

# GUIDED BIBLE STUDY

## The Breath of God

Speaker: Scott Reiguam

Highlighted Scriptures

#### Genesis 2:7 (NIV)

"Then the Lord God formed a man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being."

#### John 20:22 (NIV)

"And with that he breathed on them and said, 'Receive the Holy Spirit."

## 2 Timothy 3:16 (NIV)

"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness."

#### Ezekiel 37:5 (NIV)

"This is what the Sovereign Lord says to these bones: I will make breath enter you, and you will come to life."

## Discussion Questions

- 1. Why do you think the Bible emphasizes "breath" so often when describing God's life-giving power?
- 2. How does understanding that Scripture is "God-breathed" affect the way you read the Bible?

- 3. In what ways have you personally experienced God breathing new life into you during a dry or difficult season?
- 4. How can the reminder of God's breath in your lungs encourage you to live with more gratitude and purpose?
- 5. What does it mean to you that the Holy Spirit was given by the very breath of Jesus?

## Reflection Challenge

- Take a few moments today to breathe deeply and reflect on God as the source of your life.
- Read 2 Timothy 3:16 slowly and thank God for His Word that brings truth and direction.
- Pray for the Holy Spirit to breathe fresh strength and renewal into your life.
- Share with someone this week how God's Word has breathed life into your faith journey.

# 🙏 Prayer Prompt

"Lord, thank You for the breath of life You placed in me. Thank You for the Holy Spirit who empowers me and for Your Word that brings truth and renewal. Breathe new life into my heart today, revive what feels dry or weary, and help me to live with gratitude and purpose. In Jesus' name, Amen."