

Community

January 29, 2026



Leo Loughmiller • February 1, 2026 • Community

Community isn't optional during lifequakes—it's essential.

1. We were never designed to do life alone.

"The LORD God said, 'It is not good for the man to be alone.'"
(**Genesis 2:18**)

"Whoever isolates himself seeks his own desire; he breaks out against all sound judgment." (**Proverbs 18:1, ESV**)

"...appointed twelve that they might be with him..." (**Mark 3:14a**)

"My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me." (**Matthew 26:38**)

Jesus never walked through life alone and neither should we.

When life feels heavy, I tend to deal with it by ____ instead of reaching out to ____.

Community doesn't happen by accident.

2. Not every voice is a helpful voice.

"His wife said to him, 'Are you still maintaining your integrity? Curse God and die!'" (Job 2:9)

"Consider now: Who, being innocent, has ever perished? Where were the upright ever destroyed?" (Job 4:7)

"I am angry with you and your two friends, because you have not spoken the truth about me, as my servant Job has." (Job 42:7)

Pay attention to who you're listening to, because the voices closest to you matter most when life starts to shake.

3. Biblical community lifts in the lifequakes - it doesn't lecture.

"Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up." (Ecclesiastes 4:9-10)

We aren't just called to find community - we are called to be the community we're longing for.

Question For Reflection: What would it look like for me to help create the kind of community I wish I had—and where might I need to step out and let myself be known?