THE ORDER FOR THE ADMINISTRATION OF

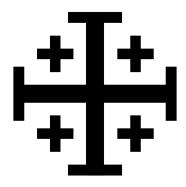
THE LORD'S SUPPER

or

HOLY COMMUNION, COMMONLY CALLED THE HOLY EUCHARIST

Anglican Standard Text

February 18, A.D. 2024 1st Sunday in Lent



Welcome!

Thanks for joining us for worship today. Our name, Emmaus, is taken from a place and event near Jerusalem on the afternoon of Easter. Jesus met up with two disciples fleeing the city, dejected. They didn't recognize him, so along the way, he explained the Old Testament to them—how it pointed to him. Then, they invited him in to a house in the town of Emmaus. When he broke the bread at table, their eyes were opened and they recognized him. Thinking back, they realized their hearts burned within them as he explained the Scriptures to them. That is our hope for each Sunday as we gather for worship—that we would encounter Jesus in Scripture and the breaking of bread.

Please leave your name, phone, and email at the guest register in the entryway or narthex. We will get back to you.

For young children, age three and under, feel free to use the nursery in the rear corner. It's hooked up with sound so a parent can hear what's happening in church.

Children age four and up are welcome in Children's Church during the 10:30 service. They go to C.C. after a children's sermon and return for communion with their family.

We serve Sacred Food and Drink here...please don't bring beverages or snacks into church during worship (kids excepted).

Please turn off your cell phones.

A deacon calls the people to prepare themselves for worship.

The people kneel, and observe a time of silent prayer.

Preparatory Prayers for Individuals

Be present, be present, o Jesus, our High Priest, as you were present with your disciples, and be known to us in the breaking of bread; who live and reign, with the Father and the Holy Spirit, now and forever. Amen.

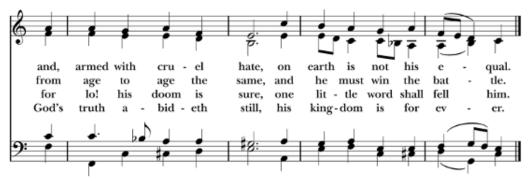
They may be said or sung.

Celebrant Lord have mercy upon us.

People Christ have mercy upon us.

Celebrant Lord have mercy upon us.





Words: Martin Luther (1483-1546); tr. Frederic Henry Hedge (1805-1890); based on Psalm 46. Music: Ein feste Burg, melody Martin Luther (1483-1546); harm. Johann Sebastian Bach (1685-1750).

THE ACCLAMATION

Celebrant: Bless the Lord who forgives all our sins.

People: His mercy endures for ever.

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

THE SUMMARY OF THE LAW

Hear what our Lord Jesus Christ says:

You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and great commandment. And the second is like it: You shall love your neighbor as yourself. On these two commandments depend all the Law and the Prophets.

MATTHEW 22:37-40

THE TRISAGION

First time - Cantor Second time - Ladies Third time - All



THE COLLECT OF THE DAY

The Celebrant says to the People

The Lord be with you.

People And with your spirit.

Officiant Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations, and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

CHILDREN'S BLESSING

Children are invited forward for a blessing. Children age three through fourth grade are invited to children's church. They return at the peace to join their families for communion.

Praise the Lord oh my soul And forget not all His benefits

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Old Testament Reading

Genesis 9:8-17

Then God said to Noah and to his sons with him, ⁹ "Behold, I establish my covenant with you and your offspring after you, ¹⁰ and with every living creature that is with you, the birds, the livestock, and every beast of the earth with you, as many as came out of the ark; it is for every beast of the earth. 11 I establish my covenant with you, that never again shall all flesh be cut off by the waters of the flood, and never again shall there be a flood to destroy the earth." 12 And God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: 13 I have set my bow in the cloud, and it shall be a sign of the covenant between me and the earth. ¹⁴ When I bring clouds over the earth and the bow is seen in the clouds, ¹⁵ I will remember my covenant that is between me and you and every living creature of all flesh. And the waters shall never again become a flood to destroy all flesh. ¹⁶ When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." ¹⁷ God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

Reader: The word of the Lord. People: Thanks be to God.

Psalm 25:3-9

³ Show me your ways, O LORD, * and teach me your paths.

⁴ Lead me forth in your truth and teach me, * for you are the God of my salvation; in you has been my hope all the day long.

- ⁵ Call to remembrance, O LORD, your tender mercies, * and your loving-kindnesses, which have been from of old. ⁶ O remember not the sins and offenses of my youth, * but according to your mercy think on me, O LORD, in your goodness.
- ⁷ Gracious and righteous is the LORD; * therefore will he teach sinners in the way.
- ⁸ Those who are meek shall he guide in judgment, * and those who are gentle shall he teach his way.
- ⁹ All the paths of the LORD are mercy and truth * to those who keep his covenant and his testimonies.

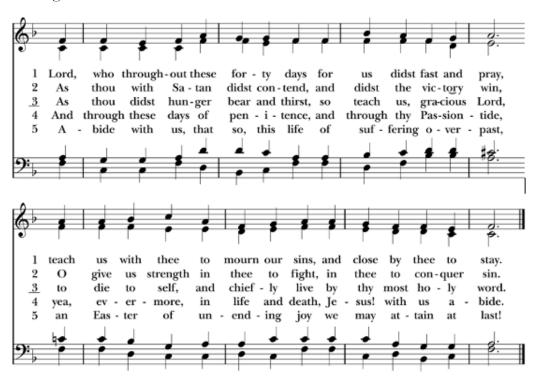
Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end. Amen

Epistle Reading

1 Peter 3:18-22

For Christ also suffered once for sins, the righteous for the unrighteous, that he might bring us to God, being put to death in the flesh but made alive in the spirit, ¹⁹ in which he went and proclaimed to the spirits in prison, ²⁰ because they formerly did not obey, when God's patience waited in the days of Noah, while the ark was being prepared, in which a few, that is, eight persons, were brought safely through water. ²¹ Baptism, which corresponds to this, now saves you, not as a removal of dirt from the body but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, ²² who has gone into heaven and is at the right hand of God, with angels, authorities, and powers having been subjected to him.

Reader: The word of the Lord. People: **Thanks be to God**



Words: Claudia Frances Hernaman (1838-1898). Music: St. Flavian, melody from Day's Psalter, 1562; adapt, and harm. Richard Redhead (1820-1901).

THE HOLY GOSPEL

Deacon: The Holy Gospel of Our Lord Jesus Christ, according to St. Mark People: Glory to you, Lord Christ

Mark 1:9-13

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. ¹⁰ And when he came up out of the water, immediately he saw the heavens being torn open and the Spirit descending on him like a dove. ¹¹ And a voice came from heaven, "You are my beloved Son; with you I am well pleased." ¹² The Spirit immediately drove him out into the wilderness. ¹³ And he was in the wilderness forty days, being tempted by Satan. And he was with the wild animals, and the angels were ministering to him.

Deacon: The Gospel of the Lord. People: Praise to you, Lord Christ.

We'll sing verse 2 found on page 9.

THE SERMON

Fr. Theron Walker

THE NICENE CREED

Let us confess our faith in the words of the Nicene Creed: *Celebrant and People*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, visible and invisible.

We believe in one Lord, Jesus Christ,
the only-begotten Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made, of one Being with the Father;
through him all things were made.

For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father [and the Son], who with the Father and the Son is worshiped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one Baptism for the forgiveness of sins.

We look for the † resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

The deacon says,

Let us pray for the Church and for the world.

Reader Almighty and everliving God, we are taught by your holy Word to offer prayers and supplications and to give thanks for all people. We humbly ask you mercifully to receive our prayers. Inspire continually the universal Church with the spirit of truth, unity, and concord; and grant that all who confess your holy Name may agree in the truth of your holy Word, and live in unity and godly love.

Reader Lord, in your mercy: People Hear our prayer.
We pray that you will lead the nations of the world in the way of righteousness; and so guide and direct their leaders, especially
Reader Lord, in your mercy: People Hear our prayer.
Give grace, heavenly Father, to all Bishops, Priests, and Deacons, and especially to your servant(s) that by their life and teaching, they may proclaim your true and life-giving Word, and rightly and duly administer your holy Sacraments. And to all your people give your heavenly grace, especially to this Congregation, (), those celebrating birthdays (), anniversaries (), in our diocese () and in our community (); that with reverent and obedient hearts we may hear and receive your holy Word, and serve you in holiness and righteousness all the days of our lives.
Reader Lord, in your mercy: People Hear our prayer .

Prosper, we pray, all those who proclaim the Gospel of your kingdom throughout the world, <i>especially</i> , and strengthen us to fulfill your great commission, making disciples of all nations, baptizing them and teaching them to obey all that you have commanded.
Reader Lord, in your mercy: People Hear our prayer.
For our brothers and sisters in Christ who are persecuted for their faith, especially in
Reader Lord, in your mercy: People Hear our prayer .
For soldiers of this nation deployed to fight for the sake of righteousness and freedom, and for those who bear the wounds of combat:
Reader Lord, in your mercy: People Hear our prayer.
We ask you in your goodness, O Lord, to comfort and sustain all who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity [especially].
Reader Lord, in your mercy: People Hear our prayer .
Almighty and Holy God, the author and sustainer of all life, in sorrow and repentance for the scourge of abortion and any practices which promote or hasten unnatural death, we appeal to Your mercy and love for the lives of all people and families; the born and unborn, wanted and unwanted, capable or limited, healthy or suffering; that Your perfect will be fulfilled and life ever be cherished as a gift from You, to the Glory of God, our Master, Redeemer, and Friend.
Reader Lord, in your mercy: People Hear our prayer.
We remember before you all your servants who have departed this life in your faith and fear, [especially,] that your will for them may be fulfilled; and we ask you to give us grace to follow the good examples of [, and] all your saints, that we may share with them in your heavenly kingdom.

Reader Lord, in your mercy: People Hear our prayer.

The Deacon concludes with this or some other appropriate Collect.

Heavenly Father, grant these our prayers for the sake of Jesus Christ, our only Mediator and Advocate, who lives and reigns with you in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

THE CONFESSION AND ABSOLUTION OF SIN

The Deacon or other person appointed says the following

All who truly and earnestly repent of your sins, and seek to live in love and charity with your neighbors, and intend to lead the new life, following the commandments of God, and walking in his holy ways: draw near with faith and make your humble confession to Almighty God.

Silence

The Deacon and People kneel as able and pray

Almighty God, Father of our Lord Jesus Christ, maker and judge of us all:

We acknowledge and lament our many sins and offenses, which we have committed by thought, word, and deed against your divine majesty,

provoking most justly your righteous anger against us. We are deeply sorry for these our transgressions;

the burden of them is more than we can bear.

Have mercy upon us,

Have mercy upon us, most merciful Father; for your Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may evermore serve and please you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.

The Bishop or Priest stands and says

Almighty God, our heavenly Father, who in his great mercy has promised forgiveness of sins to all those who sincerely repent and with true faith turn to him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

THE COMFORTABLE WORDS

The Deacon may then say one or more of the following sentences, first saying

Hear the Word of God to all who truly turn to him.

Come to me, all who labor and are heavy laden, and I will give you rest.

MATTHEW 11:28

God so loved the world, that he gave his only-begotten Son, that whoever believes in him should not perish but have eternal life.

JOHN 3:16

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners.

1 TIMOTHY 1:15

If anyone sins, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins, and not for ours only, but also for the sins of the whole world.

1 JOHN 2:1-2

THE PEACE

The peace of the Lord be always with you.

And with your spirit.

Then the Ministers and People may greet one another in the Name of the Lord.

THE OFFERTORY

The deacon says a fitting passage of Scripture.

The ushers present the bread and wine to the deacon. The ushers will pass the offertory baskets.



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When the altar is prepared, the ushers present the people's offering of money, with the children at 10:30, and we sing...

Priest: All things come from you O Lord.

People: And of your own, have we given you.

THE SURSUM CORDA

The People remain standing. The Celebrant faces them and sings or says

The Lord be with you.

People And with your spirit.

Celebrant Lift up your hearts.

People We lift them up to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise

The Celebrant continues

It is right, our duty and our joy, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

THE SANCTUS

WOMEN: Holy, holy, holy Lord

God of power and might;

MEN: Holy, holy holy Lord

God of power and might;

WOMEN: Heaven and Earth are full of Your glory;

MEN: Heaven and Earth are full of Your glory;

ALL: Hosanna in the Highest!

MEN: Blessed, blessed is He who comes

in the name of the Lord

WOMEN: Blessed, blessed is He who comes

in the name of the Lord

MEN: Hosanna!

WOMEN: Hosanna!

ALL: Hosanna! In the highest

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THE PRAYER OF CONSECRATION

The People kneel or stand. The Celebrant continues

All praise and glory is yours, O God our heavenly Father, for in your tender mercy, you gave your only Son Jesus Christ to suffer death upon the Cross for our redemption. He made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and he instituted, and in his Holy Gospel commanded us to continue, a perpetual memory of his precious death and sacrifice, until his coming again.

So now, O merciful Father, in your great goodness, we ask you to bless and sanctify, † with your Word and Holy Spirit, these gifts of bread and wine, that we, receiving them according to your Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

On the night that he was betrayed, our Lord Jesus Christ took bread; and when he had given thanks, he broke it, and gave it to his disciples, saying, "Take, eat; this is my Body, which is given for you: Do this in remembrance of me." †

Likewise, after supper, Jesus took the cup, and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the forgiveness of sins: Whenever you drink it, do this in remembrance of me." †

Therefore, O Lord and heavenly Father, according to the institution of your dearly beloved Son our Savior Jesus Christ, we your humble servants celebrate and make here before your divine Majesty, with these holy gifts, the memorial your Son commanded us to make; remembering his blessed passion and precious death, his mighty resurrection and glorious ascension, and his promise to come again.

And we earnestly desire your fatherly goodness mercifully to accept this, our sacrifice of praise and thanksgiving; asking you to grant that, by the merits and death of your Son Jesus Christ, and through faith in his Blood, we and your whole Church may obtain forgiveness of our sins, and all other benefits of his passion.

And here we offer and present to you, † O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice. We humbly pray that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of your Son Jesus Christ, be filled with your grace and heavenly benediction, and be made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, because of our many sins, to offer you any sacrifice, yet we ask you to accept this duty and service we owe, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord.

By him, and with him, and in him, in the unity of the Holy Spirit, all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

THE LORD'S PRAYER

And now as our savior Christ has taught us, we are bold to pray: Officiant and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And † lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE FRACTION

If the consecrated Bread was not broken earlier, the Celebrant breaks it now.

A period of silence is kept.

Celebrant: Christ our Passover Lamb has been sacrificed, once for all upon the Cross.

People: Therefore let us keep the feast.

THE PRAYER OF HUMBLE ACCESS

Celebrant and People together may say

We do not presume to come to this your table, O merciful Lord, trusting in our own righteousness, but in your abundant and great mercies.

Apart from your grace,

we are not worthy so much as to gather up the crumbs under your table; but you are the same Lord whose character is always to have mercy.

Grant us, therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

THE AGNUS DEI



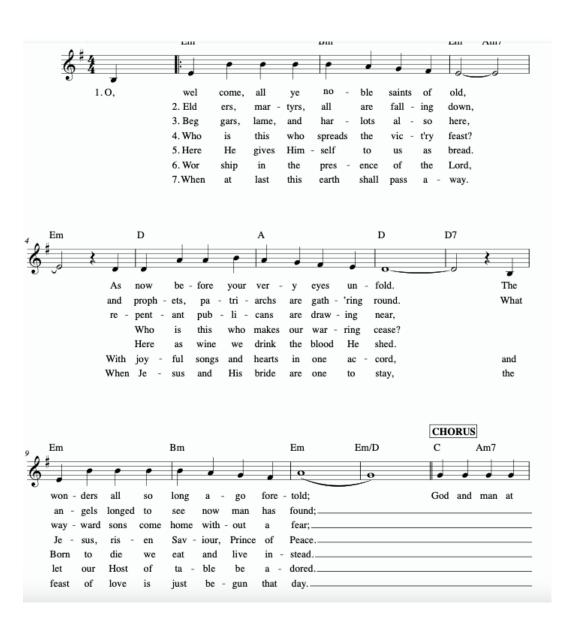
Music: Mass of Restoration; Josh Blakesley, b. 1976, and Leland G. "Grae" McCullough, IV, b. 1986, © 2012, Joshua Blakesley and Leland G. "Grae" McCullough, IV. Published by OCP. All rights reserved.

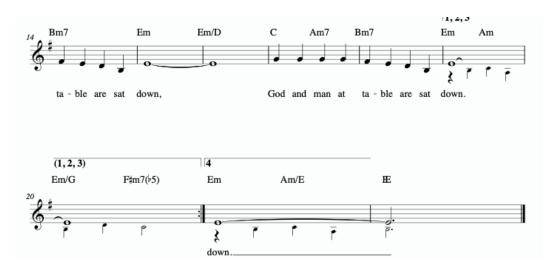
THE MINISTRATION OF COMMUNION

Facing the People, the Celebrant may say the following invitation

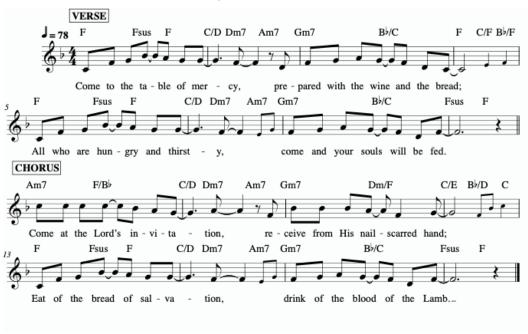
The gifts of God for the people of God. [Take them in remembrance that Christ died for you and feed on him in your hearts by faith, with thanksgiving.]

Please come forward by row up the center to receive the Sacrament. All baptized Christians are welcome. Take and eat the bread, then take and drink the wine. You may drink from the COMMON CUP, dip your bread in the common cup, or drink from a single serving cup. If you are not baptized, it would be our pleasure to bless in the Lord's Name. Please come forward, cross your arms over your chest, and the priest will offer up a special prayer for you. If you need gluten free bread, let the priest know.





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THE POST COMMUNION PRAYER

After Communion, the Celebrant says

Let us pray.

Celebrant and People together say the following,

Almighty and everliving God,

we thank you for feeding us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ;

and for assuring us, through this Sacrament, of your favor and goodness towards us:

that we are true members of the mystical body of your Son, the blessed company of all faithful people;

and are also heirs, through hope, of your everlasting kingdom.

And we humbly ask you, heavenly Father,

to assist us with your grace,

that we may continue in that holy fellowship,

and do all the good works that you have prepared for us to walk in; through Jesus Christ our Lord,

to whom, with you and the Holy Spirit,

be all honor and glory, now and for ever. Amen.

People accompany their first three responses with a sweep of the arm towards the cross above the holy table, and their final response with a sweep towards heaven. From the Book of Common Prayer of Kenya.

Minister All our problems,

People We send to the cross of Christ.

Minister All our sins.

People We send to the cross of Christ.

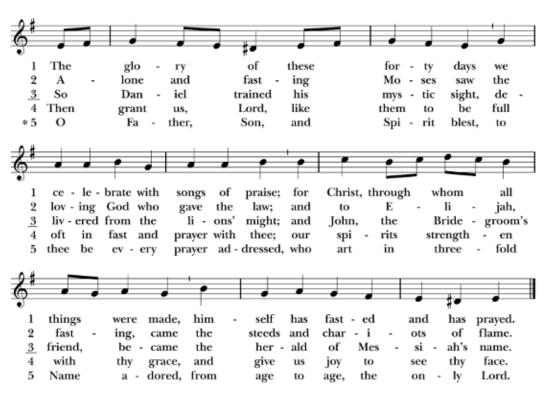
Minister All the devil's works.

People We send to the cross of Christ.

Minister All our hopes,

People We set on the risen Christ!

THE BLESSING



Words: Latin, 6th cent.; tr. Maurice F. Bell (1862-1947), alt. By permission of Oxford University Press. Music: Erhalt uns, Herr, melody from Geistliche Leider, 1543; harm. Johann Sebastian Bach (1685-1750).

SERVING TODAY

	8:00	10:30
Lector	Denise	Scott
Acolyte	Mary	Marsha
Chalice		Ryan
Jr Acolyte		Kimberlyn & Dan
Ushers	Cadwell	Van Keuren
Prayer team	Laure	Hampton
Children's Church		Erin
Flowers		Lent
Hospitality		Open
·		

		THIS WEEK
Sunday	8:00	Eucharist; 9:30 Choir & Class
·	10:30	Eucharist
Monday	2:00	Joe Procopio Funeral at the DC Fairgrounds
Tuesday	5:00	Parish Council
Wednesday	9:00	Holy Eucharist; 10:00 Class;
•	11:00	Finance Meeting
Friday	7:00	MESS
		LOOKING AHEAD
February 25	5:00	Youth Group
March 24		Palm Sunday
March 28		Maundy Thursday

March 29 Good Friday

March 31 Easter Day—The Passover of the Lord

Future Diocesan Home--Discernment

Diocese of the Southwest: Most of your clergy attended their Diocesan Synod, and we have held a Saturday retreat and had a Sunday visit from Bishop Stephen Tighe.

Diocese of the Rocky Mountains: There are a great options to learn about DRM:

- · Check out their Website: https://rockymountainanglican.org
- Watch this Recording of their Bishop summarizing their history, mission, and values. https://youtu.be/Y4nQHTkmQ04
- Their Bishop, Ken Ross, will visit Emmaus on Saturday March 9 (Parish Council & Clergy), and Sunday March 10 at 8:00 and 10:30, with a Q&A at 9:30-10:15.

Share Your Feedback: The Parish Council will distribute a short survey to get your feedback. We'll use the same format for reviewing the Diocese of the Rocky Mountains.

Decision: The Parish Council and Clergy will meet for worship and discernment to make our final decision on Saturday April 13, 9:00-12:00.

Lent Book Study The Cross of Christ

by John R.W. Stott

Stott's book is a modern classic on the meaning of the cross. At the cross Stott finds the majesty and love of God disclosed, the sin and bondage of the world exposed. More than a study of the atonement, this book brings Scripture into living dialog with Christian theology. What emerges is a pattern for Christian life and worship, hope and mission. Stott was one of the great Evangelical Anglican authors, statesmen, scholar, and pastor of the 20th Century. This study will feed your heart and your mind. The book is widely available, including audio versions.

Sundays 9:30-10:15 with Fr. Adam, February 18, 25, & March 3, 17, & 24 Wednesdays 10:00-11:00 with Fr. Theron, February 14-May 22

February 21: Chapter 2

Joe Procopio Funeral Help

Emmaus will be providing dessert type treats and drinks for the reception. We're estimating a pretty big crowd, maybe 300. Please sign up to help at church or contact Patricia Suro at (303) 888-3753.

To give, cash and checks are always welcome. Another option is this code that will take you to the Emmaus website to a secure giving portal.

