



GUIDED BIBLE STUDY

Shared Burdens and Wise Delegation

Speaker: Pastor Tony Orihuela

Highlighted Scripture

1 Peter 4:8–11

Believers are called to love one another deeply, show hospitality, and use the gifts God has given them to serve one another faithfully as stewards of His grace.

Exodus 18:13–24

Moses was trying to carry too much responsibility alone, but Jethro wisely counseled him to delegate responsibilities to trustworthy people so the burden could be shared and the people served well. Moses listened, and peace and endurance followed.

Discussion Questions

- **Why do you think Moses struggled to carry everything himself? Can you relate?**
- **What does this passage teach about the difference between faithfulness and overextension?**

- **Why is delegation sometimes difficult, even when help is available?**
- **How do spiritual gifts and shared responsibility strengthen Christian community?**
- **Are there burdens in your life God may be inviting you to share rather than carry alone?**

Reflection Challenge

Reflect on where God may be calling you to release unhealthy burdens and invite others into shared responsibility.

Ask yourself:

- **Am I trying to carry responsibilities God never intended me to carry alone?**
- **Where might pride, control, or fear be making delegation difficult?**
- **Who has God placed in my life to help bear burdens with me?**

Try this:

- **Identify one responsibility you can wisely share with someone else this week**
- **Ask God for discernment about what is yours to carry and what should be shared**
- **Encourage someone else who may be quietly carrying too much alone**

Remember

- **Shared burdens are part of God's design for community**
- **Delegating wisely is not weakness—it can be stewardship**
- **Faithfulness does not require exhaustion**
- **God often provides help through other people**

Prayer

Father God,

Thank You that You never intended us to carry every burden alone.

Give me wisdom to know what You are calling me to carry and what I need to entrust to others.

Help me walk in humility, receive help when needed, and serve others with grace.

Strengthen me to work faithfully without wearing myself out.

In Jesus' name,

Amen.

