



God Family Country

GUIDED BIBLE STUDY

Preparing Our Hearts for Lent

Speaker: Pastor Tony Orihuela

Highlighted Scripture

Mark 1:15

“The time is fulfilled, and the kingdom of God is at hand; repent and believe in the gospel.”

Luke 13:3

“No, I tell you; but unless you repent, you will all likewise perish.”

Luke 15:11–32

(The Parable of the Lost Son)

“And he said, ‘There was a man who had two sons...’

‘But when he came to himself, he said, “I will arise and go to my father...”’

‘But while he was still a long way off, his father saw him and felt compassion...’”

Psalms 51:10–12

“Create in me a clean heart, O God,

and renew a right spirit within me.

Cast me not away from your presence,

and take not your Holy Spirit from me.

Restore to me the joy of your salvation,

and uphold me with a willing spirit.”

Discussion Questions

- 1. Lent is described as a season of repentance, reflection, and renewal. Why is it important to intentionally set aside time for spiritual self-examination?**
- 2. Jesus calls people to repent and believe. How do repentance and faith work together in daily Christian life?**
- 3. The parable of the lost son shows both repentance and restoration. What does this story teach about God's response when we return to Him?**
- 4. Tony emphasizes fasting with prayer and reflection. How can fasting help you become more aware of your dependence on God?**
- 5. What practical ways can you use this season to grow closer to God and serve others more intentionally?**

Reflection Challenge

During this season of preparation, take time to focus on your heart:

Am I making space for repentance and renewal in my life?

Where is God calling me to grow or change?

How can I practice prayer, fasting, and kindness more intentionally?

Remember:

 **Repentance leads to restoration**

 **Reflection brings clarity**

 **Renewal strengthens faith**

Prayer

Father God,

Thank You for inviting me into seasons of reflection and renewal.

Search my heart and reveal anything that keeps me from You.

Create in me a clean heart and renew a right spirit within me.

Teach me to walk in repentance, humility, and faith.

Help me use this season to grow closer to You and serve others with love.

Prepare my heart for the joy of Resurrection Sunday.

Amen.

