



GUIDED BIBLE STUDY

The Batman Effect

Speaker: Scott Reiquam

Highlighted Scripture

Galatians 3:27

“For as many of you as were baptized into Christ have put on Christ.”

Ephesians 4:21–24

“Assuming you heard about him and were taught by him, as the truth is in Jesus, to take off your former way of life, the old self that is corrupted by deceitful desires, to be renewed in the spirit of your minds, and to put on the new self, the one created according to God’s likeness in righteousness and purity of the truth.”

Romans 13:14

“But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires.”

Hebrews 12:1–2

“Therefore, since we also have such a large cloud of witnesses surrounding us, let us lay aside every hindrance and the sin that so easily ensnares us. Let us run with endurance the race that lies before us, keeping our eyes on Jesus, the pioneer and perfecter of our faith. For the joy that lay before him, he endured the cross, despising the shame, and sat down at the right hand of the throne of God.”

Discussion Questions

- What does it truly mean to “put on Christ” in your everyday life?**
- How is living as your “new self” different from trying to improve your old self?**
- Why do you think focusing on Jesus helps us endure and persevere?**
- What are some practical ways you can “lay aside” distractions or sin that slow you down?**
- How does your identity in Christ influence the way you act, speak, and respond to others?**

Reflection Challenge

This week, focus on intentionally living out your identity in Christ—not just knowing it, but putting it into action.

Ask yourself:

- Am I living more like my old self or my new self in Christ?**
- Where in my life do I need to “put off” old habits or mindsets?**

➤ **How can I consciously reflect Jesus in my daily interactions?**

Try this:

Before starting your day, ask: “How can I represent Christ today?”

When faced with a challenge, pause and consider: “What would it look like to respond like Jesus?”

Take one intentional step to align your actions with your identity in Christ

Remember

You are not called to improve your old self—you are called to live as a new creation

Your identity in Christ shapes your actions

Fixing your eyes on Jesus gives you strength to endure

Living like Christ is a daily choice, not a one-time decision

Prayer

Father God,

Thank You for making me new in Christ.

Help me to put off my old ways and walk in the new life You’ve given me.

Teach me to live in a way that reflects Jesus in my thoughts, words, and actions.

Give me strength to endure and keep my eyes fixed on You.

In Jesus’ name,

Amen.

