

Table Discussion Guide

Week 3 - Forgiveness

Main Point: We forgive because we have been forgiven

Discussion Opener

Why is it difficult to forgive people?

Discussion Questions

- 1. One of the reasons we are given to forgive is this: what we don't transform we transmit. Without even realizing it, we can pass along our bitterness and unforgiveness to other people. How does this idea challenge you to forgive?
- 2. The goal in our apprenticeship to Jesus is not to forgive a lot but to grow and mature into people who are forgiving by nature. How would it look in your life to be a more forgiving person?
- 3. Look over the 4 Dimensions of Forgiveness. Which of the 4 do you struggle with the most? What would it look like for you to exercise forgiveness in these areas?
- 4. The forgiveness Jesus offers us is the best example we have to look to. How does the way Jesus forgives us encourage you to forgive other people?

Practice/Discipline For the Week: Forgive. At the end of the message this week, you were asked who you need to forgive. Write that down. Pray over that situation. Ask God to help you release the person and your own heart from that anger. Here at The Vail Church, we are praying for you as you navigate forgiveness.

