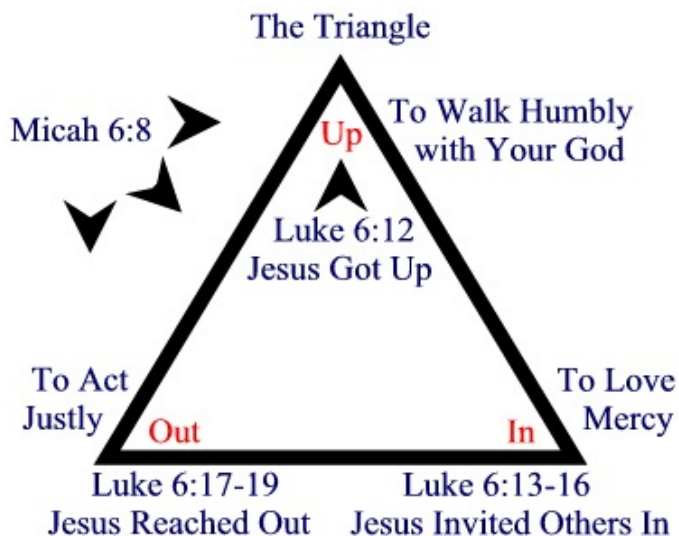


Conclusion: Living Life Up, In & Out is important

- A. "And what does the Lord require of you? (Micah 6:8)
 - 1. To act justly – do the _____ thing - Out
 - 2. And to love mercy – have _____ - In
 - 3. And to walk _____ with your God – Up
- B. Holy Communion
 - 1. Up – Holy meal with Jesus
 - 2. In – It is a meal that we share with each other
 - 3. Out – we share Jesus' love with others.
- C. Application: As a result of listening to this message, what Good News do I have to share with others?



Sermon Notes

January 19, 2019 - Micah 6:1-8 & Luke 6:12-19
Life Shapes 3: Balancing the Relationships of Life
(triangle - up, in & out)

Summary: All of us have three different kinds of relationships: an **Up** relationship with God, **In** relationships with the people with whom we share our life, and **Out** relationships with the wider community. But we tend to be weak in one kind of relationship, resulting in a life that is flat & out of balance. Jesus came to give us a rich, full life and he is the One who brings balance to our relationships.

Big Idea: Jesus brings balance to our three kinds of relationships: Up, In & Out

Intro: Balancing a tire on a car

- A. Our relationships can get out of _____
 - 1. We all have 3 different kinds of relationships
 - a. Up – our relationship with _____
 - b. In – our relationships with the people with whom we share life
 - c. Out – the wider _____ around us
 - 2. We tend to weaker in one of those three
- I. **The Balanced Life of Jesus** (Luke 6:12-19)
 - A. Jesus' Up relationship with his Father (v. 12)
 - 1. Jesus went off by himself to spend _____ with his Father

2. Jesus had an _____ ongoing relationship with his Father (Abba)

B. Jesus invited others In (vv. 13-16)

1. From among his followers, Jesus invited _____ into a closer relationship
2. Jesus did life together with this group of 12

C. Jesus reached out (vv. 17-19)

1. Jesus knew that his Father's Mission
2. Required that Jesus _____ out with God's love to the larger community around him
3. So Jesus went and _____ with broken & hurting people

II. Jesus is the One who brings balance to our relationships

A. It all begins with Jesus

1. It is through Jesus that we enter into life with all the _____: God the Father, Son & Holy Spirit
2. When we trust in Jesus
 - a. We have an _____ relationship with all of God
 - b. We are brought, by Jesus, into God's family
 - i. We are loved & treasured by God the Father
 - ii. So we can share the love that we receive from God with the people in our _____ relationships

- c. We are filled with the abundance that we can share with the people in our _____ relationships

B. Diagnosis: We ask Jesus to show us where we are out of balance

1. Up & In – like a stagnant _____
2. Up & Out – like a drainage _____
3. In & Out – an empty _____

C. Correction: We ask Jesus to help us to strengthen our _____ kind of relationship

1. Strengthening our Up relationships
 - a. Quiet time
 - b. _____ intimacy
2. Strengthening our In relationships
 - a. Identify your In group
 - b. Join a small group or serving team
 - c. Share your _____ with the people in that group
3. Strengthening our Out relationships
 - a. Ask Jesus to help you to _____ the opportunities that are around you
 - b. For you to _____ with & bless others in a way that fits with who you are