

# Community

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**Leo Loughmiller • February 1, 2026 • Community**

**Community isn't optional during lifequakes—it's essential.**

## **1. We were never designed to do life alone.**

*“The LORD God said, ‘It is not good for the man to be alone.’”*  
**(Genesis 2:18)**

*“Whoever isolates himself seeks his own desire; he breaks out against all sound judgment.”* **(Proverbs 18:1, ESV)**

*“...appointed twelve that they might be with him...”* **(Mark 3:14a)**

*“My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me.”* **(Matthew 26:38)**

**Jesus never walked through life alone and neither should we.**

**When life feels heavy, I tend to deal with it by \_\_\_\_ instead of reaching out to \_\_\_\_.**

**Community doesn't happen by accident.**

## **2. Not every voice is a helpful voice.**

*"His wife said to him, 'Are you still maintaining your integrity? Curse God and die!'" (Job 2:9)*

*"Consider now. Who, being innocent, has ever perished? Where were the upright ever destroyed?" (Job 4:7)*

*"I am angry with you and your two friends, because you have not spoken the truth about me, as my servant Job has." (Job 42:7)*

**Pay attention to who you're listening to, because the voices closest to you matter most when life starts to shake.**

### **3. Biblical community lifts in the lifequakes - it doesn't lecture.**

*"Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up." (Ecclesiastes 4:9-10)*

**We aren't just called to find community - we are called to be the community we're longing for.**

**Question For Reflection: What would it look like for me to help create the kind of community I wish I had—and where might I need to step out and let myself be known?**