to come to this your table, O merciful Lord, trusting in our own righteousness, but in your abundant and great mercies.

Apart from your grace, we are not worthy so much as to gather up the crumbs under your table; but you are the same Lord whose character is always to have mercy.

Grant us, therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

O Lamb of God, that ta - kest a -
 way the sins of the world, have mer - cy up -
 on us. O Lamb of God, that
 ta - kest a - way the sins of the world, have
 mer - cy up - on us. O Lamb of
 God, that ta - kest a - way the sins of the
 world, grant us thy peace.

THE MINISTRATION OF COMMUNION

Facing the People, the Celebrant may say the following invitation

The gifts of God for the people of God. [Take them in remembrance that Christ died for you and feed on him in your hearts by faith, with thanksgiving.]

Please come forward by row up the center to receive the Sacrament. All baptized Christians are welcome. Take and eat the bread, then take and drink the wine. The cups will be cleaned reverently as they held the blood of Christ.

If you are not baptized, it would be our pleasure to bless in the Lord's Name. Please come forward, cross your arms over your chest, and the priest will offer up a special prayer for you. If you need gluten free bread, let the priest know.

THE ACT OF SPIRITUAL COMMUNION

For those who cannot receive the Sacrament this day.

Be Not Afraid

Verse 1

**You shall cross the barren desert, but you shall not die of thirst.
You shall wander far in safety though you do not know the way.
You shall speak your words in foreign lands and all will understand.
You shall see the face of God and live.**

Refrain

***Be not afraid. I go before you always.
Come, follow me, and I will give you rest.***

Verse 2

**If you pass through raging waters in the sea, you shall not drown,
If you walk amid the burning flames, you shall not be harmed.
If you stand before the pow'r of hell and death is at your side,
know that I am with you through it all.**

Refrain

Verse 3

**Blessed are your poor, for the kingdom shall be theirs.
Blest are you that weep and mourn, for one day you shall laugh.
And if wicked men insult and hate you all because of me,
blessed, blessed are you!**

Refrain

THE POST COMMUNION PRAYER

After Communion, the Celebrant says

Let us pray.

Celebrant and People together say the following,

**Almighty and everliving God,
we thank you for feeding us, in these holy mysteries,
with the spiritual food of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us, through this Sacrament, of your favor
and goodness towards us:
that we are true members of the mystical body of your Son,
he blessed company of all faithful people;
and are also heirs, through hope, of your everlasting kingdom.
And we humbly ask you, heavenly Father,
to assist us with your grace,
that we may continue in that holy fellowship,
and do all the good works that you have prepared for us to walk
in; through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be all honor and glory, now and forever. Amen.**

People accompany their first three responses with a sweep of the arm towards the cross above the holy table, and their final response with a sweep towards heaven. From the Book of Common Prayer of Kenya.

Minister All our problems,
People **We send to the cross of Christ.**
Minister All our difficulties.
People **We send to the cross of Christ.**
Minister All the devil's works.
People **We send to the cross of Christ.**
Minister All our hopes,
People **We set on the risen Christ!**

THE BLESSING

The Priest gives the blessing.

1 Lead us, heaven - ly Fa - ther, lead us o'er the world's tem -
 2 Sa - vior, breathe for - give - ness o'er us; all our weak - ness
 3 Spi - rit of our God, de - scend - ing, fill our hearts with

pes - tuous sea; guard us, guide us, keep us, feed us,
 thou dost know; thou didst tread this earth be - fore us;
 heaven - ly joy; love with ev - ery pas - sion blend - ing,

for we have no help but thee, yet pos - ses - sing
 thou didst feel its keen - est woe; yet un - fear - ing,
 plea - sure that can nev - er cloy; thus pro - vid - ed,

ev - ery bless - ing, if our God our Fa - ther be,
 per - se - ver - ing, to thy pas - sion thou didst go,
 par - doned, guid - ed, noth - ing can our peace des - troy.

Words: James Edmeston (1791-1867), sb. Music: *Dulce carmen*, melody from *An Essay on the Church Plate Chant*, 1782; adapt. *Collection of Motets or Anthems*, ca. 1840; harm. William Henry Monk (1823-1889)

SERVING TODAY

	8:00	10:30
Lector	Dave N.	Susanne
Acolyte	Kelsey	Art
Chalice		Patricia
Jr Acolyte		Sam
Ushers	Thompson	Tom/Dave
Children's Church		Cat
Nursery		Emily
Prayer team	Denise	Ben
Flowers:	None during Lent. The picture in the niche was painted by Laurie Gough in high school.	

THIS WEEK

Sunday:	8:00 & 10:30 Holy Eucharist; 9:30 Class, Choir, 12:25 Bells 5:00 Youth Group
Wednesday:	9:00 am Eucharist, 10:00 Class
Saturday:	Rehearsals!

EMMAUS' NEW WEB SITE AND APP

The Website: It's still at Emmausanglican.org. The website has up to date service information, an introduction to the parish, our clergy, past sermons and more. It includes **On-line giving**. If you're happy with your current giving method, no need to change.

The APP: Emmaus Anglican (Colorado) is available at the Google Play Store or the Apple App Store. There is a few "Emmaus Anglicans" out there. You'll recognize ours by "Colorado" and the familiar Jerusalem Cross. You can use the app to watch or listen to past sermons, get the calendar, message between members, and give. On the bottom of the screen will be a Giving

Icon; tap that and enter a \$1 donation (you do not have to complete the donation). Next, set up your account with a name, email address and password. You can then back out of the app or go back to the home screen. If you wish to donate or set up a recurring gift, you can do so right away.

LENTEN STUDY
On The 10 Commandments
A Catechesis on the Decalogue
By Joshua Nelson

As Christians living in the modern and New Testament world, why should we learn the Ten Commandments?

The Ten Commandments are not just a list of rules from a by-gone era. They were, to Israel, and still are, to the Church, an intimate connection to mankind to protect, purify, perfect, and purpose His people.

These simple ten commands are for you. These instructions let us look at how God first connected to his people through written word and continues to connect to us today.

Sundays: 9:30-10:15 with Joshua Nelson

Wednesdays 10:00-11:00 w/Fr. Theron Walker

Pick up your copy on the First Sunday of Lent.

Week 1: Sunday March 6 & Wed. 9th

Week 2: Sunday 13th & Wed. 16th

Week 3: Sunday 20th & Wed. 23

Week 4: Sunday 27th & Wed. 30th

Week 5: Sunday April 3 & Wed. 6th

Palm Sunday: No class.

KENYA ALMSGIVING/OUTREACH

One of the great spiritual practices and disciplines of LENT is almsgiving. This is godly generosity that goes beyond our normal tithes. Join in with us as we seek to share our abundance with Anglican believers in western Kenya, supporting their efforts of evangelism and development. Pick up a brochure to learn more. Fill out a pledge card and give with cash, check, or online with our app or website.

HOLY WEEK SERVERS

If you serve as an acolyte, chalice bearer, of lector, please let Larry Renton know any services you cannot serve, or one's you'd like to serve. emmausadmin@icloud.com

EASTER LILIES

Parishioners are invited to bring Lilies to church on Easter Day, or the Saturday before at 9:00. Please sign up and if you'd like to give them in memory or thanks for a loved one, indicate that on the sign-up sheet.

ISRAEL PILGRIMAGE 2023

Emmaus is in the beginning stages of planning a pilgrimage to Israel in October of 2023. If you are interested in attending, please send an "I'm/we're interested" email to trwalker@mac.com.

HOLY WEEK AND EASTER!

Saturday, April 9:

Choir Practice 9:00-11:00
Liturgy Practice 11:00-12:00
Lunch provided by Emmaus
Liturgical Training 12:30-1:30

Palm Sunday, April: 10: 8:00 am and 10:30

No Wednesday Communion or class

Maundy Thursday, April 14: 7:00 pm

Good Friday, April 15: Noon—Stations of the Cross
7:00 Liturgy of the Cross

Saturday, April 16: 9:00 am: Set Up for Easter

Easter Sunday—The Feast of the Resurrection of our Lord

6:30 The Great Vigil
8:00 Holy Eucharist
10:30 Holy Eucharist