



GUIDED BIBLE STUDY

Turn the Page

Speaker: Julie Pedroza

Highlighted Scripture

Ezekiel 36:25–26 (NIV)

**“I will sprinkle clean water on you, and you will be clean;
I will cleanse you from all your impurities and from all your idols.
I will give you a new heart and put a new spirit in you;
I will remove from you your heart of stone and give you a heart of flesh.”**

2 Corinthians 5:17–19 (NIV)

**“Therefore, if anyone is in Christ, the new creation has come:
The old has gone, the new is here!
All this is from God, who reconciled us to himself through Christ
and gave us the ministry of reconciliation:
that God was reconciling the world to himself in Christ,
not counting people’s sins against them.”**

Discussion Questions

- 1. Why do you think it’s easier to believe that God forgives us than to forgive ourselves?**
- 2. What are some past mistakes or regrets that you’ve struggled to let go of?**

- 3. How can you remind yourself daily that you are a “new creation” in Christ?**
- 4. What would it look like for you to “turn the page” in your walk with God this week?**
- 5. How can your past be used as part of your testimony to encourage others?**

Reflection Challenge

Spend quiet time with God this week and ask Him to show you what parts of your past you still carry.

Write down what comes to mind and pray over it, asking the Holy Spirit to help you release it.

Then destroy the note as a symbol of letting go.

Each time regret or shame returns, speak this truth aloud:

“I am a new creation in Christ. The old has gone, the new has come.”

Let that declaration remind you that your story didn’t end with your mistakes—it began with God’s mercy.

Prayer

Lord, help us.

Help us to leave our past in the past.

**Open our eyes to the lessons we’ve learned from it,
but help us to let go and see ourselves as the new creations You’ve made us to be.**

**Teach us to turn the page, to walk forward in grace,
and to live in the freedom You’ve given us through Jesus Christ.**

In Your mighty name I pray, Amen.

