

E. Plan (Mt. 6:33)

1. A plan is always built around a _____
2. Jesus is giving us a vision where we
 - a. Live for God's kingdom (truth, values, growth)
 - b. Live for God's righteousness (right relationship)

F. Account (Mt. 7:1)

G. Act - The Wise & Foolish Builders (Mt. 7:24-27)

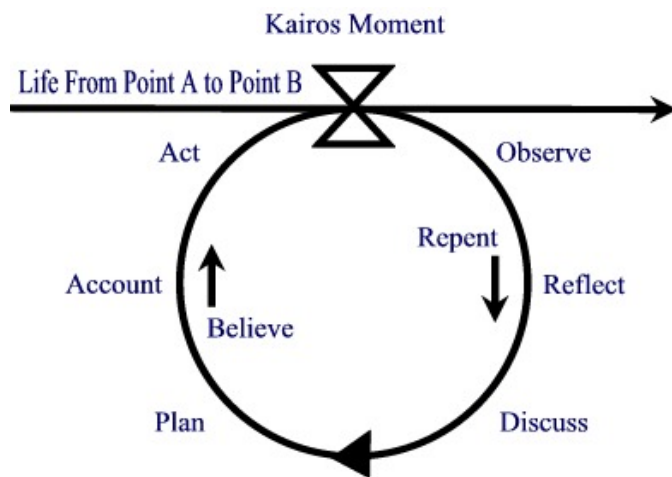
H. Life is like a Slinky

Conclusion: Use the Kairos Circle to learn from Jesus

A. The next time you experience a Kairos Moment

1. Repent – Observe, Reflect, Discuss
2. Believe – Plan, Account, Act

B. Application: As a result of listening to this message, what Good News do I have to share with others?



Sermon Notes

January 5, 2020 - Mark 1:9-15

Life Shapes 1: Choosing to Learn from Jesus (circle)

Summary: Following Jesus can seem like drudgery if we don't learn from Jesus and pattern our life after His. But by using the Kairos Circle when special moments happen in our lives, we can more fully follow Jesus and an abundant life with Him.

Intro: Discovering something was different than what I thought

- A. The importance of being a _____ of Jesus (Mt. 28:19-20)
- B. Jesus gives us abundant _____ as we follow Him (John 10:10)
- C. But sometimes life doesn't feel very abundant
 1. Perhaps we are not _____ from Jesus
 2. And patterning our _____ after His (John 10:27-28)
- D. The Life Shapes series
 1. We can use _____ to remind us of ways
 2. That we can pattern our life after Jesus'
 3. And more fully follow Him
 4. **Big Idea:** By learning how to follow Jesus, we can live a life rich with meaning and purpose

I. **The Circle**

- A. Mark 1:14-15

1. "The time has come"
 - a. *Chronos* time – _____ passage of time
 - b. *Kairos* time
 - i. Special _____ in time
 - ii. Are opportunities to learn from Jesus
 - c. But we often _____ to learn from our *Kairos* moments
 2. "The kingdom of God has come near. Repent and believe the good news!"
 - a. Life in the kingdom of God is available to us _____
 - b. We enter into kingdom life through a _____ of repenting and believing
- B. Repent (*metanoia*)
1. Means to have a _____ of heart & mind
 2. Repentance amounts to nothing unless it results in new patterns of _____
- C. Believe (*pistis*)
1. In the narrow sense, it means "to trust"
 - a. The main focus of our trust is the fulcrum & _____ of our life
 - b. That's why it is very important that the main focus of our trust is _____

- c. Only Jesus is God the Son who became human to save us, will come back to set things right, will raise us from the dead, & is able to guide us through life's challenges
2. In the broad sense, "believe" includes taking action
 - a. Faith is being _____ (Heb. 11:1)
 - b. Actions always flow from our _____ (James 2:14-17)
 - c. Faith that results in action is very important

II. The Cycle of Repent & Believe

- A. The 3 parts of the Repent process
 1. Observe
 2. Reflect
 3. Discuss
- B. The 3 parts of the Believe process
 1. Plan
 2. Account
 3. Act

III. The Kairos Circle in the Bible (The Sermon on the Mount)

- A. The Kairos Moment of Jesus' Teaching (Mt. 6:25)
- B. Observe (Mt. 6:26)
- C. Reflect (Mt. 6:26)
- D. Discuss (Mt. 6:27)