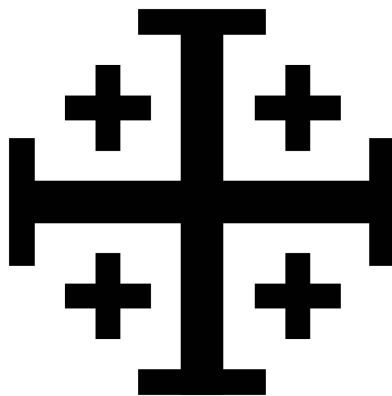


THE ORDER FOR THE ADMINISTRATION  
OF  
THE LORD'S SUPPER  
*or*  
HOLY COMMUNION,  
COMMONLY CALLED  
THE HOLY EUCHARIST

*Anglican Standard Text*

March 12, A.D. 2023

Third Sunday in Lent



## Welcome!

Thanks for joining us for worship today. Our name, Emmaus, is taken from a place and event near Jerusalem on the afternoon of Easter. Jesus met up with two disciples fleeing the city, dejected. They didn't recognize him, so along the way, he explained the Old Testament to them—how it pointed to him. Then, they invited him in to a house in the town of Emmaus. When he broke the bread at table, their eyes were opened and they recognized him. Thinking back, they realized their hearts burned within them as he explained the Scriptures to them. That is our hope for each Sunday as we gather for worship—that we would encounter Jesus in Scripture and the breaking of bread.

Please leave your name, phone, and email at the guest register in the entryway or narthex. We will get back to you.

For young children, age three and under, feel free to use the nursery in the rear corner. It's hooked up with sound so a parent can hear what's happening in church.

Children age four and up are welcome in Children's Church during the 10:30 service. They go to C.C. after a children's sermon and return for communion with their family.

We serve Sacred Food and Drink here...please don't bring beverages or snacks into church during worship (kids excepted).

*Please turn off your cell phones.*

*A deacon calls the people to prepare themselves for worship.*

*The people kneel, and observe a time of silent prayer.*

### **Preparatory Prayers for Individuals**

Be present, be present, o Jesus, our High Priest, as you were present with your disciples, and be known to us in the breaking of bread; who live and reign, with the Father and the Holy Spirit, now and forever. Amen.

*They may be said or sung.*

*Celebrant*      Lord have mercy upon us.

*People*          **Christ have mercy upon us.**

*Celebrant*      Lord have mercy upon us.

1 O bless the Lord, my soul! His grace to thee pro - claim!  
 2 O bless the Lord, my soul! His mer - cies bear in mind!  
 3 He will not al - ways chide; he will with pa - tience wait;  
 4 He par - dons all thy sins, pro - longs thy fee - ble breath;  
 5 He clothes thee with his love, up - holds thee with his truth;

6 Then bless his holy Name,  
 whose grace hath made thee whole,  
 whose loving-kindness crowns thy days:  
 O bless the Lord, my soul!

Words: James Montgomery (1771-1854); para. of Psalm 103. Music: *St. Thomas* (Williams), melody Aaron Williams (1731-1776); harm. Lowell Mason (1792-1872).

## THE ACCLAMATION

*Celebrant*

Bless the Lord who forgives all our sins.

*People*

**His mercy endures for ever. Amen.**

## THE COLLECT FOR PURITY

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

## THE SUMMARY OF THE LAW

Hear what our Lord Jesus Christ says:

You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and great commandment. And the second is like it: You shall love your neighbor as yourself. On these two commandments depend all the Law and the Prophets.

MATTHEW 22:37-40

Slowly

JOHN MICHAEL TALBOT

Am Am/G F G Am Am/G

Lord, \_\_\_\_\_ have mer - cy. Lord, \_\_\_\_\_ have

F G Am Am/G F E

mer - cy. Lord, \_\_\_\_\_ have mer - cy.

F G A(sus) A F G A(sus) A

Christ, \_\_\_\_\_ have mer - cy. Christ, \_\_\_\_\_ have mer - cy.

F G E Am E Am Am/G

Christ, \_\_\_\_\_ have mer - cy. \_\_\_\_\_ Lord, \_\_\_\_\_ have

F G Am Am/G F G (no 3rd) Am

mer - cy. Lord, \_\_\_\_\_ have mer - cy. Have mer - cy.

eCopyright 1985 Birdwing Music  
All Rights Reserved International Copyright Secured

## THE COLLECT OF THE DAY

*The Celebrant says to the People*

The Lord be with you.

*People*     **And with your spirit.**

*Officiant*   Let us pray.

Heavenly Father, you have made us for yourself, and our hearts are restless until they rest in you: Look with compassion upon the heartfelt desires of your servants, and purify our disordered affections, that we may behold your eternal glory in the face of Christ Jesus; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## CHILDREN'S SERMON

*Children are invited forward for a special sermon. Children age three through fourth grade are invited to children's church. They return at the peace to join their families for communion.*

### Books of the Old Testament (first 24 books)

Genesis, Exodus, Leviticus, Numbers,  
Deuteronomy, Joshua, Judges, Ruth  
1st & 2nd Samuel, 1st & 2nd Kings  
1st & 2nd Chronicles, Ezra, Nehemiah  
Esther, Job, Psalms, Proverbs  
Ecclesiastes, Song of Solomon  
Isaiah, Jeremiah

## Old Testament Reading

### Exodus 17:1-7

All the congregation of the people of Israel moved on from the wilderness of Sin by stages, according to the commandment of the LORD, and camped at Rephidim, but there was no water for the people to drink. <sup>2</sup> Therefore the people quarreled with Moses and said, “Give us water to drink.” And Moses said to them, “Why do you quarrel with me? Why do you test the LORD?” <sup>3</sup> But the people thirsted there for water, and the people grumbled against Moses and said, “Why did you bring us up out of Egypt, to kill us and our children and our livestock with thirst?” <sup>4</sup> So Moses cried to the LORD, “What shall I do with this people? They are almost ready to stone me.” <sup>5</sup> And the LORD said to Moses, “Pass on before the people, taking with you some of the elders of Israel, and take in your hand the staff with which you struck the Nile, and go. <sup>6</sup> Behold, I will stand before you there on the rock at Horeb, and you shall strike the rock, and water shall come out of it, and the people will drink.” And Moses did so, in the sight of the elders of Israel. <sup>7</sup> And he called the name of the place Massah and Meribah, because of the quarreling of the people of Israel, and because they tested the LORD by saying, “Is the LORD among us or not?”

*Reader:* The word of the Lord.    *People:* **Thanks be to God.**

### Psalm 95

- <sup>1</sup> O come, let us sing unto the LORD; \*  
let us heartily rejoice in the strength of our salvation.
- <sup>2</sup> Let us come before his presence with thanksgiving \*  
and show ourselves glad in him with psalms.
- <sup>3</sup> For the LORD is a great God \*  
and a great King above all gods.

<sup>4</sup> In his hand are all the depths of the earth, \*  
and the heights of the hills are his also.

<sup>5</sup> The sea is his, for he made it, \*  
and his hands prepared the dry land.

<sup>6</sup> O come, let us worship and fall down, \*  
and kneel before the LORD our Maker.

<sup>7</sup> For he is our God, \*  
and we are the people of his pasture, and the sheep of his hand.

<sup>8</sup> Today, if you will hear his voice, harden not your hearts \*  
as in the provocation, and as in the day of temptation in the wilderness.

<sup>9</sup> When your fathers tested me, \*  
and put me to the proof, though they had seen my works.

<sup>10</sup> Forty years long was I grieved with this generation and said, \*  
“It is a people that err in their hearts, for they have not known my ways.”

<sup>11</sup> Of whom I swore in my wrath \*  
that they should not enter into my rest.

**Glory be to the Father, and to the Son,  
and to the Holy Spirit;  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen**

## Epistle Reading

Romans 1:16-32

For I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes, to the Jew first and also to the Greek. <sup>17</sup> For in it the righteousness of God is revealed from faith for faith, as it is written, “The righteous shall live by faith.” <sup>18</sup> For the wrath of God is revealed from heaven against all ungodliness and



unrighteousness of men, who by their unrighteousness suppress the truth. <sup>19</sup> For what can be known about God is plain to them, because God has shown it to them. <sup>20</sup> For his invisible attributes, namely, his eternal power and divine nature, have been clearly perceived, ever since the creation of the world, in the things that have been made. So they are without excuse. <sup>21</sup> For although they knew God, they did not honor him as God or give thanks to him, but they became futile in their thinking, and their foolish hearts were darkened. <sup>22</sup> Claiming to be wise, they became fools, <sup>23</sup> and exchanged the glory of the immortal God for images resembling mortal man and birds and animals and creeping things. <sup>24</sup> Therefore God gave them up in the lusts of their hearts to impurity, to the dishonoring of their bodies among themselves, <sup>25</sup> because they exchanged the truth about God for a lie and worshiped and served the creature rather than the Creator, who is blessed forever! Amen.

<sup>26</sup> For this reason God gave them up to dishonorable passions. For their women exchanged natural relations for those that are contrary to nature; <sup>27</sup> and the men likewise gave up natural relations with women and were consumed with passion for one another, men committing shameless acts with men and receiving in themselves the due penalty for their error. <sup>28</sup> And since they did not see fit to acknowledge God, God gave them up to a debased mind to do what ought not to be done. <sup>29</sup> They were filled with all manner of unrighteousness, evil, covetousness, malice. They are full of envy, murder, strife, deceit, maliciousness. They are gossips, <sup>30</sup> slanderers, haters of God, insolent, haughty, boastful, inventors of evil, disobedient to parents, <sup>31</sup> foolish, faithless, heartless, ruthless. <sup>32</sup> Though they know God's righteous decree that those who practice such things deserve to die, they not only do them but give approval to those who practice them.

*Reader:* The word of the Lord.    *People:* **Thanks be to God.**

“Ancient Words”

Holy words long preserved  
For our walk in this world  
They resound with God’s own heart  
O let the ancient words impart  
Words of life words of hope  
Give us strength help us cope  
In this world where'er we roam  
Ancient words will guide us home

CCLI Song # 2986399 Lynn DeShazo © 2001 Integrity's Hosanna! Music (Admin. by Integrity Music)  
CCLI License # 11021826

THE HOLY GOSPEL

*Deacon:* The Holy Gospel of Our Lord Jesus Christ, according to St. John

*People:* **Glory to you, Lord Christ.**

John 4:5-26 (27-38) 39-42

So he came to a town of Samaria called Sychar, near the field that Jacob had given to his son Joseph. <sup>6</sup> Jacob’s well was there; so Jesus, wearied as he was from his journey, was sitting beside the well. It was about the sixth hour. <sup>7</sup> A woman from Samaria came to draw water. Jesus said to her, “Give me a drink.”

<sup>8</sup> (For his disciples had gone away into the city to buy food.) <sup>9</sup> The Samaritan woman said to him, “How is it that you, a Jew, ask for a drink from me, a woman of Samaria?” (For Jews have no dealings with Samaritans.) <sup>10</sup> Jesus answered her, “If you knew the gift of God, and who it is that is saying to you, ‘Give me a drink,’ you would have asked him, and he would have given you living water.” <sup>11</sup> The woman said to him, “Sir, you have nothing to draw water with, and the well is deep. Where do you get that living water?” <sup>12</sup> Are you greater than our father Jacob? He gave us the well and drank from it himself, as did his sons and

his livestock.”<sup>13</sup> Jesus said to her, “Everyone who drinks of this water will be thirsty again,<sup>14</sup> but whoever drinks of the water that I will give him will never be thirsty again. The water that I will give him will become in him a spring of water welling up to eternal life.”<sup>15</sup> The woman said to him, “Sir, give me this water, so that I will not be thirsty or have to come here to draw water.”

<sup>16</sup> Jesus said to her, “Go, call your husband, and come here.”<sup>17</sup> The woman answered him, “I have no husband.” Jesus said to her, “You are right in saying, ‘I have no husband’;<sup>18</sup> for you have had five husbands, and the one you now have is not your husband. What you have said is true.”<sup>19</sup> The woman said to him, “Sir, I perceive that you are a prophet.<sup>20</sup> Our fathers worshiped on this mountain, but you say that in Jerusalem is the place where people ought to worship.”<sup>21</sup> Jesus said to her, “Woman, believe me, the hour is coming when neither on this mountain nor in Jerusalem will you worship the Father.<sup>22</sup> You worship what you do not know; we worship what we know, for salvation is from the Jews.<sup>23</sup> But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father is seeking such people to worship him.<sup>24</sup> God is spirit, and those who worship him must worship in spirit and truth.”<sup>25</sup> The woman said to him, “I know that Messiah is coming (he who is called Christ). When he comes, he will tell us all things.”<sup>26</sup> Jesus said to her, “I who speak to you am he.”<sup>27</sup> She, saying, “Rabbi, eat.”<sup>28</sup> But he said to them, “I have food to eat that you do not know about.”<sup>29</sup> So the disciples said to one another, “Has anyone brought him something to eat?”<sup>30</sup> Jesus said to them, “My food is to do the will of him who sent me and to accomplish his work.<sup>31</sup> Do you not say, ‘There are yet four months, then comes the harvest’? Look, I tell you, lift up your eyes, and see that the fields are white for harvest.<sup>32</sup> Already the one who reaps is receiving wages and gathering fruit for eternal life, so that sower and reaper may rejoice together.<sup>33</sup> For here the saying holds true, ‘One sows and another reaps.’<sup>34</sup> I sent you to reap that for which you did not labor. Others have labored, and you have entered

into their labor.” )

<sup>39</sup> Many Samaritans from that town believed in him because of the woman’s testimony, “He told me all that I ever did.” <sup>40</sup> So when the Samaritans came to him, they asked him to stay with them, and he stayed there two days. <sup>41</sup> And many more believed because of his word. <sup>42</sup> They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is indeed the Savior of the world.”

*Deacon:* The Gospel of the Lord.    *People:* **Praise to you, Lord Christ.**

## “Ancient Words”

*Chorus*

**Anicent words ever true  
Changing me changing you  
We have come with open hearts  
O let the ancient words impart**

CCLI Song # 2986399 Lynn DeShazo    © 2001 Integrity's Hosanna! Music (Admin. by Integrity Music)  
CCLI License # 11021826

## THE SERMON

Deacon Erin Cook

## THE NICENE CREED

Let us confess our faith in the words of the Nicene Creed:

*Celebrant and People*

**We believe in one God,**

the Father, the Almighty,  
maker of heaven and earth,  
of all that is, visible and invisible.

**We believe in one Lord, Jesus Christ,**

the only-begotten Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made, of one Being with the Father;  
through him all things were made.

For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

**We believe in the Holy Spirit, the Lord, the giver of life,**

who proceeds from the Father [and the Son],  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one Baptism for the forgiveness of sins.**

**We look for the † resurrection of the dead,  
and the life of the world to come. Amen.**

## THE PRAYERS OF THE PEOPLE

*The deacon says,*

Let us pray for the Church and for the world.

Almighty and everliving God, we are taught by your holy Word to offer prayers and supplications and to give thanks for all people. We humbly ask you mercifully to receive our prayers. Inspire continually the universal Church with the spirit of truth, unity, and concord; and grant that all who confess your holy Name may agree in the truth of your holy Word, and live in unity and godly love.

*Reader* Lord, in your mercy:     *People*     **Hear our prayer.**

We pray that you will lead the nations of the world in the way of righteousness; and so guide and direct their leaders, especially (\_\_\_\_\_), that your people may enjoy the blessings of freedom and peace. Grant that our leaders may impartially administer justice, uphold integrity and truth, restrain wickedness and vice, and protect true religion and virtue.

*Reader* Lord, in your mercy:     *People*     **Hear our prayer.**

Give grace, heavenly Father, to all Bishops, Priests, and Deacons, *and especially to your servant(s)* \_\_\_\_\_ that by their life and teaching, they may proclaim your true and life-giving Word, and rightly and duly administer your holy Sacraments. And to all your people give your heavenly grace, especially to this Congregation, (\_\_\_\_\_), those celebrating birthdays (\_\_\_\_\_), anniversaries (\_\_\_\_\_), in our diocese (\_\_\_\_\_) and in our community (\_\_\_\_); that with reverent and obedient hearts we may hear and receive your holy Word, and serve you in holiness and righteousness all the days of our lives.

*Reader* Lord, in your mercy:     *People*     **Hear our prayer.**

Prosper, we pray, all those who proclaim the Gospel of your kingdom throughout the world, *especially* \_\_\_\_\_, and strengthen us to fulfill your great commission, making disciples of all nations, baptizing them and teaching them to obey all that you have commanded.

*Reader* Lord, in your mercy: *People* **Hear our prayer.**

For our brothers and sisters in Christ who are persecuted for their faith, especially in \_\_\_\_\_.

*Reader* Lord, in your mercy: *People* **Hear our prayer.**

For soldiers of this nation deployed to fight for the sake of righteousness and freedom, and for those who bear the wounds of combat: \_\_\_\_\_.

*Reader* Lord, in your mercy: *People* **Hear our prayer.**

We ask you in your goodness, O Lord, to comfort and sustain all who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity [especially \_\_\_\_\_].

*Reader* Lord, in your mercy: *People* **Hear our prayer.**

Almighty and Holy God, the author and sustainer of all life, in sorrow and repentance for the scourge of abortion and any practices which promote or hasten unnatural death, we appeal to Your mercy and love for the lives of all people and families; the born and unborn, wanted and unwanted, capable or limited, healthy or suffering; that Your perfect will be fulfilled and life ever be cherished as a gift from You, to the Glory of God, our Master, Redeemer, and Friend.

*Reader* Lord, in your mercy: *People* **Hear our prayer.**

We remember before you all your servants who have departed this life in your faith and fear, [especially \_\_\_\_\_,] that your will for them may be fulfilled; and we ask you to give us grace to follow the good examples of [\_\_\_\_\_, and] all your saints, that we may share with them in your heavenly kingdom.

*Reader* Lord, in your mercy: *People* **Hear our prayer.**

*The Deacon concludes with this or some other appropriate Collect.*

Heavenly Father, grant these our prayers for the sake of Jesus Christ, our only Mediator and Advocate, who lives and reigns with you in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

## THE CONFESSION AND ABSOLUTION OF SIN

*The Deacon or other person appointed says the following*

All who truly and earnestly repent of your sins, and seek to live in love and charity with your neighbors, and intend to lead the new life, following the commandments of God, and walking in his holy ways: draw near with faith and make your humble confession to Almighty God.

*Silence*

*The Deacon and People kneel as able and pray*

**Almighty God, Father of our Lord Jesus Christ,  
maker and judge of us all:**

**We acknowledge and lament our many sins and offenses,  
which we have committed by thought, word, and deed  
against your divine majesty,  
provoking most justly your righteous anger against us.**

**We are deeply sorry for these our transgressions;  
the burden of them is more than we can bear.**

**Have mercy upon us,**

**Have mercy upon us, most merciful Father;  
for your Son our Lord Jesus Christ's sake,  
forgive us all that is past;  
and grant that we may evermore serve  
and please you in newness of life,  
to the honor and glory of your Name;  
through Jesus Christ our Lord. Amen.**



*The Bishop or Priest stands and says*

Almighty God, our heavenly Father, who in his great mercy has promised forgiveness of sins to all those who sincerely repent and with true faith turn to him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

## THE COMFORTABLE WORDS

*The Deacon may then say one or more of the following sentences, first saying*

Hear the Word of God to all who truly turn to him.

Come to me, all who labor and are heavy laden, and I will give you rest.

MATTHEW 11:28

God so loved the world, that he gave his only-begotten Son, that whoever believes in him should not perish but have eternal life.

JOHN 3:16

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners.

1 TIMOTHY 1:15

If anyone sins, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins, and not for ours only, but also for the sins of the whole world.

1 JOHN 2:1-2

## THE PEACE

The peace of the Lord be always with you.

**And with your spirit.**

*Then the Ministers and People may greet one another in the Name of the Lord.*

## THE OFFERTORY

For you know the grace of our Lord Jesus Christ, that though he was rich, yet for your sake he became poor, so that you by his poverty might become rich. 2 Corinthians 8:9

*The ushers present the bread and wine to the deacon.*

*The ushers will pass the offertory baskets.*

Piano and Viola duet - Jolin and Jonathan Steen:  
“Salut D’Amour” by Edward Elgar

*After the altar is prepared, the ushers present the people’s offering of money, with the children at 10:30.*

*Priest:* Yours, O LORD, is the greatness, and the power, and the glory, and the victory, and the majesty; for everything in heaven and on earth is yours; yours is the Kingdom, O LORD, and you are exalted as Head above all. All things come from you O Lord.

*People:* **And of your own, have we given you.**

## THE SURSUM CORDA

*The People remain standing. The Celebrant faces them and sings or says*

The Lord be with you.

*People* **And with your spirit.**

*Celebrant* Lift up your hearts.

*People* **We lift them up to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give him thanks and praise**

*The Celebrant continues*

It is right, our duty and our joy, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Ho - ly, ho - ly, ho - ly Lord God of  
 pow - er, God of pow - er and might, the  
 heav - ens and the earth are full of your glo - ry Ho -  
 san - na in the high - est. Ho -  
 Bless - ed is he who comes in the name of the Lord. Ho -  
 san - na in the high - est. Ho -  
 san - na, ho - san - na, ho - san -  
 na in the high - est. Ho - high - est.

Chords: Am, Am/G, F, E, F, G, Am, Am/G, Am, G, F, Am, Am/G, F, G, Am, Am/G, F, G, Am, Am/G, F, Am, G, Am.

## THE PRAYER OF CONSECRATION

*The People kneel or stand. The Celebrant continues*

All praise and glory is yours, O God our heavenly Father, for in your tender mercy, you gave your only Son Jesus Christ to suffer death upon the Cross for our redemption. He made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and he instituted, and in his Holy Gospel commanded us to continue, a perpetual memory of his precious death and sacrifice, until his coming again.

So now, O merciful Father, in your great goodness, we ask you to bless and sanctify, † with your Word and Holy Spirit, these gifts of bread and wine, that we, receiving them according to your Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

On the night that he was betrayed, our Lord Jesus Christ took bread; and when he had given thanks, he broke it, and gave it to his disciples, saying, "Take, eat; this is my Body, which is given for you: Do this in remembrance of me." †

Likewise, after supper, Jesus took the cup, and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the forgiveness of sins: Whenever you drink it, do this in remembrance of me." †

Therefore, O Lord and heavenly Father, according to the institution of your dearly beloved Son our Savior Jesus Christ, we your humble servants celebrate and make here before your divine Majesty, with these holy gifts, the memorial your Son commanded us to make; remembering his blessed passion and precious death, his mighty resurrection and glorious ascension, and his promise to come again.

And we earnestly desire your fatherly goodness mercifully to accept this, our sacrifice of praise and thanksgiving; asking you to grant that, by the merits and death of your Son Jesus Christ, and through faith in his Blood, we and your whole Church may obtain forgiveness of our sins, and all other benefits of his passion.

And here we offer and present to you, † O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice. We humbly pray that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of your Son Jesus Christ, be filled with your grace and heavenly benediction, and be made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, because of our many sins, to offer you any sacrifice, yet we ask you to accept this duty and service we owe, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord.

By him, and with him, and in him, in the unity of the Holy Spirit, in the unity of the Holy Spirit, all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

## THE LORD'S PRAYER

And now as our savior Christ has taught us, we are bold to pray:

*Officiant and People*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,  
as we forgive those  
who trespass against us.**

**And † lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
and the power, and the glory, for ever and ever. Amen.**

## THE FRACTION

*If the consecrated Bread was not broken earlier, the Celebrant breaks it now.*

*A period of silence is kept. The Alleluia is omitted during Lent.*

*Celebrant* Christ our passover lamb has been sacrificed once for all upon the cross.

*People* **Therefore let us keep the feast.**

## THE PRAYER OF HUMBLE ACCESS

*Celebrant and People together may say*

**We do not presume to come to this your table, O merciful Lord,  
trusting in our own righteousness,  
but in your abundant and great mercies.**

**Apart from your grace,  
we are not worthy so much as to gather up  
the crumbs under your table;  
but you are the same Lord  
whose character is always to have mercy.**

**Grant us, therefore, gracious Lord,  
so to eat the flesh of your dear Son Jesus Christ,  
and to drink his blood,  
that our sinful bodies may be made clean by his body,  
and our souls washed through his most precious blood,  
and that we may evermore dwell in him, and he in us. Amen.**

JOHN MICHAEL TALBOT

Slowly

Lamb of God, you take a-way the sins of the world: have mer-cy on us. Lamb of God, you take a-way the sins of the world: have mer-cy, grant, us grant us your peace. Have peace.

©Copyright 1985 Birdwing Music  
All Rights Reserved International Copyright Secured

## THE MINISTRATION OF COMMUNION

*Facing the People, the Celebrant may say the following invitation*

The gifts of God for the people of God. [Take them in remembrance that Christ died for you and feed on him in your hearts by faith, with thanksgiving.]

*Please come forward by row up the center to receive the Sacrament. All baptized Christians are welcome. Take and eat the bread, then take and drink the wine. You may drink from the COMMON CUP, dip your bread in the common cup, or drink from a single serving cup.*

*If you are not baptized, it would be our pleasure to bless in the Lord's Name. Please come forward, cross your arms over your chest, and the priest will offer up a special prayer for you. If you need gluten free bread, let the priest know.*



# THE ACT OF SPIRITUAL COMMUNION

*For those who cannot receive the Sacrament this day.*

**VERSE 1, 2 & 3**

5 G Am<sup>7</sup> G/B Cmaj<sup>7</sup> C<sup>4</sup>

1. Rock of Ag - es, cleft for me, let me hide my - self in thee;  
 2. Not the la - bors of my hands can ful - fill thy - law's de - mands,  
 3. Noth - ing in my hand I bring, sim - ply to thy - cross I cling;

9 Bm<sup>7</sup> Em<sup>7</sup> Am<sup>7</sup> D Bm<sup>7</sup> Em<sup>7</sup> Am<sup>7</sup> D

let the wa - ter and the blood, from thy wound - ed side which flowed,  
 could my zeal no res - pite know, could my tears for - ev - er flow,  
 na - ked, come to thee for dress, help - less, look to thee for grace,

13 Bm<sup>7</sup> Em<sup>7</sup> Am<sup>7</sup> G/B Cmaj<sup>7</sup> Bm<sup>7</sup> Em<sup>7</sup> Am<sup>7</sup> C/D D<sup>7</sup> | 1, 2. G

be of sin the dou - ble cure, cleanse me from its guilt and - power.  
 all for sin could not a - some, thou must save and thou a - lone.  
 foul, I to the foun - tain fly; wash me, Sav - ior, or I -

**VERSE 4**

18 C/D D<sup>7</sup> | 3. G E<sup>b</sup> A<sup>b</sup> B<sup>b</sup>m<sup>7</sup>

die. 4. While I draw this fleet - ing breath,

23 A<sup>b</sup>/C D<sup>b</sup>maj<sup>7</sup> D<sup>b</sup>6 Cm<sup>7</sup> Fm<sup>7</sup> B<sup>b</sup>m<sup>7</sup> E<sup>b</sup>

when my eye - lids ... close in death, when I soar to worlds un-known,

27 Cm<sup>7</sup> Fm<sup>7</sup> B<sup>b</sup>m<sup>7</sup> E<sup>b</sup> Cm<sup>7</sup> Fm<sup>7</sup> B<sup>b</sup>m<sup>7</sup> A<sup>b</sup>/C D<sup>b</sup>maj<sup>7</sup>

see thee on thy judg - ment throne, rock of ag - es, cleft for me,

31 Cm<sup>7</sup> Fm<sup>7</sup> B<sup>b</sup>m<sup>7</sup> E<sup>b</sup> A<sup>b</sup> E<sup>b</sup>7sus E<sup>b</sup> A<sup>b</sup>

let me hide my - self in \_\_\_\_\_ thee. \_\_\_\_\_

CCLI Song # 323401  
 © Words: Public Domain | Music: 1985 James Ward Music  
 For use solely with the SongSelect® Terms of Use. All rights reserved. www.ccli.com  
 CCLI License # 11021826

## THE POST COMMUNION PRAYER

*After Communion, the Celebrant says*

Let us pray.

*Celebrant and People together say the following,*

**Almighty and everliving God,**

**we thank you for feeding us, in these holy mysteries,  
with the spiritual food of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us, through this Sacrament, of your favor and  
goodness towards us:  
that we are true members of the mystical body of your Son,  
the blessed company of all faithful people;  
and are also heirs, through hope, of your everlasting kingdom.**

**And we humbly ask you, heavenly Father,**

**to assist us with your grace,  
that we may continue in that holy fellowship,  
and do all the good works that you have prepared for us to walk  
in; through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit,  
be all honor and glory, now and for ever. Amen.**

*People accompany their first three responses with a sweep of the arm towards the cross above the holy table, and their final response with a sweep towards heaven. From the Book of Common Prayer of Kenya.*

<i>Minister</i>	All our problems,
<i>People</i>	<b>We send to the cross of Christ.</b>
<i>Minister</i>	All our sins.
<i>People</i>	<b>We send to the cross of Christ.</b>
<i>Minister</i>	All the devil's works.
<i>People</i>	<b>We send to the cross of Christ.</b>
<i>Minister</i>	All our hopes,
<i>People</i>	<b>We set on the risen Christ!</b>

## THE BLESSING

Go forth into the world in peace, be of good courage, and fight the good fight of faith, that you may finish your course with joy; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

1 Lead us, heaven - ly Fa - ther, lead us o'er the world's tem -  
 2 Sa - vior, breathe for - give - ness o'er us; all our weak - ness  
 3 Spi - rit of our God, de - scend - ing, fill our hearts with

pes - tuous sea; guard us, guide us, keep us, feed us,  
 thou dost know; thou didst tread this earth be - fore us;  
 heaven - ly joy; love with ev - ery pas - sion blend - ing,

for we have no help but thee, yet pos - ses - sing  
 thou didst feel its keen - est woe; yet un - fear - ing,  
 plea - sure that can nev - er cloy; thus pro - vid - ed,

ev - ery bless - ing, if our God our Fa - ther be.  
 per - se - ver - ing, to thy pas - sion thou didst go.  
 par - doned, guid - ed, noth - ing can our peace des - troy.

Words: James Edmeston (1791-1867), alt. Music: *Dulce carmen*, melody from *An Essay on the Church Plain Chant*, 1782; adapt. *Collection of Motets or Antiphons*, ca 1840; harm. William Henry Monk (1823-1889).

## SERVING TODAY

	8:00	10:30
Lector	Mike	Dave W.
Acolyte	Jim H.	Alice
Chalice		Marsha
Jr Acolyte		Dan & Kimberlyn
Ushers	Cadwell	Tom/Mike
Prayer team	Harmony	Hampton
Children's Church		Candi
Flowers	None for Lent	
Hospitality	Open	Wood

---

## THIS WEEK

<b>Sunday:</b>	8:00 Holy Eucharist; 9:30 Choir or Class 10:30 Eucharist; 12:15: Bells or Anglicans for Life Mtg 5:00 Youth Group
Tuesday:	6:00 Parish Council
Wednesday:	9:00 Holy Eucharist; 10:00 Class; 11:00 Finance Meeting
Thursday:	2:30 Prayer Group
Saturday	8:00 Friday MESS; 1-2:30 Women's Lent Group

---

### Sunday Class

Join the Sunday Preacher for a deeper dive into the Scriptures and focus of the week. 9:30-10:15 in the Education Room.

---

## ECHO—BELL CHOIR

Director Steve's death has hit our bell choir especially hard. His quiet, patient, peaceful leadership was a great gift. Cheryl Maloney has volunteered to lead through Palm Sunday. Bells will continue to make beautiful music for the Lord and in this season, in tribute to Steve. Steve was irreplaceable and left a mark on each of us and on Emmaus.

## **Ushers Needed!**

Do you like to welcome people to church? Would you represent the people of God as you bring our offerings of bread, wine, and money to the Lord to be consecrated? That's what an usher does. We need you... especially at 10:30. Please reach out to Jim and Betty Harper if you'd like to serve. [jbharper4@gmail.com](mailto:jbharper4@gmail.com)

---

## **End of Year Giving Reports**

Giving statements were mailed out last week. If you have any questions or need assistance, please contact Mike James. [sqshthebug@msn.com](mailto:sqshthebug@msn.com). (970) 310-4244.

As always, you may print out your statements directly from CCB or the Emmaus app. If you have any questions or need assistance, please contact Mike James. [sqshthebug@msn.com](mailto:sqshthebug@msn.com). (970) 310-4244

---

***“Forgive us our trespasses, as we forgive those who trespass against us.”***

Save the date: March 25, 2023

Special Women's Lenten Gathering 9-Noon

We have a guest speaker, Susan Atwood, Bishop Bill's wife. Susan will lead us in a deep look at forgiveness - a particularly challenging Lenten topic. She has explored Jesus' clear directive in the Lord's Prayer in a beautiful personal, practical and powerful way. Please join together to welcome Susan and learn the discipline of forgiveness- requesting it, receiving it and giving it. This is a rare opportunity to get to know our Bishop's exceptional wife. So come and invite other women in your life for this special time. RSVP to Deacon Erin [eec031257@live.com](mailto:eec031257@live.com)  
720-217-9013

## Women's Lent Group

"So the woman left her water jar and went away into town and said to the people, "Come, see a man who told me all that I ever did. Can this be the Christ?" John 4:28-29.

The study started on March 3, 2022 and the last session will be on April 8, 2023, excepting March 25. Purchase your own book and bring it, a Bible, and whatever they like to use for a journal to the first meeting.

**Denise Walker** ([deniseiwalker@mac.com](mailto:deniseiwalker@mac.com)) or **Caroline Cooley**  
(720-785-4461 or [iggy5280@yahoo.com](mailto:iggy5280@yahoo.com))

---

### Ordinations

Deacon Jim Dorman to the Sacred Order of the Priesthood  
Joshua Nelson to the Sacred Order of Deacons (Transitional)  
Saturday March 25 at 1:30

We need **volunteers** for the upcoming on Ordination reception. For the occasion, we'll have their families and friends join Emmaus to celebrate, and WE'LL NEED YOUR HELP. Please see in the narthex the **sign-up list** for items required and roles to be filled to make the reception a success. We so appreciate your kindness and generosity! Thank you.  
Alice Willis

---

### Confirmation

**Sunday, March 26**  
**1 Service!**  
**10:00 am**



Emmaus Anglican Church **Anglicans for Life Chapter** to Host First in Series of Life Summit 2023 Presentations Sunday, March 12.

The Emmaus Anglican Church Anglicans for Life Chapter will host a presentation from the recent Life Summit 2023 titled **Transforming Conversations with Common Ground** with speaker Steve Wagner, Executive Director of Justice for All (JFA). This event will occur on Sunday, March 12, after the 10:30. A light lunch will be provided. Steve Wagner's passion is training Christians to love the woman, the child, and the abortion-choice advocate equally at every moment of every conversation. Steve is the author of *Common Ground Without Compromise: 25 Questions to Create Dialogue on Abortion*, and, he has also contributed articles to other books. (See [www.jfaweb.org](http://www.jfaweb.org) to download his book for free).

---

### **SAFeway LOYALTY PROGRAM**

The Safeway Loyalty Program is based on loading or reloading Safeway Gift cards. Obviously the more you use the cards, the more often you'll need to load them, but our rewards are not based on purchases, but on loads and reloads. Cards come to us without any preloaded money. The first thing you'll need to do is to load or put money on them. Our cards are linked to our account through the series of numbers on the back. If you need another card, please see me and I'll give you one tied to our account. The Gift cards make great gifts. After you load them with money and give them away, please let recipients know they can pay the gift forward by continuing to use the cards through reloading them. Emmaus has benefited by a steady stream of income from our Safeway customers. Please continue to load and reload your Safeway Gift cards often. *Scott*

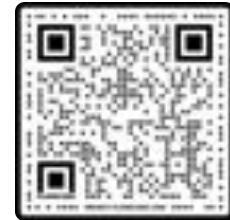
## EMMAUS' NEW WEB SITE AND APP

**The Website:** It's still at Emmausanglican.org. The website has up to date service information, an introduction to the parish and our clergy, past sermons and more. It includes **On-line giving**. If you're happy with your current giving method, no need to change.

**The APP:** Emmaus Anglican (Colorado) is available at the Google Play Store or the Apple App Store. There is a few "Emmaus Anglicans" out there. You'll recognize ours by "Colorado" and the familiar Jerusalem Cross. You can use the app to watch or listen to past sermons, get the calendar, message between members, and give. On the bottom of the screen will be a Giving Icon; tap that and enter a \$1 donation (you do not have to complete the donation). Next, set up your account with a name, email address and password. You can then back out of the app or go back to the home screen. If you wish to donate or set up a recurring gift, you can do so right away.

---

To give, cash and checks are always welcome. Another option is this code that will take you to the Emmaus website to a secure giving portal.



### **Pilgrimage to Israel**

Israel has opened up from Covid but prices are still very high, especially during the High Holy Days for Jews in October. In consultation with Connoisseurs Tours, we are now committed to **February 18-28 of 2024**. We're looking at some different and interesting accommodations in Galilee next in the shadow of the Mount of Beatitudes on the sea of Galilee, a unique place close to Masada, an oasis bordering the Judean desert, and we're searching for a place close to the Joppa Gate once more, with direct walking access into the Old City through the Christian Quarter.



