

ATTITUDE SHIFT

Identity

IceBreaker: Recall a humbling moment in your life. What did you learn?

Law of inversion: a lofty personal attitude brings a lowly spiritual position...

A man's pride brings him low, but a man of lowly spirit gains honor. (Prov. 29:23)

*I wrote to the church, but Diotrephes, who loves to be first, will have nothing to do with us.
(3 John 9)*

How does pride get in the way of your spiritual position? Has pride ever created chaos in your relationships?

- **Attitude shift: coming to grips with the real me (identity)** – “For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the measure of faith God has given you.” (Rom. 12:3)

Why is it so hard to have “sober judgement” of ourselves?

Chip Ingram’s identity barriers...

- **Fear rooted in shame** – “But the LORD God called to the man, ‘Where are you?’ He answered, ‘I heard you in the garden, and I was afraid...’” (Gen. 3:9-10a)
- **Hiding rooted in insecurity** – “...I was afraid because I was naked; so I hid.” (Gen. 3:10b)
- **Blame rooted in denial** – “The man said, ‘The woman you put here with me – she gave me some fruit from the tree, and I ate it.’” (Gen. 3:12)

Which of Ingram’s identity barriers do you most identify? How does it show itself in your everyday life?

- **Attitude anchor #1: I belong (security)** – “Just as each of us has one body with many members, and these members do not all have the same function, so in Christ we who are many form one body, and each member belongs to all the others.” (Rom. 12:4-5)

*...you are a chosen people, a royal priesthood, a holy nation, a people belonging to God...
(1 Peter 2:9)*

Do you believe attitude anchor #1; why or why not? Do your emotions follow your belief?

- **Attitude anchor #2: I contribute (significance)** – “We have different gifts, according to the grace given us. If a man’s gift is prophesying, let him use it in proportion to his faith. If it is serving, let him serve; if it is teaching, let him teach; if it is encouraging, let him encourage; if it is contributing to the needs of others, let him give generously; if it is leadership, let him govern diligently; if it is showing mercy, let him do it cheerfully.” (Rom. 12:6-8)

What is your gift(s)? how is God using it(them) to further His purpose?

I have been crucified with Christ and I no longer live, but Christ lives in me. The life I live in the body, I live by faith in the Son of God, who loved me and gave Himself for me. (Gal. 2:20)

What is the one thing in this study that would need to change in order to let Christ live through you?