



# GUIDED BIBLE STUDY

---

## **Uniquely Made by God**

**Speaker: Sheila Fritts**

### **Highlighted Scripture**

**No Scripture Included for This Study — By Speaker's Instruction**

**The speaker explicitly chose not to include any scripture references.  
Why?**

**Because she wanted each listener to look up their own scripture regarding uniqueness, identity, spiritual gifts, and God's design for their life. She encouraged everyone to:**

- **Search the Bible themselves**
- **Read the entire chapter around any verse they find**
- **Allow the Holy Spirit to personally guide the discovery**

**This study is intentionally built around your own exploration of God's Word.**

### **Discussion Questions**

- 1. What are the expectations or pressures—spoken or unspoken—that have made you feel like you need to “perform” or look a certain way to be a “real Christian”?**
- 2. In what ways have insecurity, guilt, or comparison hindered your walk with Christ?**
- 3. What does it mean to you personally that God created you uniquely—with a one-of-a-kind personality, story, and gifting?**

- 4. How does viewing prayer as a conversation with your Father (rather than a performance) change your approach to spending time with God?**
- 5. In what areas is God inviting you to stop trying to fit in—and instead embrace who He created you to be?**

## **Reflection Challenge**

**This week, take time to explore what God says about your identity. Since no specific scriptures were provided, follow the speaker's instruction:**

- Pick one area where you feel insecure, unseen, or “not enough.”**
- Look up scriptures related to that topic (identity, uniqueness, gifts, God's love, etc.).**
- Read not only the verse — but the entire chapter around it.**
- Ask the Holy Spirit to show you how your uniqueness is designed for a purpose.**

**And remember:**

**Don't try to be who you think others expect — be who God handcrafted you to be.**

## **Prayer**

**Heavenly Father,**

**Help me understand who I am in You — uniquely made, deeply loved, and created with purpose.**

**Teach me to walk in confidence, not comparison.**

**Remove the expectations that others have placed on me, and free me from the pressures that keep me from a genuine walk with You.**

**Help me talk with You simply and honestly, like a child with their Father.**

**Give me grace to surrender my worries and not pick them back up again.**

**Let kindness, patience, and Your love flow through me, even on difficult days.**

**Thank You for making me one of a kind.**

**In Jesus' name, Amen.**







